



# WORK AT THE Y

## Certified Yoga Instructor

\$15.00/hour

### PART-TIME

We are looking for a qualified individual to plan and teach Yoga Basics classes on Tuesday nights from 6:15 p.m. to 7:15 p.m. Responsibilities include observing participants and guiding them through proper form and breathing techniques. Actively teach by demonstrating skills and methods of participation.

### Qualifications:

- Yoga certification required, RYT 200 preferred.
- Yoga or other exercise teaching experience preferred.
- CPR certification within 60 days of hire.
- Must have demonstrated fitness, leadership, communication and relationship-building skills necessary to successfully teach Yoga.
- Must be able to work with individuals of all fitness levels, and understand the individual challenges with achieving program skills.
- Most importantly, you must believe in the benefits of Yoga and have a desire to share the benefits through teaching. Must be self-motivated, enthusiastic, and have a positive attitude.
- Must possess motivational skills and be able to tactfully correct participant form. Must exhibit the Y core values of respect, responsibility, honesty and caring.

### HOW TO APPLY:

A fully completed Stevens Point Area YMCA Employment Application is required. Applications are available at the Member Services desk or online at [www.spymca.org/jobs](http://www.spymca.org/jobs).



The Stevens Point Area YMCA is an equal opportunity employer functioning under an Affirmative Action Plan.

**FREE**  
Y Membership

**Flexible**  
Schedule

**Discounts on Y**  
programs and  
Child Care

**Internship**  
Credit/Work  
Experience

**Y Retirement**  
Savings Account

**Supportive**  
Community

**Inclusive Work**  
Environment