

December 2023

Adventure Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-8:00 AM Lap Swim (4) Open Swim (2)	5:00-9:00 AM Lap Swim (4) Open Swim (2)	5:00-8:00 AM Lap Swim (4) Open Swim (2)	5:00-9:00 AM Lap Swim (4) Open Swim (2)	5:00-8:00 AM Lap Swim (4) Open Swim (2)	6:00AM-Noon Lap Swim (4) Open Swim (2)
8:00-8:45 AM Water Ex (3) No Open Swim	9:00-9:45 AM Water Ex (3) No Open Swim	8:00-8:45 AM Water Ex (3) Lap Swim (3)	9:00-9:45 AM Water Ex (3) Lap Swim (3)	8:00-8:45 AM Water Ex (3) Lap Swim (3)	Noon- 1:30 PM Slide/Mushroom Lap Swim (4)
9:30-11:00 AM Swim Lessons Lap Swim (3)	9:30-11:00 AM Swim Lessons Lap Swim (3)	9:30-11:00 AM Swim Lessons No Lap/Open Swim	9:30-11:00 AM Swim Lessons Lap Swim (3)	8:45-9:30 AM Lap Swim (4) Open Swim (2)	
11:00 AM-1:00 PM Lap Swim (4) Open Swim (2)	11:00-4:30 PM Lap Swim (4) Open Swim (2)	10:30-11:15 AM Water Ex (2) No Lap/ Open Swim	11:00- 4:30 PM Open Swim (2) Lap Swim (4)	9:30-11 AM Swim Lessons Lap Swim (3)	Sunday 8:00-11:30 AM Lap Swim (4) Open Swim (2)
1:00-1:45 PM Lap Swim (3) MS Water Ex (3)	4:30-5:00 PM Swim Lessons Lap Swim (2)	11:15-4:30 PM Lap swim (4) Open Swim (2)	4:30-5:00 PM Swim Lessons Lap Swim (2)	10:30-11:15 AM Water Ex (3) Lap Swim (3)	
1:45-4:30 PM Lap Swim (4) Open Swim (2)	5:00- 6:00 PM Swim Lessons (3) Jr. Dolphins (3)	4:30-6:35 PM Swim Lessons Lap Swim (2)	5:00 - 6:00 PM Swim Lessons (3) Jr. Dolphins (3)	11:15 - 5:30 PM Lap Swim (4) Open Swim (2)	
4:30-6:35 PM Swim Lessons (4) Lap Swim (2)	6:00-6:35 PM Swim Lessons Lap Swim (2)	6:45-7:30 PM Lap Swim (4) Open Swim (2)	6:00 - 6:35 PM Swim Lessons Lap Swim (2)	5:30 - 7:30 PM Slide/Mushroom Lap Swim (3)	
6:35-7:00 PM Lap Swim (4) Open Swim (2)	6:35-7:30 PM Lap Swim (4) Open Swim (2)		6:35-7:30PM Lap Swim (4) Open Swim (2)		

Open/Lap Swim
Water Ex
Swimming Lessons
Swim Team
School Age



YMCA Holiday Special Hours
 Christmas Eve- Closed
 Christmas Day- Closed
 New Years Eve- Closed

IMPORTANT

Children 6 and under must be accompanied by a parent/guardian in the water. Children ages 7-12 must have a parent/guardian on the pool deck providing adult supervision to their children in the pool. Ages 16+ may be considered the supervising guarding for siblings.

Open Swim: Open to members and guests with a day pass. Slide and mushroom will be on during Family Open Swim
Lap Swim: Lanes are available for members to swim or walk laps. Up to 2 people per lane.
Private Lessons: Are allowed to use any space in the pool, including lap lanes.

*** Due to staffing, there is no Open/Lap Swim during program times.**

*** This Schedule is Subject to Change ***

*** All Pools Close 30 Minutes Prior to Y Close ***