



YOUTH & RECREATION YOUTH SPORTS

UPDATED: August 29, 2022

Register
Online
NOW



STAFF CONTACTS

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FALL REGISTRATION INFORMATION

- **FALL 1 SESSION:** September 6th through October 23rd
 - **No Class:** September 5th (Labor Day)
- **FALL 2 SESSION:** October 24th through December 18th
 - **No Class:** November 21st-27th (Thanksgiving Week)
- -YMCA Member Registration: Monday, August 1st
- -General Public Registration: Monday, August 15th

ADDITIONAL INFORMATION

- Please monitor your children/family for symptoms of illness. Your child should stay home if experiencing symptom of illness.

PRESCHOOL CLASSES

- An Informational welcome letter will be emailed the first day of the session.

NEW - KINDER GYM (AGES 3-5)

Kinder Gym provides age appropriate fitness in a structured environment. It introduces a wide variety of activities that build coordination and confidence.

Session runs Fall 1 September 7-October 19 & Fall 2 October 26 – December 14 Class Max: 10

Class Name	Location	Age	Day	Start	End	Y Member	General Public
Kinder Gym	North Gym	3-5 Years	W	1:30 PM	2:10 PM	\$22	\$44

NEW - KIDS GYM (AGES 5-7)

Kids Gym provides age appropriate fitness in a structured environment. It introduces a wide variety of activities that build coordination and confidence.

Session runs Fall 1 September 8-October 20 Class Max: 10

Class Name	Location	Age	Day	Start	End	Y Member	General Public
Kids Gym	North Gym	5-7 Years	TH	5:00 PM	5:40 PM	\$22	\$44

KICK START SOCCER (AGES 3-5)

Kick Start Soccer allows you as the parent/adult to participate along with your child. Instruction will include basic skills and techniques. Through group games and fun drills, your child will learn fundamentals of soccer such as dribbling, passing, and shooting, as well as providing opportunities to build motor skills and coordination. **Session runs Fall 1 September 10-October 22 Class Max: 15**

Class Name	Location	Age	Day	Start	End	Y Member	General Public
Kick Start Soccer	Soccer fields	3-5 years	SA	9:00 AM	9:40 AM	\$22	\$44

LITTLE DRIBBLERS (Ages 3 - 5)

Little Dribblers allows you as the parent/adult to participate along with your child. Instruction will include basic skills and techniques. Through learning the fundamentals of basketball such as dribbling passing, shooting, Little Dribbles will provide opportunities to build motor skills and coordination. Group activities will follow skills and instruction. **Session runs Fall 2 October 27 – December 15 Class Max: 15**

Class Name	Location	Age	Day	Start	End	Y Member	General Public
Little Dribblers	North Gym	3 - 5 years	TH	5:00 PM	5:40 PM	\$22	\$44

YOUTH SPORTS SKILLS

- An Informational welcome letter will be emailed the first day of the session.

ROOKIES BASKETBALL SKILLS (Co-ed Grades K-4)

Rookies Basketball skills is a co-ed program that emphasizes the basic skill development of basketball. This 45-minute skills clinic will allow each participant the opportunity to learn fundamental skills such as dribbling, shooting, passing, and rebounding. **Session runs Fall 1 September 8-October 20 Class Max: 20**

Class Name	Location	Age	Day	Start	End	Y Member	General Public
Rookies Basketball	North Gym	Grade K-4	TH	6:00 PM	6:45 PM	\$42	\$65

YOUTH SPORTS LEAGUES

- An Informational welcome letter, rosters, and schedules will be emailed the Wednesday before the start of the session.
- **Game times are listed as a range until the registration deadline. Final schedule for rosters and games will be confirmed by the Wednesday before the first Saturday.**
- YMCA jerseys are mandatory for all youth sports leagues and can be purchased (and reused) for \$15 each at the Member Services Desk.
- **SOCCER:** Shin guards are required. Soccer cleats are recommended. NO baseball cleats allowed.
- **LACROSSE:** Protective padding & helmets not required. Sticks are provided.
- **BASKETBALL:** Balls are provided, but can bring their own.
- Please arrive no more than 10 minutes prior to the start time of your leagues games.
- **VOLUNTEER YOUTH SPORTS COACHES** are ALWAYS needed for all youth sports programs. Helping youth grow in skills and self-confidence is rewarding and fun! To get involved please contact Theresa Christianson, Youth Sports Coordinator.
- **A \$10 late fee will apply for league registration after the listed deadline.**

NEW- YOUTH LACROSSE FALL BALL LEAUGE (Co-ed Ages 6-12)

Lacrosse is the fastest-growing sport in the US. We are pleased to be partnering the Stevens Point Youth Lacrosse to bring a Fall Ball opportunity for players to either try lacrosse for the first time, or return to the game they already love. Lacrosse is the fastest sport on two feet and combines the offense of basketball, hand and eye coordination of hockey, and running of soccer, while playing on a football field size team. Your child will learn fundamental skills and knowledge of the game in this fast pace and exciting league! A game schedule and rosters will be emailed by September 1. **Late fee applies after registration Deadline, September 1.**

Session runs Fall 1 September 6 – October 18, 2022

Class Name	Location	Age	Day	Start	End	Y Family Member	Y Youth Member	General Public
Youth Lacrosse	YMCA Fields	6-12 years	T	5:30 PM	6:30 PM	\$10	\$40	\$70

OUTDOOR SOCCER LEAGUE (Co-ed Grades K-6)

The Y recognizes soccer as having excellent fitness and social benefits. This program will allow each participant the opportunity to learn the basic skills and fundamentals of soccer. The first Saturday will be an introduction to teams and practice only while weeks 2-7 will be games. K-6 leagues run 1 hour within the range listed below. A game schedule and rosters will be emailed by September 7.

Late fee applies after registration Deadline, September 4.

Session runs Fall 1 September 10-October 22 Game times may vary pending registrations.

Class Name	Location	Age	Day	Start	End	Y Family Member	Y Youth Member	General Public
Outdoor Soccer	YMCA Soccer Fields	Grade K-1	SA	9:00 AM	10:00 AM	\$10	\$40	\$70
Outdoor Soccer	YMCA Soccer Fields	Grade 2-3	SA	10:15 AM-11:15 AM or 11:30 AM-12:30 PM		\$10	\$40	\$70
Outdoor Soccer	YMCA Soccer Fields	Grade 4-6	SA	10:15 AM-11:15 AM or 11:30 AM-12:30 PM		\$10	\$40	\$70

YOUTH BASKETBALL LEAGUE (Co-ed Grades K-6)

This co-ed program emphasizes the basic skill development of basketball. This league will allow each participant the opportunity to learn fundamental skills such as dribbling, shooting, passing, and rebounding while playing games against opposing teams. Week 1 is skill instruction/practice, followed by 6 weeks of games in a fun and supportive environment. A Game schedule and rosters will be emailed by October 27.

Late fee applies after registration Deadline, October 23.

Session runs Fall 2 October 29 – December 17

Class Name	Location	Age	Day	Start	End	Y Family Member	Y Youth Member	General Public
Basketball League	North/South Gym	Grade K-1	SA	9:00 AM	10:00 AM	\$10	\$40	\$70
Basketball League	North/South Gym	Grade 2-3	SA	10:15 AM-11:15 AM or 11:30 AM-12:30 PM		\$10	\$40	\$70
Basketball League	North/South Gym	Grade 4-6	SA	10:15 AM-11:15 AM or 11:30 AM-12:30 PM		\$10	\$40	\$70