



FOR IMMEDIATE RELEASE

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Stevens Point Area YMCA Sets Kids Up for a Safe, Healthy, & Fun Summer at Healthy Kids Day!

The Stevens Point Area YMCA is hosting the Y's Annual Healthy Kids Day® on Saturday, April 26th from 10:00 AM to 12:00 PM. This free event features a variety of family-friendly activities to encourage healthy kids, healthy families, and a healthy start to the summer season.

Sponsored nationally by Peanuts®, Healthy Kids Day's mission is to prepare Stevens Point families for a safe, healthy, and fun summer. Some featured activities include open swim in the Adventure Pool, open play on large inflatables, family bingo with prizes, and more!

"It is so important for kids to stay active over the summer, both physically and mentally," said Amy Fox, Health & Wellness Director of the Stevens Point Area YMCA. "At the Y, we believe in providing resources for families to create healthy habits, no matter the time of year. Healthy Kids Day is a fun, free community-wide event that encourages families to take advantage of all the great summer activities the Y has to offer."

Locally, Healthy Kids Day is sponsored by Skyward, CoVantage Credit Union, PSOL, Aspirus, AIG, Ascendance Truck Center, Auto Select of Stevens Point, Kahler Slater, Miron Construction, Spectrum Insurance, and Dahl Automotive.

For more information, contact Amy Fox at 715.952.9303 or visit spymca.org.

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About the Stevens Point Area YMCA

The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living, and social responsibility. Currently serving Portage County, for more than 55 years, the Stevens Point Area YMCA has the long-standing relationships and physical presence not just to promise, but to deliver lasting personal and social change.

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