



# WORK AT THE Y

## Certified Personal Trainer

\$15.00/hour

### PART-TIME

You will be working one-on-one with clients, discussing their goals and developing custom fitness programs. While providing a fun and uplifting experience, you will be supporting and monitoring their progress, making adjustments as needed. Our clients include recreational exercisers, rehabilitation referrals, special populations, active older adults, and everything in between. Critical to your success as a Personal Trainer is the motivation, support and encouragement that you provide to your client. You will have access to our state-of-the-art Wellness Center, pools, fitness programs and other wellness areas throughout the Y to allow you to create innovative and engaging programs. Typical work schedule varies depending on client needs.

### Qualifications:

- Exercise or health-related background with experience necessary to fulfill a leadership role.
- Passion for wellness and an understanding of individual challenges with achieving wellness goals.
- Ability to build positive relationships, motivate clients and work independently.
- Ability to organize, train, conduct and evaluate assigned programs.

### Certifications:

- Nationally recognized Personal Training Certification.
- CPR/AED/First Aid certification within 60 days of hire.



### HOW TO APPLY:

A fully completed Stevens Point Area YMCA Employment Application is required. Scan the QR code to apply online, or stop by the Member Services desk for a paper application.

The Stevens Point Area YMCA is an equal opportunity employer functioning under an Affirmative Action Plan.

**FREE**  
Y Membership

**Flexible**  
Schedule

**Discounts on Y**  
programs and  
Child Care

**Internship**  
Credit/Work  
Experience

**Y Retirement**  
Savings Account

**Supportive**  
Community

**Inclusive Work**  
Environment