



AQUATICS ARC CERTIFICATION

UPDATED: October 18, 2022

Register
Online
NOW

STAFF CONTACT

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OFF SITE TRAINING:

Does your business or group want an instructor to come to you? Please contact our Aquatics Director.

FALL AMERICAN RED CROSS CLASS OFFERINGS

AMERICAN RED CROSS: LIFEGUARD TRAINING (Ages 15+)

Lifeguard training courses are blended learning which will require an online component and in-person skills sessions. This course includes lifeguard training, CPR for professional rescuers, AED, and first aid. The total length of this course is designed to be 10 hours online and 20 hours in the classroom. Participants must complete a prerequisite skills test which includes swimming 300 continuous yards, 2 minutes of treading water, and a timed brick retrieval. Course graduates ages 15 and older are encouraged to apply for YMCA employment. **Class Max: 10**

Y Staff: Free, Y Member: \$230, General Public: \$280

Class Dates	Course Schedule	Course Name	Course Location	Sign-up Closed
September 23 rd /24 th /25 th	23 rd - 6:00p to 9:30p 24 th - 9:00a to 6:00p 25 th - 9:00a to 4:30p	American Red Cross Lifeguard Certification	Conference Room/ Training Pool	9/16/2022
December 9 th /10 th /11 th	9 th - 4pm to 7:30pm 10 th -8am to 4pm 11 th - 8am to 4pm	American Red Cross Lifeguard Certification	Conference Room/ Training Pool	12/5/2022

***A lunch break will be provided on Saturday and Sunday ***

Lifeguarding Recertification: (Ages 15+)

Lifeguard re-certification courses are for those who currently hold a valid lifeguard certification or the certification is no more than **30 Days Expired**. The total course length for this class is designed to be 9 hours long. Participants must complete the prerequisite skills test which includes swimming 300 continuous yards, 2 minutes of treading and a timed brick retrieval. Successful completion of the review extends the individuals certification for two more years. **Class Max: 10**

Y Staff: Free, Y Member: \$130, General Public: \$180

Class Dates	Course Schedule	Course Name	Course Location	Sign-up Closed
December 11 th 2022	8:00am-5:00pm	American Red Cross Lifeguard Certification	Conference Room/Training Pool	12/07/2022

A lunch break will be provided

AMERICAN RED CROSS: Adult and Pediatric First Aid/CPR/AED (Ages 14+)

The American Red Cross First Aid/CPR/AED program provides participants with the knowledge and skills they need to recognize and respond appropriately to cardiac, breathing, and first aid emergencies. Emergencies can happen anytime, anywhere, to anyone. This course is designed to be 4.5 Hours long. Upon completion of this course participants will receive an American Red Cross Adult and Pediatric First Aid/CPR/AED certification that lasts for two years. **Class Max: 12**
Y Staff: Free, Y Member: \$75, General Public: \$100

Class Dates	Course Schedule	Class Name	Course Location	Sign-up Closed
September 17 th	8:00a to 12:20p (In Person)	Adult and Pediatric First Aid/CRP/AED	Conference Room	9/16/2022
September 28 th	5:00p to 7:30p (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Conference Room	9/23/2022
October 8 th	8:00a to 12:20p (In Person)	Adult and Pediatric First Aid/CRP/AED	Conference Room	10/7/2022
October 19 th	5:00p to 7:30p (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Conference Room	10/14/2022
December 3 rd	8:00am to 10:30pm (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Conference Room	11/29/2022

AMERICAN RED CROSS: Babysitters Training (Ages 11-14)

The American Red Cross Babysitter's Training course will provide youth who are planning to babysit the knowledge and skills needed to safely and responsibly give care for children and infants. This course will also develop their growing leadership skills, learning how to develop a babysitting business, keep themselves and others safe and gain skills to help children develop conflict resolution and problem solving skills. After this 6-hour class, participants also gain basic knowledge in responding to First Aid Emergencies. **Class Max: 10**
Y Member: \$75, General Public: \$90

Class Dates	Course Schedule	Class Name	Course Location
September 13 th and 15 th	13 th - 4:00p to 7:00p 15 th - 4:00p to 7:00p	American Red Cross Babysitters Training	Toy Room
October 11 th and 13 th	11 th - 4:00p to 7:00p 13 th - 4:00p to 7:00p	American Red Cross Babysitters Training	Toy Room