

## Winter 2026: January 18-March 14

### South Court Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-8:45AM	5:00AM-7:00AM	5:00AM-8:45AM	5:00AM-6:00AM	5:00AM-8:45AM	6:00AM-8:00AM
Open Gym	Basketball Pick up games *16 and older	Open Gym	Open Gym	Open Gym	Basketball Pick up games *16 and older
8:45AM-10:00AM	8:45AM-10:00AM	8:45AM-10:00AM	6:00AM-7:00AM	8:45AM-10:00AM	8:00AM-12:00PM
ForeverWell Strength and Balance	Foreverwell Circuit	ForeverWell Strength and Balance	Basketball Pick up games *Youth under 16 + Guardian	ForeverWell Strength and Balance	Youth Sports
10:00AM-1:00PM	10:00AM-1:00PM	10:00-12:00PM	8:45AM-10:00AM	10:00AM-1:00PM	12:00PM - 4:00PM
Big/Int/Adv Pickleball	Beg/Int/Adv Pickleball	Beg/Int/Adv Pickleball	ForeverWell Circuit	Beg/Int/Adv Pickleball	Open Basketball
1:00PM-4:15PM	1:00PM-3:30PM	12:00-2:00PM	10:00AM-1:00PM	1:00PM-4:00PM	
Open Gym	Open Gym	Closed gym rental	Beg/Int/Adv Pickleball	Open Gym	
4:15PM-8:00PM	3:30PM-4:30PM	2:00PM-4:15PM	1:00PM-3:30PM	4:00PM-6:00PM	
Open Basketball	Adapted Rec	Open Basketball	Open Gym	Open Basketball	Sunday 10:00AM-4:00PM
	4:30PM-6:30PM	4:15PM-6:30PM	3:30PM-4:30PM	6:00PM-8:00PM	Open Gym
	Youth Sports	Youth Sports	Adapted Rec	Basketball Pick up games *Youth under 16 + Guardian	
	6:30PM-7:30PM	6:30PM-8:00PM	4:30PM-6:30PM		
	Open Basketball	Open Basketball	Open Basketball		
	7:30PM-8:00PM		6:30PM-8:00PM		
	Basketball Pick up games		Basketball Pick Up games		
	*16 and older		*16 and older		

## Winter 2026: January 18-March 14

### North Court Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-8:45AM	5:00AM-7:00AM	5:00AM-8:45AM	5:00AM-6:00AM	5:00AM-8:45AM	6:00AM-8:00AM
Open Gym	Basketball Pick up games *16 and older	Open Gym	Open Gym	Open Gym	Basketball Pick up games *16 and older
8:45AM-10:00AM	7:00AM-10:00AM	8:45AM-10:00AM	6:00AM-7:00AM	8:45AM-10:00AM	8:00AM-12:00PM
ForeverWell Strength and Balance	Int/Adv Pickleball	ForeverWell Strength and Balance	Basketball Pick up games *Youth under 16 + Guardian	ForeverWell Strength and Balance	Youth Sports
10:00AM-1:00PM	10:00AM-1:00PM	10:00AM-12:00PM	7:00AM-10:00AM	10:00AM-1:00PM	12:00PM - 4:00PM
Beg/Int/Adv Pickleball	Beg/Int/Adv Pickleball	Beg/Int/Adv Pickleball	Int/Adv Pickleball	Beg/Int/Adv Pickleball	Open Basketball
1:00PM-4:15PM	1:00PM-3:30PM	12:00PM-2:00PM	10:00AM-1:00PM	1:00PM-4:00PM	
Open Gym	Open Gym	Closed gym rental	Beg/Int/Adv Pickleball	Open Gym	Sunday
4:15PM-5:30PM	3:30PM-4:30PM	2:00PM-4:15PM	1:00PM-3:00PM	4:00PM-6:00PM	10:00AM-4:00PM
Youth Sports	Adapted Rec	Open Gym	Int/Adv Pickleball	Open Basketball	Open Gym
5:30-8:00PM	4:30PM-7:30PM	4:15PM-7:30PM	3:30PM-4:30PM	6:00PM-8:00PM	
Open Basketball	Youth Sports	Youth Sports	Adapted Rec	Basketball Pick up games *Youth under 16 + Guardian	
	7:30PM-8:00PM	7:30-8:00PM	4:30PM-5:30PM		
	Basketball Pick up games	Open Basketball	Youth Sports		
	*16 and older		5:30PM-8:00PM		
			Basketball Pick Up games		
			*16 and older		

Adapted Rec
Pickleball
Group X
Sports & Rec
Open Basketball
Gym Rental
Open Gym

Schedules are subject to change.

**Rain/Cold back up** - In case outdoor fields are unusable, the North gym will be used as the alternate space for Youth Sports. Times are indicated on the schedule.

**Pick up Basketball** Are open to all members within age limits. Not a staffed program, please adhere to YMCA rules and policies. Include anyone who attends. Please let Membership services know of any offenses. If no one is in attendance for Pick Up Games, time slot goes to open basketball. Thank you.

-Updated 12/19/25 MK