



WORK AT THE Y

Water Exercise Instructor

\$11.64/hour

PART-TIME

The Group Water Exercise Instructor is responsible for planning and leading safe, effective, and engaging aquatic fitness classes for participants of varying ages, abilities, and fitness levels. This role requires strong communication skills, enthusiasm, excellent rhythm and musicality, and the ability to motivate participants in a fun and supportive aquatic environment. Instructors are expected to teach a variety of water-based fitness classes while promoting participant safety, wellness, and enjoyment.

QUALIFICATIONS

- Lead a variety of group water exercise classes in accordance with program standards and safety guidelines.
- Design and implement aquatic workouts appropriate for a range of fitness levels and abilities.
- Demonstrate proper exercise techniques and provide modifications when needed.
- Utilize rhythm and musical timing as much as possible to cue participants and enhance class engagement.
- Ensure participant safety by monitoring class activities and responding appropriately to emergencies.
- Build positive relationships with participants and provide motivation, encouragement, and fitness education.
- Track attendance and comply with all facility policies, procedures, and aquatic safety regulations.
- Stay current with aquatic fitness trends, techniques, and industry best practices.
- Participate in special events, wellness programs, and promotional activities as requested.
- Current nationally recognized Group Fitness, Aquatic Fitness, or Water Exercise certification preferred.



HOW TO APPLY:

Scan the QR Code to apply online, or stop by the Member Services desk for a paper application.

CERTIFICATIONS

- CPR certification within 60 days of hire.

The Waushara Community YMCA is an equal opportunity employer functioning under an Affirmative Action Plan.

FREE
Y Membership

Flexible
Schedule

Discounts on Y
programs and
Child Care

Internship
Credit/Work
Experience

Y Retirement
Savings Account

Supportive
Community

Inclusive Work
Environment