Spring 2025: May 11-31 Adventure Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-8:00AM	5:00AM-9:00AM	5:00AM-8:00AM	5:00AM-9:00AM	5:00AM-8:00AM	6:00AM-12PM
Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)
Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)
8:00AM-8:45AM	9:00AM-9:45AM	8:00AM-8:45AM	9:00AM-9:45AM	8:00AM-8:45AM	12:00-1:30PM
Water Ex (4)	Water Ex (4)	Water Ex (4)	Water Ex (4)	Water Ex (4)	Slide/Mushroom (3)
Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (3)
8:45AM-9:30AM	9:30AM-10:55AM	8:45AM-9:30AM	9:30AM-10:55AM	8:45AM-10:30AM	
Lap Swim (4)	Swim Lessons (3)	Lap Swim (4)	Swim Lessons (3)	Lap Swim (4)	
Open Swim (2)	Lap Swim (3)	Open Swim (2)	Lap Swim (3)	Open Swim (2)	
9:30AM-10:45AM	10:55AM-4:30PM	9:30AM-10:45AM	10:55AM-4:30PM	10:30AM-11:15AM	
Swim Lessons (3)	Open Swim (2)	Swim Lessons (3)	Open Swim (2)	Water Ex (4)	
Lap Swim (3)	Lap Swim (4)	Lap Swim (3)	Lap Swim (4)	Lap Swim (2)	
10:45AM-1:00PM	4:30PM-5:15PM	10:00AM-10:45AM	4:30PM-5:15PM	11:15AM-5:30PM	
Lap Swim (4)	Swim Lessons (3)	Water Ex (4)	Swim Lessons (3)	Open Swim (2)	
Open Swim (2)	Lap Swim (3)	Lap Swim (2)	Lap Swim (3)	Lap Swim (4)	
1:00PM-1:45PM	5:15PM-6:00PM	10:45AM-4:30PM	5:15PM-6:00PM	5:30PM-7:30PM	Sunday
MS Water Ex (3)	Junior Dolphins (3)	Lap Swim (4)	Junior Dolphins (3)	Slide/Mushroom (3)	6:00AM-12:00PM
Lap Swim (3)	Swim Lessons (3)	Open Swim (2)	Swim Lessons (3)	Lap Swim (3)	Lap Swim (4)
1:45PM-4:30PM	6:00PM-6:40PM	4:30PM-6:40PM	6:00PM-6:40PM		Open Swim (2)
Lap Swim (4)	Swim Lessons (3)	Swim Lessons (3)	Swim Lessons (3)		12:00-3:30PM
Open Swim (2)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)		Slide/Mushroom (3)
4:30PM-7:20PM	6:40PM-7:30PM	6:40PM-7:30PM	6:40PM-7:30PM		Lap Swim (3)
Swim Lessons (3)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)		
Lap Swim (3)	Open Swim (2)	Open Swim (2)	Open Swim (2)		
7:20PM-7:30PM		·	·		
Lap Swim (4)					
Open Swim (2)					

Open/Lap Swim
Water Ex
Swimming Lessons
Swim Team
Slide/Mushroom
Pool Closed

Training Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-3:30PM	5:00AM-4:15PM	5:00AM-3:30PM	5:00AM-4:15PM	5:00AM-3:30PM	6:00AM-1:30PM
CLOSED	Closed	CLOSED	CLOSED	CLOSED	CLOSED
3:30PM-7:30PM	4:15PM-7:45PM	3:30PM-6:45PM	4:15PM-7:45PM	3:30PM-6:30PM	
Swim Team					

Sunday 8:00AM-3:30PM CLOSED

Pool Closed
Swim Team
Lap Swim

* All Pools Close 30 Minutes Prior to Y Close *

IMPORTANT!

All children under the age of 12 must be accompanied by an adult age 18+ that is on the same membership and participating in the same activity at all times. An adult must accompany all children under 7 into the water.

Private swim lessons may use any space in the pool during the hours of operation.

* This Schedule is Subject to Change * 5/14/25 KH