



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINING POOL

MARCH 27- MAY 12

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00a-7:00a Open	5:00a-7:00a Open	5:00a-7:00p Open	5:00a-7:00a Open	8:00a-12:00p Open	6:00a-2:00p Closed	8:00a-12:00p Closed
7:00a-3:30p Closed	7am-4:00p Closed	7:00a-1:00p Closed	9:00a-4:00p Closed	12:00p-3:30p Closed		
3:30p-7:30p SPDY Team Practice	4:00p-7:45p SPDY Team Practice	1:00p-3:00p Open	4:00p-7:45p SPDY Team Practice	3:30p-6:30p SPDY Team Practice		
		3:30p-6:45p SPDY Team Practice				

*** All Pools Close 30 Minutes to Y Close ***

IMPORTANT:

All children under the age of 12 must be accompanied by an adult age 18+ that is on the same membership and participating in the same activity at all times. Adult must accompany all children under 7 into the water.

Lap Swim:

Up to 2 people per lap lane

This schedule is subject to change