

December 2023 Training Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 am-3:30 pm	5:00 am-7:00 am	5:00 am - 3:30 pm	5:00 am- 7:00 am	5:00 am- 3:30 pm	6 am - 1:30 pm
Closed	Adult Swim Fit	Closed	Adult Swim Fit	Closed	Closed
3:30 pm- 5:30 pm	4:15 pm-5:15 pm	3:30 pm-5:30 pm	4:15 pm-5:15 pm	3:30 pm- 5:30 pm	
Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	
Senior and Senior Elite	Junior and Junior Elite	Senior and Senior Elite	Junior and Junior Elite	Senior and Senior Elite	
5:30pm-6:15pm	5:15 pm-6:00 pm	5:30 pm- 6:45 pm	5:15 pm-6:00 pm	5:30 pm- 6:30 pm	
Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	
Developmental	Developmental	Junior and Junior Elite	Developmental	Junior and Junior Elite	
6:15 pm-7:30 pm	6:00 pm- 7:45 pm		6:00 pm- 7:45 pm		
Swim Team	Swim Team		Swim Team		
Junior and Junior Elite	Senior and Senior Elite		Senior and Senior Elite		

Sunday
8:00-11:30AM
Pool Closed

YMCA Holiday Special Hours
 Christmas Eve- Closed
 Christmas Day- Closed
 New Years Eve- Closed
 New Years Day- Open 8am-noon

*** All Pools Close 30 min before building ***

IMPORTANT!

All children under the age of 12 must be accompanied by an adult age 18+ that is on the same membership and participating in the same activity at all times. Adult must accompany all children under 7 into the water.

*** This Schedule is Subject to Change ***