



# JOIN OUR TEAM!

## DEPARTMENT/POSITION

Certified Yoga Instructor

## NUMBER OF OPENINGS

2

## HIRING STATUS

Immediate

## POSITION RESPONSIBILITIES

Plan and teach basic and/or Yoga Flow classes. Responsibilities include observing participants and guiding them through proper form and breathing techniques. Actively teach by demonstrating skills and methods of participation.

## PRIMARY QUALIFICATIONS

### Skills:

Yoga or other exercise teaching experience preferred. Must have demonstrated fitness, leadership, communication and relationship-building skills necessary to successfully teach Yoga. Must be able to work with individuals of all fitness levels, and understand the individual challenges with achieving program skills.

### Competencies:

Most importantly, you must believe in the benefits of Yoga and have a desire to share the benefits through teaching. Must be self-motivated, enthusiastic, and have a positive attitude. Must possess motivational skills and be able to tactfully correct participant form. Must exhibit the Y core values of respect, responsibility, honesty and caring.

### Certifications

Yoga certification required, RYT 200 preferred. CPR w/AED and First Aid is a position prerequisite, but you are allowed 60 days post-hire to obtain.

## SCHEDULE

Variety of shifts available.

## WAGE

Starting at \$15.00 per hour. Includes fully-paid YMCA adult membership.

## ABOUT THE Y

At the Y, we work hard but have fun doing it! The Y is about youth development, healthy living and social responsibility. Employees describe working at the Y as family-friendly, supportive, welcoming, fast-paced, and meaningful. The Y is more than just a job; we are a cause to embrace, designed to serve our community. We are conveniently located within blocks of downtown Stevens Point, UW-Stevens Point, and Mid-State Technical College.

## HOW TO APPLY

A fully completed Stevens Point Area YMCA Employment Application is required. If you are a student, a school schedule is also required. Applications are available at the Member Services desk or online [here](#).

## INQUIRIES

Contact Amy Fox at 715-952-9303.



## STEVENS POINT AREA YMCA

1000 Division Street, Stevens Point WI 54481

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