



WORK AT THE Y

Aerobics Instructor

\$11.64/hour

PART-TIME

The Aerobics Instructor is responsible for planning and leading safe, effective, and engaging fitness classes for participants of varying fitness levels. This role requires strong communication skills, enthusiasm, excellent rhythm and musicality, and the ability to motivate individuals and groups in a positive and inclusive environment. Instructors are expected to deliver high-quality classes while promoting member satisfaction and supporting overall wellness goals.

QUALIFICATIONS

- Lead a variety of group fitness classes in accordance with established program standards.
- Demonstrate proper exercise techniques and provide modifications to accommodate different fitness levels and abilities.
- Utilize rhythm and musical timing to effectively cue and guide participants during classes.
- Maintain a safe exercise environment by monitoring participants and addressing safety concerns.
- Build positive relationships with members and provide encouragement, motivation, and fitness education.
- Assist with special fitness events, workshops, or promotional activities as needed.
- Current nationally recognized group fitness certification preferred.
- Ability to actively lead classes and demonstrate exercises for extended periods.
- Ability to lift, move, and set up fitness equipment as needed.
- Ability to stand, walk, bend, reach, and perform physical activities associated with group exercise instruction.



HOW TO APPLY:

Scan the QR Code to apply online, or stop by the Member Services desk for a paper application.

CERTIFICATIONS

- CPR certification within 60 days of hire.

The Waushara Community YMCA is an equal opportunity employer functioning under an Affirmative Action Plan.

FREE
Y Membership

Flexible
Schedule

Discounts on Y
programs and
Child Care

Internship
Credit/Work
Experience

Y Retirement
Savings Account

Supportive
Community

Inclusive Work
Environment