



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOR IMMEDIATE RELEASE

April 19, 2024

Contact:

BreAnn Constantineau
Stevens Point Area YMCA
715-952-9363
bconstantineau@spymca.org

STEVENS POINT AREA YMCA PARTNERS WITH THE WOMEN'S FUND OF PORTAGE COUNTY

The Stevens Point Area YMCA and the Women's Fund of Portage County are working together to support parents and children in Portage County. Through the a grant from the Women's Fund, the YMCA will be able to provide drop-in child care monthly to anyone in our community.

"At the YMCA we continue to see a need here in Portage County to support families, especially women. This grant will provide opportunities for women in Portage County to care for themselves in spirit, mind and body," shares BreAnn Constantineau, YMCA Membership, Marketing and Camp Operations Director.

The partnership will open up drop-in childcare at the Stevens Point YMCA once a month for everyone in our community. With the shared missions of the YMCA and the Women's Fund to focus on behavioral health, financial stability, and childcare access and expansion, the joint effort will expand support within our community.

BreAnn continues, "By opening up these options, for no cost, we can give caregivers that chance for self-care. We see that having a safe place for children can allow women to focus on themselves."

This time can be used by caregivers to connect with friends at the YMCA, engage in wellness activities, run appointments, go shopping or just take a few moments to themselves.

"With the support of the Women's Fund of Portage County we can ensure that this opportunity is accessible to all, regardless of financial circumstances, and provide focus on both physical and mental wellness for our friends and neighbors," explains Constantineau.

While in drop-in child care at the YMCA, children will engage in arts and crafts, socialization with other children, and loads of fun!

This free opportunity for Parent's Morning Out will be offered that the Y on May 2, June 6, July 11, and August 1, from 8:45-11:45AM. To secure a spot please contact the YMCA at 715-342-2980 to register.

###

About the Stevens Point Area YMCA

The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living and social responsibility. Currently serving Portage County (for more than 55 years). The Stevens Point Area YMCA has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. www.spymca.org