



ADAPTED PROGRAMS

ADAPTED GROUPS & SOCIAL EVENTS

UPDATED: April 3, 2023

STAFF CONTACTS

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SESSION

- **SUMMER SESSIONS: (5 WEEKS PER SESSION)**
 - **SUMMER 1 – June 4 – July (No classes July 2 – 8)**
 - **SUMMER 2 – July 16 – August 19**
 - **Facility related shutdowns August 20 – September 4)**
- To register go online to www.spymca.org look under programs or in-person at the program desk.
- All Groups and Social Events will run virtually or in-person, see description for details.
- If you are attending an event held virtually, once registered; you will then receive an email from Kristy with the password to enter the event during the specific scheduled time.

REGISTRATION CONFIRMATIONS FOR ALL EVENTS

- If you register for an in-person event online or at the Program Desk, your registration confirmation will be your receipt and your name will appear on our roster.
- If you register for a virtual only event, by email or phone call to Kristy, you will receive a confirmation from Kristy with all the information for the specific event. This is done via email or phone call to you.
- Your confirmation email will include all the information needed and password to attend each event virtually.

ADAPTED GROUPS

OUR COMMUNITY MEMORY CAFE (All AGES) - Virtual

Our Community Memory Cafe is for those experiencing early-stage dementia, mind memory loss or cognitive impairment—accompanied by their caregivers, family and friends. It is a great opportunity to socialize with those in similar circumstances, enjoy games, music, and other fun activities! Our Community Memory Cafe is providing a safe, comfortable, engaging environment where people with memory loss and their care partners can laugh, learn, and connect with others sharing the same journey. All Memory Cafes held virtually until further notice. This is an on-going program.

To Register: Contact the Aging and Disability Resource Center – 715.343.1401

Meets 2nd WED of the Month - Virtually

10:00 AM–11:00 AM

Y Member & General Public: Free

PINC (All AGES) - Virtual

Partners In Nurturing Community, PINC, is a diverse group of individuals, with and without intellectual disabilities, who meet monthly and organize opportunities to reach out to individuals in our local community. Our mission is to engage everyone's unique talents to strengthen our community through education and connections. If this sounds like you, consider joining this amazing group of people! All PINC meetings held virtually until further notice. This is an on-going program.

To Register: Contact Kristy Bridenhagen, using email: kbridenhagen@spymca.org or call 715.952.9365

Meets the 2ND FRI of the Month - Virtually

1:00 – 2:00pm

Y Member & General Public: Free

"TIL" WE MEET AGAIN! TRANSITIONING TO INDEPENDENT LIFESTYLES (ADULTS) - Virtual

"TIL," designed for the adult with intellectual disabilities to become more comfortable within their surrounding community and meets every Thursday, virtually, for 60 minutes and participants will plan their upcoming weekly events with each other. We will enjoy each other's company all while playing games, telling stories & jokes, and anything that the group would like to participate in and most importantly giving all of us a wonderful peer group to socialize with! Hope to see you soon! This is an on-going program.

To Register: Contact Kristy Bridenhagen, using email: kbridenhagen@spymca.org or call 715.952.9365 – Please contact me to get the ZOOM link and password to join in on the fun!

Meets Thursdays – Virtually

9:30 AM-10:30 AM

Y Member & General Public: Free

ADAPTED SOCIAL EVENTS

ADAPTED RECREATION DANCE (All AGES) – In-Person and Virtual

Adapted Recreation Summer Bash!! What could be more fun than reuniting with friends and dancing at the same time? Let's kick off summer in a fun and exciting way and **Let's GLOW CRAZY!**

Please join me and the Adapted Recreation Staff for some fun and dancing! Music will be provided by DJ Buffet! Can't wait to see you there! If you prefer, a virtual option will be offered.

\$5.00 admission (Caregivers free), \$1.00 pizza/slice and \$1.00/beverage, some snacks and dessert - free

To Register: Contact Kristy Bridenhagen, using email: kbridenhagen@spymca.org or call 715.952.9365

TBD – In-person and Virtual

6:00 PM – 8:30PM

MAIN GYM –Please use doors located on the East side main parking lot. Look for balloons attached to the correct location. If you will attending using the virtual option make sure to contact Kristy, a link with password will be sent to you via email.