



# JOIN OUR TEAM!

## DEPARTMENT/POSITION

Certified Personal Trainer

## NUMBER OF OPENINGS

1

## HIRING STATUS

Immediate

## POSITION RESPONSIBILITIES

You will be working one-on-one with clients, discussing their goals and developing custom fitness programs based on your knowledge and expertise. While providing a fun and uplifting experience, you will be supporting and monitoring their progress, making adjustments as needed. Our clients include recreational exercisers, rehabilitation referrals, special populations, active older adults, and everything in between. Critical to your success as a Personal Trainer is the motivation, support and encouragement that you provide to your client. You will have access to our state-of-the-art Wellness Center, pools, fitness programs and other wellness areas throughout the Y to allow you to create innovative and engaging programs.



## PRIMARY QUALIFICATIONS

### Skills:

You must have exercise or health related background with experience necessary to fulfill a fitness leadership role. The ability to organize, train, conduct and evaluate assigned programs and to communicate effectively with individuals and small groups are required.

### Competencies:

Most important, you must have a passion for wellness and an understanding of individual challenges with achieving wellness goals. Other critical competencies include the ability to build positive relationships, motivate clients, work independently and make sound decisions. You must exhibit the Y core values of respect, responsibility, honesty and caring.

### Certifications:

Nationally recognized Personal Training Certification.

CPR w/AED and First Aid is a position prerequisite, but you are allowed 60 days post-hire to obtain.

## SCHEDULE

Varies depending on client needs

Part-time position

## ABOUT THE Y

At the Y, we work hard but have fun doing it! The Y is about youth development, healthy living and social responsibility. Employees describe working at the Y as family-friendly, supportive, welcoming, fast-paced, and meaningful. The Y is more than just a job; we are a cause to embrace, designed to serve our community. We are conveniently located within blocks of downtown Stevens Point, UW-Stevens Point, and Mid-State Technical College.

## HOW TO APPLY

A fully completed Stevens Point Area YMCA Employment Application is required. Applications are available at the Member Services desk or click [here](#) to apply online now.

## INQUIRIES

Contact Amy Fox, Health & Wellness Director, at 715-952-9303.

## STEVENS POINT AREA YMCA

1000 Division Street, Stevens Point WI 54481

P 715 342 2980 F 715 342 2987 [www.spyymca.org](http://www.spyymca.org)