

Stevens Point Area YMCA



Employee Handbook

January 2021

**STEVENS POINT AREA YMCA
EMPLOYEE HANDBOOK**

Table of Contents

TOPIC	PAGE
Welcome	3
Organization Purpose & Practices: Mission, Vision, Philosophy, Financial Assistance Pledge	4
Your Employee Handbook: Purpose, Scope, Administration, Reading Your Handbook	5
Employment Philosophy & Practices: Goals, EEO, ADA, USERRA	6
Employee Categories: Definitions Work Schedule, Volunteering, Outside Work	6-8
Employment Process: Recruiting & Selection, Employment Records	8-9
Earnings Administration: Pay Periods & Dates, Work Time Records, Payroll Exempt Pay Policy, Performance Reviews, Earnings Review	9-10
Training & Development: Required, Position Specific, Staff Meetings Developmental Training/Educational Assistance, Professional Participation	10-11
Employee Benefits: Philosophy, Mandated, Membership & Program Retirement, Time-Off Income Supplement, Affordable Care Act	12-14
Conditions of Employment: Values & Goals, Child Abuse Prevention, Health & Safety Work Rules, Attendance, Punctuality & Dependability Inclement Weather, Personal Appearance & Behavior, Personal Expression on Public Issues, Personal Relationships Policy Unlawful Harassment, Sexual Harassment Policy Harassment Education, Complaint Policy, Non- Retaliation Policy Electronic Equipment, Cell Phone and Electronic Use, Confidentiality, Expenses & Allowances Commissions, Employee Contributions, Communication Policy, Organization Audit Policies, Y Parking Lot Policy	14-20
Separations: Voluntary, Death, Involuntary Progressive Discipline	21-22
Addendums: Electronic Equipment and Password Policy Dress Code	22-27

Dear YMCA Staff Member,

Welcome to the YMCA!

The Stevens Point Area YMCA strives to provide quality programs and facilities for people of Portage County including Stevens Point, Plover and other surrounding communities. However, these programs and facilities are only as good as the people who provide service for them. You have been selected as an employee of the YMCA because we think you have the attitude, personality and qualifications to be an outstanding contributor to our team.

This handbook is intended to help you get acquainted with our organization and the policies by which we are governed. Please take the time to review the information provided.

We want you to enjoy your employment with us and to recognize the valuable service you provide to others. So, if you have any questions, please feel free to ask at any time.

Sincerely,

A handwritten signature in cursive script that reads "Sharon Johnson". The signature is written in black ink and is positioned to the left of the typed name.

Sharon Johnson
President/CEO
Stevens Point Area YMCA

ORGANIZATION PURPOSE & PRACTICES

YMCA Mission

To put Christian Principles into Practice through Programs that build Healthy Spirit, Mind, and Body for All.

Stevens Point Area YMCA Vision

To be the identified leader in providing programs and services that enrich the quality of life for the communities we serve.

Organizational Philosophy

The Stevens Point Area YMCA has been learning and growing with area families for many years. We understand the trials that today's families face, we are aware of their hurdles and obstacles, and we embrace their dreams. We believe that families, regardless of culture, ethnicity, or even socio-economic background, have at least one common hope. Parents want an improved life for their kids, a life with fewer struggles and greater rewards. Our goal at the Y is to help parents and families realize that dream. So as an organization, we will continue to invest in our kids, our health and our neighbors through three areas of focus; Youth Development, Healthy Living, and Social Responsibility.

Financial Assistance

The Stevens Point Area YMCA believes in providing membership and program services to all who desire to participate in the Y. The Y's financial assistance program, supported in part through contributions to the Annual Campaign, provides funds for those in need within our available resources. We believe every child deserves quality-licensed childcare. Every budding gymnast deserves a chance to train in a champion-producing program. Every teen deserves a safe and fun place to hang out with friends on Saturday night. From aquatics to youth sports, from toddlers to seniors, life-enhancing programs are provided and subsidized through the Annual Campaign. Helping our friends and neighbors (Social Responsibility) is one of our three AREAS OF FOCUS. We are taught to work harder than ever to ensure that everyone wishing to participate in Y programs can do just that, even if they cannot afford to pay. As an employee you will be asked to look within your heart to help support those less fortunate. Help us make sure that NO ONE is ever denied access as a result of their financial hardship.

Our Pledge Through Our Values:

1. We will create a caring experience for our all that wish to participate. We will lend you a hand – at any time. We will support those that need us most.
2. We will have respect for all who come through our doors regardless of age, race, gender or economic status.
3. We will take responsibility for our community, whether by offering innovative wellness opportunities for the health seeker and their families or by continuing to be good stewards and maintain a high level of financial integrity.
4. We will be honest and trustworthy to those we come in contact with and be grateful that they have chosen to spend part of their day with us, improving their health and the health of their family. We will thank all our volunteers every time they lend a hand.

EMPLOYEE HANDBOOK

Purpose

The Employee Handbook is a summary of the employment policies, procedures, benefits, and rules applicable to all employees of the Stevens Point Area YMCA. It has been prepared for informational purposes and to assist in justifiable personnel decisions and practices in a manner that is equitable and in accordance with the objectives of the Stevens Point Area YMCA.

Scope

The Employee Handbook is not a contract, nor is any portion of it a contract. None of the statements, policies, procedures, or rules contained in the Employee Handbook constitutes a guarantee of employment, a guarantee of any other rights or benefits, or a contract of employment, expressed or implied. Employment with the YMCA is employment at will. "Employment at will" means that employees may end their employment at any time for any reason; and that the employer (the YMCA) may terminate employees at any time for any reason, with or without cause. This Employee Handbook replaces all previous Stevens Point Area YMCA Personnel Policy Handbook, policies, manuals or handbooks. The provisions of the Employee Handbook do not preempt or replace applicable employment laws. The Employee Handbook may be changed at any time, under the direction and approval of the Stevens Point Area YMCA Board of Directors and/or CEO. Employees will be provided access to copies of any subsequent revisions. Except as specifically detailed, all categories of employees are subject to the provisions of the handbook.

Administration

The Board of Directors of the Stevens Point Area YMCA employs a Chief Executive Officer (CEO) to whom it delegates responsibility for the overall administration and interpretation of the adopted policies as described in the Employee Handbook. The direct administration of the policies and the supervision of staff are the ultimate responsibility of the CEO. However, these may also be delegated to others, where appropriate.

All matters, pertaining to the interpretation of this policy, are referred to the CEO or to the CEO's designated representatives. Final interpretation and implementation of the policies, procedures or information in the Employee Handbook is the responsibility of the CEO.

Reading Your Handbook

For efficiency and ease of reading, the following terms will be used interchangeably:

- Stevens Point Area YMCA: YMCA, organization
- Management Staff of the Stevens Point Area YMCA: we
- Employee Handbook: handbook

EMPLOYMENT PHILOSOPHY & PRACTICES

Goals

The employment policies and practices of the YMCA are directed toward achieving the stated goals and objectives of the organization. These are to be achieved in accordance with the mission and values of the YMCA.

The quality and caliber of our employees, the effectiveness of their work, and the shared enthusiasm for the organization play a major role in the attainment of the YMCA's purposes. The YMCA's goal relative to our human resources is to consistently recruit, develop, motivate, recognize, reward and retain the most competent employees possible to aid in the achievement of our mission. We will strive to make the YMCA a desirable organization in which to work and grow both professionally and personally. It is our expectation that our employees will work with us to achieve the highest standards of service to our members, participants, and visitors, and to sustain high interest in the success of our programs and operations.

The mutual interests of members, participants, visitors, employees, contributors, and the community depend upon maintaining the YMCA as a financially sound operation. This requires improved methods, flexibility, and a cooperative effort on the part of the total employee team. It is our goal to achieve this sound operation in a manner that provides a high degree of satisfaction to all involved parties and in a spirit of cooperative purpose and effort.

Equal Employment Opportunity

It is the policy of the YMCA to recognize the competence and ability of applicants for employment and of existing employees. Pursuant to state and federal law, the YMCA will provide equal employment opportunities to all individuals without regard to race, color, religion, sex, age, national origin, marital status, veteran status, sexual orientation, mental or physical disability, genetic information or any other basis prohibited by federal or state statute.

Americans with Disabilities Act

The YMCA complies with the Americans with Disabilities Act and state disability laws, and will therefore afford any reasonable accommodations to qualified applicants and employees with known disabilities, unless such accommodations would cause unreasonable hardship to the YMCA, subject to limitations set forth in such laws.

Uniformed Services Employment and Re-employment Rights Act of 1994

The YMCA complies with above Act (referred to as USERRA), and will therefore afford to qualified applicants and employees who are members of the "uniformed services" all employment and reemployment rights under USERRA. Details of the terms of USERRA, including the employee and employer responsibilities and rights will be provided upon request.

EMPLOYEE CATEGORIES

Definitions

The following classifications are used as a basis for our payroll system, benefits, and for describing and reviewing policies. Placement in an employment category does not constitute a contract or promise of employment.

Full-Time Employee:

Employee regularly scheduled to work a minimum of 35 hours per week for an expected period of ten consecutive months or more.

Part-Time Employee:

Employee regularly scheduled to work less than 35 hours per week.

Substitute Only Employee:

Employee without regularly scheduled hours. Employee works on an as-needed basis, based on work and employee availability.

Limited Term Employee:

Employee whose expected period of employment is less than six continuous months.

Independent Contractors:

Individual who is engaged for specific services with established fees, contract expenses and written agreements.

This individual is *not* considered an employee of the YMCA.

Fair Labor Standards Act (FLSA) Classifications:

The following two classifications of employees may be either full or part-time:

- **Non-Exempt:** Employee whose position does not meet FLSA exemption tests. A non-exempt employee is paid in accordance with the minimum rate provisions of state and federal law and is paid at least 1.5 times the regular rate of pay for hours worked in excess of 40 in a work week.
- **Exempt:** Employee whose position meets FLSA and state law exemption tests. Such employee is exempt from the minimum rate and overtime provisions of the FLSA and state law.

Basis of Pay Categories:

The following categories may be full or part-time:

- **Hourly:** Employee is paid based on number of hours worked.
- **Salaried:** Employee is paid a pre-established amount per week

Position Titles:

Position titles are determined based on the duties and responsibilities of the position, and do not reflect employment categories described above.

Employment of Minors:

Individuals under the age of 16 are not allowed to work for the organization in any capacity without a work permit. Persons under the age of 16 will only be hired in positions where direct adult supervision is consistently present. The YMCA operates in accordance with federal and state laws regulating the terms and schedule of any minor employees.

Work Schedule

To maintain an effective work environment, the Y has established its working hours as required by organization operations, customer service needs and department needs. Due to the nature of Y operations, employees in different departments and different jobs may have different work schedules. Employees will be given work schedules and break information upon hire by their supervisor. It may be necessary at times for the Y to change the hours of work to accommodate the needs of our members. The Y expects employees to be available for work outside of an employee's normal working hours if and when the need arises. Supervisors have the authority to grant exceptions to additional availability.

- Immediate supervisors are responsible for the preparation and supervision of the work schedule for all of their employees.
- Work schedules, including breaks, will be governed by applicable laws and needs of the YMCA.
- The YMCA is under no obligation to provide time off for lunch or breaks, except in the case of minor employees. However, the YMCA will strive to provide paid and/or unpaid breaks for employees as needed or appropriate to work assignments.
- Any deviations from the employee's assigned work schedule must be approved in advance by the employee's supervisor, prior to the hours being worked.
- Non-attendance at required trainings or meetings or required certifications not being maintained as current are violations of work rules.
- Over-time work must be approved, in advance, by an employee's immediate supervisor.
- Employees are not permitted to take work home or work from their home, unless approved in advance by their supervisor. If approved, accurate reporting of all time worked is mandatory.
- In the event of voluntary reduction of hours initiated by the employee, for Wisconsin Unemployment Insurance purposes, the reduction in hours may be considered a quit. Any wages that the employee earns while working the reduced hours may not be used to satisfy the quit requalification provision.
- An employee absent for two or more days without notification to his/her supervisor (no call/no show) will be considered to have voluntarily resigned without notice. The termination date will be the last day of actual work. *(See Separations)*

- An employee who does not work at least one shift during a 60 day period will be considered to have voluntarily resigned without notice. An employee on a substitute list or working as only a substitute employee (sub-only), who does not take at least one sub shift in 60 days will be considered to have voluntarily resigned without notice. The termination date will be the last day of actual work. *(See Separations)*

Volunteering (Non-Exempt Employees)

Non-exempt employees cannot volunteer to perform work related to their employment position. Volunteer opportunities within the YMCA should be limited to:

- Events in which the employee elects to participate in recreational activities or projects that involve family members
- Assistance in special fund-raising activities unrelated to the employee's job
- Any other activities unrelated to the employee's job and at the sole discretion of the employee

Participation as a volunteer must be approved in advance by the employee's supervisor. Any uncertainty relative to relationship of the volunteer activity to the employee's job should be referred to Human Resources.

Outside Work (Moonlighting)

Employment as an exempt staff person requires the need for flexibility in scheduling and availability. As a result, an exempt employee shall not engage in outside work for personal remuneration without prior authorization from the CEO.

EMPLOYMENT PROCESS

Recruiting & Selection

The YMCA endeavors to select personnel who, relative to the position being filled:

- Meet the necessary standards of educational and occupational qualifications
- Can effectively advance the objectives of the YMCA
- Have the ability or potential to perform the tasks assigned
- Have the capacity for professional and personal growth
- Exhibit the values of the organization

All employment practices shall be consistent with applicable laws, acts and regulations which control the employment relationship. The Board of Directors employs the CEO, who in turn employs all other staff. Employment responsibility and authority may be delegated to others by the CEO. The YMCA supports both an open application process and promotional opportunities. Based on organization needs and resources, openings may be posted internally and externally, or may be filled through promotion of an existing employee, without posting.

Employment Records

Employees must complete all necessary employment forms, including, but not limited to:

- Employment application
- Criminal background check consent forms
- Employee information and eligibility verification forms, with presentation of required documentation
- Tax forms
- Forms required by program licensing (i.e. child care)
- Work permit, as applicable
- Driver record check consent form, as applicable

In addition, employees must sign all required receipts for employment handbooks, agreements and employment documents. Employment is conditioned upon completion of the required records.

Criminal record checks will be conducted on all employees. Record checks for all licensed child care staff will be performed in accordance with licensing rules. Successful completion of background checks is a condition of employment. Convictions are not an automatic bar to employment. However, failure to provide complete and

accurate information at the time of hire, relative to criminal convictions, may result in immediate termination. All employees must notify the Human Resources Director of an arrest or conviction that occurs after the date of hire. Upon hire, the employee shall be provided with a document including the job title, rate of pay, start date, schedule and supervisor name. This document is for information only and is not to be construed as an employment contract.

Records constituting the employee file will be securely maintained in the Human Resources Office in accordance with employment regulations. Employees may review and/or copy their personnel file according to state law. This request must be made in writing.

Employee files may only be accessed by authorized individuals. Any outside agency wishing to access employee files must have an authorization form signed by the employee/former employee, stipulating what can be reviewed and/or copied. Without the authorization, the Human Resources Department will only release:

- Employment start and end dates
- Position title
- Eligibility for rehire

Any changes in personal data must be promptly communicated to the Human Resources Department.

EARNINGS ADMINISTRATION

The YMCA maintains an earnings administration plan to provide that all employees are paid according to fair and uniform principles and in relation to their responsibility and value for the organization's success. Within its capability to do so, the YMCA pays its employees at a level which compares favorably with salaries in other similar organizations. The YMCA's earnings administration plan must be balanced with overall economic vitality of the Y.

Pay Periods & Pay Dates

- Pay periods are two weeks in length.
- Pay periods begin on a Sunday and end two weeks later on Saturday.
- Upon hire, the employee will be provided with a pay periods/pay date calendar.
- Employees are paid every second Friday, resulting in 26 or 27 pay dates per calendar year.
- Annual salaries are calculated by the number of payrolls each calendar year, paid biweekly and paid only during the time the employee is actively employed.

Work Time Records

- Daily time records are kept through a time clock system or paper timesheet, dependent on position.
- Employees must punch in and out using the time clock system or record in and out times on paper timesheet, as instructed by their supervisor.
- Employees must punch in immediately prior to their work shift and punch out immediately after end of their work shift. Employees must also punch in and out for unpaid breaks, personal times or any other times they are not in the course and scope of employment.
- Work shifts times are rounded up or down to the nearest 5 minutes.
- Employees are not allowed to punch other employees in or out, for any reason. This is considered fraudulent punching and is a rule violation for both employees involved and may result in termination.
- Employees must advise their supervisor of any punch or timesheet recording errors.
- Employees are able to view their time records, whether on time clock or paper timesheet.
- Supervisors will verify time records prior to payroll processing by Human Resources.

Payroll

- Pay is directly deposited in the bank and account of the employee's choice, as specified at time of hire. If an employee does not have an account for this purpose, the YMCA will provide information relative to a cost free account that can be opened for pay deposit purposes.

- An electronic pay advice will be provided each pay date. The advice will detail earnings and deductions and published to a web site. Upon completion of payroll processing, employees will receive an e-mail with a link to their pay advice. A computer and printer are available at the Y for access to and printing of the pay advice.
- Deductions from payroll, including but not limited to garnishments and wage assignments, will only be made as authorized by the employee or as allowed or required under federal or state wage and hours laws.
- Questions relative to an employee's payroll deposit or pay advice should be directed to Human Resources.

Exempt Employee Pay Policy

The YMCA intends to comply with all applicable provisions of the Fair Labor Standards Act, as amended, and state wage and hour laws, including minimum wage and overtime provisions. Such laws prohibit certain deductions from the salary of employees who are otherwise exempt from overtime pay requirements. If the YMCA makes a deduction from salary that the exempt employee believes is questionable or improper, the employee may submit a written statement/complaint to the Human Resources Department immediately following the deduction in question. The YMCA shall investigate and review the deduction to determine whether such deduction complies with state and federal law. Any improper deduction shall be reimbursed to the employee. The YMCA shall continually review its practices concerning deductions in an effort to avoid any improper deductions from the salary of exempt employees.

Performance Reviews

- Supervisors are expected to provide on-going feedback to employees relative to their work performance.
- Formal performance appraisals may be conducted for specific positions.
- The purpose and content of the feedback and performance appraisal includes:
 - Evaluation of overall work performance
 - Assistance in employee's growth and development, including future opportunity planning
 - Ensuring that the YMCA's goals are being met through the employee's work effort

Earnings Review

- Full-time employees: Earning amount(s) will be reviewed in January of each year, except those hired in Oct. Nov. or Dec. will be reviewed in the January AFTER their one-year anniversary date. All full-time employees will also receive a performance appraisal on an annual basis and on the same schedule as the earnings review as long as the employee is actively employed. Increases to earnings will be based on available funding, supervisor approval, and in accordance with the guidelines of the YMCA's salary administration process.
- Part-time employees: Earning amount(s) will be reviewed on an annual basis for each position as long as the employee is actively employed. Increases to earnings will be based on supervisor approval, available funding, and in accordance with the guidelines of the YMCA's pay grade process.

TRAINING & DEVELOPMENT

The YMCA recognizes that the quality of its work is directly related to the operational training that is provided, along with continuing career-growth and skill development opportunities for employees. Though it believes that professional development is the primary responsibility of the individual, the YMCA also recognizes its obligation to all employees to provide them with timely and effective training experiences, mutually-based upon the YMCA's goals and the employee's needs. In support of this belief, training needs and opportunities will be an integral part of the performance review process.

Required Training-All Employees

The following training programs or events will be provided by the YMCA and are mandatory for all employees. Program dates, presentation, completion options and compensation will be communicated to employees by employee's supervisors upon hire.

- YMCA New Employee Orientation
- Bloodborne Pathogens (required annually)
- Child Abuse Prevention
- Sexual Harassment Prevention
- Missing Person
- Armed Intruder
- All Staff or Department Training Events

Unexcused absence, or failure to complete training within required timeframes, may result in counseling and/or removal from work schedule. Repeated failure may result in termination. Required trainings are subject to change.

Position Specific Training

As a condition of employment, employees are required to meet and continue to satisfy the specific training requirements of their position as dictated by program licensing, instructor/employee certification, safety regulations or organizational determinations. Training requirements, methods of completion, compensation and training cost reimbursement will be communicated by employee's supervisor prior to hire. These include, but are not limited to:

- First Aid
- CPR/AED
- Health & Fitness certifications
- Lifeguard/Swim Instruction certifications
- Licensed Child Care required trainings
- Bus/Van Training

Staff Meetings

Positional, departmental and organizational staff meetings are a critical tool for the communication of organizational information, work processes improvement and training and team and organizational development. Meeting schedules will be communicated by employee supervisors. Attendance will impact work performance and review. Hourly employees will be paid for time spent at required meetings.

Developmental Training/Educational Assistance

Certain expenses incurred by employees, related to career development and other training opportunities, may be paid in part or full by the YMCA. To be considered, requests must be submitted in writing in advance of program attendance and be approved by the employee's supervisor and the CEO. Certain certifications that are considered a pre-requisite of the job are not paid for attendance when initially obtained or renewed to fulfill the pre-requisite. Once the pre-requisite is met and if the employee is still actively employed and the certification has expired, the YMCA will pay for attendance to renew the certification. Any fees associated with the cost of obtaining certifications are the sole responsibility of the employee.

Professional Participation

In order to develop awareness and an atmosphere of support for the YMCA and its programs within the community, YMCA management staff is encouraged to maintain active membership in related YMCA, community and professional organizations. Reimbursement of related expenses will be determined by the departmental Director, under the guidance of the CEO.

EMPLOYEE BENEFITS

Benefits Philosophy

Employee benefits represent a significant part of an employee's compensation package. They help provide security and protection against stresses which otherwise could disrupt the individual employee's work and family life. The YMCA's benefits program is focused to enhance the work environment. The YMCA's benefits program complies with and supplements government-mandated laws and regulations. Descriptive materials, related to benefits, are provided to employees during their benefit meeting with HR, open enrollment or whenever a change in employment occurs. Benefits may be modified or terminated at any time at the discretion of the YMCA or as required by employment regulations. The specific benefits provided vary according to employment category, as indicated in the benefit descriptions.

Legally Mandated Benefits

The YMCA complies with all applicable laws, regarding employee benefits, including:

Social Security (FICA and Medicare Tax):

All employees are required to participate jointly with the YMCA in the federal Social Security system. Taxes are paid by the YMCA and the employee as prescribed by law.

Worker's Compensation Program:

All employees are covered against hazards of occupational accidents and illness on the job through compensation insurance in a manner and to the extent required by the state worker's compensation laws. It is the responsibility of the employee to report a work injury or illness to his/her supervisor within 24 hours. Failure to promptly report a work injury or illness could serve to delay or deny worker's compensation benefits. The YMCA will make every attempt to accommodate restricted duty releases from medical providers. It is the employer's responsibility to provide work status documentation to the YMCA to determine if restricted duties can be accommodated.

Unemployment Insurance (FUTA):

The YMCA's practice will be consistent with federal and state laws. All employees are eligible to apply for Unemployment Compensation in the manner and to the extent provided by the Wisconsin Unemployment Compensation Law. The cost is paid by the organization.

YMCA Membership & Program Benefits

Stevens Point Area YMCA membership and program benefits are provided to employees while actively employed as follows:

Exempt & Full-Time Employees:

- Membership: A family membership will be provided at no cost to the employee and all family members (related by blood, marriage, adoption or foster) and everyone in the household.
- Locker Rentals: A locker rental will be provided for all adult family members.
- Program Participation: For the majority of programs and at the discretion of the YMCA, the employee and all family members (related by blood, marriage, adoption or foster) may receive a 50% discount off the member fee. Programs with high direct costs may be assigned an employee fee, to be determined by the department Director. Employee fees for specific programs will be determined and communicated prior to the start of program registration.
- Child Care: Employees and all family members (related by blood, marriage, adoption or foster) will receive a 40% discount (20% is taxable) off the member fees.

Part-Time and Limited Term Employees: (Does not include substitute-only employees)

- Membership: During the term of employment, a membership for the employee will be provided at no cost to the employee. The fees associated with adding family membership or locker rental will be the employee's responsibility.
- Program Participation: The employee will pay member rates for all programs. In order for the employee's family members to qualify for member rates, the employee must be paying for a family membership.

Retirement Benefit

The YMCA participates in the YMCA Retirement Fund Plan for the benefit of eligible participating employees. The YMCA Retirement Fund Plan is a defined contribution, money purchase, pension plan which provides retirement, permanent disability retirement allowance and death benefits. Participation in the YMCA Retirement Fund Plan is a condition of employment for all employees who meet the following criteria:

- Minimum two years of continuous employment with the Stevens Point Area YMCA
- 1000 hours of employment within each of two employment years (need not be consecutive)
- At least 21 years of age

All employees may contribute to a tax-deferred account for pre-eligible YMCA Retirement Fund Plan employees. Please contact Human Resources for information about the 403(b) retirement plan. The employee's contribution to the YMCA Retirement Fund Plan is by payroll deduction. The contribution amounts, vesting schedule, employee's rights and terms and conditions are contained in the YMCA Retirement Fund Plan document, which may be amended at any time by the YMCA or to comply with controlling regulations. Details of Plan provisions and processes are provided to all eligible employees prior to enrollment or upon request.

Time-Off Benefits

Eligibility for time-off benefits is based on employment category.

Family Medical Leave Act (FMLA):

The YMCA will provide Family and Medical Leave for its employees who meet certain requirements, as mandated by Wisconsin and federal laws. This benefit applies to employees who have been employed for at least twelve months and worked for at least 1,000 hours during the twelve months preceding the leave. The specific provisions of this benefit are detailed in the FMLA Guide which is provided to employees upon notification of potential FMLA leave or upon request.

Nursing Mothers:

Reasonable unpaid break time is provided for employees to express breast milk as needed for the employee's nursing child for one year after the child's birth. Our guideline for reasonable is one unpaid 20 minute break within a four consecutive hour work shift. A Nursing Station is available within the Women's Locker Room adjacent to the Wellness Center.

Jury Duty:

- Applies to all employees
- Granted without pay to part-time employees
- Employees eligible for Paid-Time-Off may use Personal PTO. Jury duty compensation is retained by the employee
- Employee must present jury duty notification to supervisor upon receipt
- Employees called for jury duty are expected to report to work on those days which they are excused from jury duty, and to fulfill their work duties to the extent possible

Bereavement Leave:

In the event of death in the immediate family, bereavement leave will be granted as follows:

- Without pay to part-time, substitute and limited term employees
- With pay to full-time employees
- For funeral or memorial service attendance or associated activities
- Maximum of three days for immediate family members (spouse, child, parent, sibling, including grand, step and in-law)
- Maximum of one day for extended family members (aunts, uncles, first cousins including great, step, and in-law)

Military Service:

When an employee is called or recalled for active duty in the military, the YMCA will grant an official leave-of-absence without pay. Eligibility and re-employment rights correspond to existing applicable laws. Upon being informed of a military obligation, every effort should be made by employees to contact their supervisor immediately.

Outside Consulting:

Subject to the written approval of the employee's department Director and the CEO, employees are permitted to provide consultant services to other YMCA or non-competing kindred organizations with similar goals and objectives. The maximum time spent in this capacity will be determined by the department Director and CEO. If the employee is released from job responsibilities to provide such services during regularly scheduled work hours and payment is received, the YMCA must be reimbursed any consulting fee received by the employee, unless other arrangements have been made and approved by the CEO. If the employee consults during non-regularly scheduled work hours, the employee may retain any payment received.

Extended Leave:

Extended leaves of absence for unusual personal circumstances or continuing education, which do fall under other time off provisions, may be granted to employees who have a minimum of twelve months of continuous full-time service to the YMCA. Such leave will be without pay. Requests for extended leave, providing a full explanation and projected schedule, must be made in writing and submitted to the employee's supervisor. The final decision whether to grant such leave, and the associated rights and requirements, rest with the CEO.

Holiday/Personal/Illness & Injury Paid-Time-Off/Disability Insurance:

These paid-time-off benefits are provided for full-time employees only. Details of these paid-time-off benefits are included in the Benefit Handbook provided to eligible employees upon hire.

Income Supplement Benefits

The following benefits may be available for full-time employees only. These benefits include:

- Life Insurance
- Dental Insurance
- Medical Insurance
- Flexible Spending Account
- Retiree Health Insurance

Details of these benefits are included in the Benefit Handbook provided to eligible employees upon hire.

Affordable Care Act

Work hour records of all employees will be evaluated and eligibility for health insurance coverage will be determined based on terms of the Affordable Care Act or other legislation.

CONDITIONS OF EMPLOYMENT

YMCA Values and Goals

The four core values of caring, honesty, respect and responsibility must be evident in all aspects of YMCA programs and work. Therefore, persons selected for employment need to be in agreement with purpose and goals of the YMCA. The following conditions of employment exist to ensure support of organization goals, to foster a positive and safe environment for our staff, members, participants and visitors, and to comply with employment regulations. Non-compliance with any of the conditions of employment, as detailed in the following sections, is grounds for disciplinary action up to and including termination. Correction of noncompliant work behaviors, including discipline, is necessary to foster positive working conditions and equity among employees, members, participants, and guests.

Child Abuse Prevention

Code of Conduct:

The Child Abuse Prevention Code of Conduct details behavior expectations in support of the prevention and detection of child abuse. The Code of Conduct is provided and reviewed with each employee during their initial meeting with Human Resources. The employee must sign and abide by the provisions of the Code of Conduct.

Babysitting Policy:

The YMCA does not sanction, encourage or endorse the use of YMCA employees for non-YMCA child care activities. Such activities are outside of the scope of an employee's duties with the YMCA. The YMCA does not assume any responsibility for off-duty employment including, but not limited to, legal liability that may occur. Under such circumstances, the YMCA is not an individual's employer and does not provide worker's compensation or other coverage for such non-YMCA employment or activity. In the event that an employee provides care for a child that is a member or participant in YMCA programs, a Parental Consent Form must be signed by the employee, parent and Human Resources.

Health & Safety

A safe, healthy and environmentally sound workplace is accomplished through a variety of YMCA activities, including safety education, training on the use of certain equipment, job instruction, and support of employee participation in YMCA health enhancement programs and facilities. Employment conditions which specifically support the health of safety of staff include:

Smoke Free Workplace:

Smoking is prohibited in YMCA facilities, YMCA vehicles and on YMCA property.

Substance Abuse:

The YMCA is committed to a drug-free workplace. Employees are expected to report to work mentally and physically prepared for work. Employees will not manufacture, sell, dispense, purchase, possess or use alcohol or unauthorized controlled substances on YMCA premises, on YMCA time, or YMCA business off premises. The YMCA reserves the right to require drug and/or alcohol testing, based on reasonable suspicion. Employees will report to their supervisors the use of physician-prescribed or over-the-counter medication that might affect performance or safety. Legally prescribed drugs must be contained in the original prescription container and prescribed for the current use of the person in possession. Employees should not expect privacy in the workplace with respect to desks, cabinets, computers, mail (including internet or postal mail), phone (including company-paid cell phone) or any other item or material provided to the employee by the employer.

Concealed Weapons:

The YMCA is committed to maintaining a safe and healthful work environment for its employees. As part of this commitment, the Y's policy is to prohibit weapons of any type from the actual workplace or working areas where employees are located as well as from YMCA-owned vehicles. The Y will not condition employment on the fact that an employee or a prospective employee holds or does not hold a license to carry a concealed weapon, nor will the Y otherwise discriminate against employees in any terms or conditions of employment based upon their lawful use and ownership of firearms. Employees, customers and lawful invitees who possess a valid concealed-weapons license may keep a secured and properly stored firearm inside their locked and privately owned motor vehicle when their vehicle is parked on YMCA property. Any violation of this policy shall subject the offending employee to discipline up to and including discharge. Customers and invitees who violate this policy will be banned from the YMCA's premises.

Personal Vehicle Transport:

The use of personal vehicles to transport minor program participants or members is prohibited. Transporting for medical emergencies should be the responsibility of a parent, relative or trained medical personnel.

Bloodborne Pathogens

The YMCA will comply with all OSHA requirements for the training of staff on Bloodborne Pathogens Standards. In so doing, it will make an exposure determination, prepare an exposure plan, train employees and make available the Hepatitis B vaccine when necessary, and take other action regarding labeling, waste disposal and follow-up in the event an employee is exposed to blood or other potentially infectious material.

Workplace Violence

The YMCA strongly believes that all employees should be treated with dignity and respect and should not experience a fearful work environment. Acts of violence will not be tolerated. Any instances must be reported to the employee's supervisor or the Human Resources Director. All complaints will be fully investigated. The organization will promptly respond to any incident or suggestion of violence.

Employee Photos

The YMCA reserves the right to photograph/film its programs and activities and use these images in various promotional or outreach activities. As a condition of employment, the YMCA and its agents may use an employee's photograph/likeness/voice as it pertains to participation within the YMCA in any manner for promotional efforts without expectation of any reimbursement in connection with its use or complaint of personal privacy violation.

Service Animals

The ADA defines service animal as: a dog that has been individually trained to do work or perform tasks for the benefit of an individual with a disability. Other animals, whether wild or domestic, do not qualify as service animals. Dogs that are not trained to perform tasks that mitigate the effects of a disability, including dogs that are used purely for emotional support, are not service animals. The rule permits the use of trained miniature horses as alternatives to dogs, subject to certain limitations. To allow flexibility in situations where using a horse would not be appropriate, the final rule does not include miniature horses in the definition of service animal.

Work Rules

Every organization must have some basic rules of conduct. The following are deemed violations of acceptable conduct. The list is subject to change by YMCA management at any time, and is not intended to be exhaustive. The YMCA retains the right to discipline employees as determined appropriate to the behavior. At all times the work relationship remains "at will", whether or not the YMCA chooses a particular mode of discipline for a violation. Acceptable conduct expectations apply at all times when an employee may be reasonably perceived to be working or representing the YMCA (e.g. wearing staff attire, on YMCA premises or program areas).

Violations of Acceptable Conduct:

- Mistreatment or gross neglect of YMCA members, participants, guests, employees or volunteers.
- Racial or ethnic remarks/attitudes/behavior, or sexual harassment in any form toward YMCA members, participants, guests, employees or volunteers.
- Unsatisfactory work performance or service.
- Damage, loss or destruction of the organization's, members', participants', guests', employees' or volunteers' property due to willful or careless acts.
- Theft or dishonesty.
- Failure or willful refusal to perform work as directed; insubordination.
- Fighting, swearing or abusive language while at work or on the YMCA premises.
- Loafing or appearing to sleep on the job; inefficient performance of duties, incompetence or neglect of duties.
- Any willful or wanton acts against the employer which threaten the financial or social position of the organization.
- Falsification of employee records, including, but not limited to, timesheets.
- Violation of time clock punching rules including, but not limited to, fraudulent punching.
- Violation of any commonly accepted rules of responsible or respectful personal conduct.
- Behaviors which have a negative impact on YMCA morale, perception or experience.

Attendance, Punctuality & Dependability

In order to provide services for members, participants and guests, all positions and timely performance of all work functions are essential. Employees are expected to follow their designated work schedule and to be punctual and dependable. Punctual means that the employee is at the assigned work station, ready to work, at the start of the work schedule; dependable means that the employee works according to the assigned schedule, remaining on the job until the end of the assigned shift. If an employee is unable to report to work or will be late, it is the employee's responsibility that the immediate supervisor be notified as soon as possible, prior to the beginning of the scheduled shift. The employee must make all reasonable attempts to secure a substitute. If the absence is for more than one workday, the employee may be asked to submit a doctor's statement for verification purposes. An employee absent for two or more days without notification to his/her supervisor may be considered to have voluntarily resigned without notice. Based on circumstances involved, it is under the supervisor's discretion to classify an absence as excused or unexcused. Excessive absence, or lack of punctuality or dependability, whether excused or unexcused, may be grounds for discipline or discharge.

Inclement Weather Policy

In the event of extreme weather conditions, the CEO along with the Management Team will determine the closing, cancellation or delayed start.

- School Age Child care AM and PM sessions are cancelled if the school site is not in session.
- Unless and until the program an employee is scheduled to work is cancelled, the employee is expected to report to the work site.
- Usual absence procedures apply if the employee does not report to work as scheduled:
 - Full time staff may use PTO, make up hours during the week, or use unpaid time off with the approval of their supervisor.
- Supervisors will contact only the employees scheduled to work during the closing, cancellation or delayed start.

Personal Appearance & Behavior

Appearance, speech, actions and personal hygiene reflect directly upon the employee and the organization and are a significant factor in public relations. Courtesy, helpfulness, promptness and a consistent attitude of friendliness on the part of all employees is essential. An employee's position and duties, along with the presentation goals of the organization, dictate the type of clothing that is worn while working. Clothing, hair, and overall appearance and grooming must be neat, clean and appropriate at all times. The wearing of unauthorized or inappropriate buttons, badges or messages on attire is not permitted. In situations of disagreement relative to the appropriateness of attire, final determination will be made by the CEO. The dress code chart is included in the appendix of this Handbook. All employees must abide by the dress code as detailed on the chart for their department and position.

Personal Expression on Public Issues

Employees are free to exercise their full liberties as citizens, including the right to express their personal convictions on issues such as social, economic, religious and political subjects. However, they must refrain from giving any impression that their views and positions are those of the YMCA.

Personal Relationships Policy

The employment of relatives, domestic partners or significant others in a reporting relationship has the potential to create real or perceived conflicts of interest and problems with decision-making. The perception of favoritism or partiality, which such employment can create, may undermine morale. The following restrictions have been established to help prevent these issues from occurring:

- For the purposes of this policy, personal relationships are defined as:
 - Relatives: Spouse, parent, child, sibling, cousin, and niece/nephew (includes in-laws, step, grand).
 - Domestic partners: Residents of same household with sharing of expenses (includes roommates).
 - Significant others: Relationship that has progressed beyond a platonic friendship, regardless of gender or sexual orientation.
- Individuals who have a personal relationship shall not be hired or transferred into positions that would create a supervisory-subordinate relationship.
- If a personal relationship exists or develops between two staff members in a supervisory-subordinate relationship:
 - Where transfer opportunities exist, the individuals will be given the opportunity to accept transfer to a position eliminating the supervisory-subordinate relationship.
 - Refusal of reasonable alternative positions, if available, will be deemed a voluntary resignation.
 - If transfer opportunity does not exist, the individuals will be given the opportunity to mutually determine which person will resign from the position(s) creating the supervisor-subordinate relationship. If a mutual decision cannot be reached, the YMCA reserves the right to terminate one or both individuals from the position(s) creating the supervisory-subordinate relationship.
 - Employees agreeing to transfer or discharge will be required to sign a statement acknowledging the mutual and voluntary nature of their decision.
- Exceptions to this policy must be approved in advance by the CEO.
 - Exceptions can include but are not limited to:

- A position where the subordinate reports to another employee at a level between the supervisor and the subordinate.
- When the subordinate reports to the supervisor for a temporary period of time.

Solicitation

The Y prohibits the solicitation, distribution, and posting of materials at all YMCA facilities by any employee. Employees may not solicit other employees or members during work times, except in connection with a Y approved or sponsored event. Employees may not distribute literature of any kind during work times, or in any work area at any time, except in connection with a Y sponsored event. The posting of materials or electronic announcements is only permitted with approval from the Director of Human Resources or CEO. Violation of this policy should be reported to the Human Resources Department or CEO. The sole exceptions to this policy are charitable and community activities supported by the Y management, YMCA-sponsored programs related to Y services or the discretion of the CEO.

Unlawful Harassment

It is the policy of the YMCA to expressly forbid any forms of harassment of employees. The term "harassment" includes but is not limited to slurs, jokes, and other verbal, graphic, or physical conduct that relates to an individual's race, color, sex, sexual orientation, religion, national origin, ancestry, place of birth, disability, veteran status, genetic information or any other category protected by law. If an employee believes that he or she has been harassed, the Complaint Process outlined below should be followed. Questions should be directed to your supervisor, the CEO or the Human Resources Director. Employees determined to have engaged in acts of harassment will be deemed in violation of this policy and appropriate disciplinary or corrective measures shall be taken as set forth in the procedures implementing this policy.

Sexual Harassment Policy

The YMCA is committed to providing a work environment that is free from sexual harassment. Such conduct is not only inappropriate in a productive work environment but is also unlawful and will not be tolerated when perpetrated by any employee, agent, contractor, member or visitor of the YMCA.

Certain conduct and comments of a sexual nature that may not amount to unlawful sexual harassment are also inappropriate in the workplace. All employees are expected to use good judgment and avoid the appearance of sexual impropriety in their dealings with other employees. Sexual harassment results from unwelcome sexual advances or visual, verbal or physical conduct of a sexual nature. This definition encompasses many forms of offensive behavior, including gender-based harassment of a person of the same sex, conduct of a sexual nature that creates an offensive, intimidating or hostile work environment; and coerced sexual conduct by a person in a position of authority in the workplace. Examples of prohibited sexual harassment include, but are not limited to:

- Unwelcome touching, sexual flirtation, advances, or propositions.
- Offering employment, promotions or other benefits in exchange for sexual favors.
- Threatening reprisals for refusing sexual advances.
- Leering; making sexual gestures; displaying sexually suggestive objects or pictures; cartoons or posters; suggestive or obscene letters, notes or invitations.
- Derogatory comments; epithets; slurs; sexual innuendo; sexual jokes; verbal commentaries about a person's body; sexually degrading words used to describe an individual.

Harassment Education

All employees are required to complete the Harassment Prevention Training, as provided by the YMCA.

Harassment Complaint Policy

The YMCA realizes that it may be difficult for employees to come forward with a complaint of discrimination, harassment or retaliation. Any employee who feels that they are being discriminated against or harassed should immediately contact their supervisor or another member of the management team. In cases of accusations against an immediate supervisor, the employee should notify another individual in the chain of association authority. In the event that the complaint involves the CEO, the employee should contact the Human Resources Director or the

YMCA of the USA local consultant. All accusations will be handled in a confidential manner. Frivolous complaints will be dealt with through the disciplinary process.

Non-Retaliation Policy

The YMCA is committed to maintaining a work environment free from retaliation for opposition to any practice declared unlawful under Title VII of the Civil Rights Act of 1964 or the Wisconsin Fair Employment Act; or because of the filing of a charge; giving testimony or assistance; or participation in any manner in any investigation, proceeding or hearing under Title VII. Discrimination based on retaliation is prohibited. When an employee has reason to believe that he or she has been subject to retaliation, the employee should report such incidents to the Human Resources Director or CEO. In the event that any complaint involves the Human Resources Director or CEO, the employee may report such incidents to the Board President. All incidents of retaliation shall be promptly investigated by YMCA. Violations of this retaliation policy will not be permitted and will result in disciplinary action up to and including discharge. Employees may also file complaints with the EEOC, regardless of whether or not they file a grievance and/or participate in the complaint procedure of the YMCA.

Grievance Policy

For the purposes of these guidelines, a grievance is a complaint or conflict over an alleged violation of an approved procedure or practice, or applicable law. An employee should first discuss any grievance with her/his immediate supervisor. If not satisfied with the supervisor's action, or if unable to approach the supervisor for reasons related to the grievance, the employee should discuss the matter with the department head. If these steps to resolve the grievance are unsuccessful, within 15 working days following the decision of the department head, the employee may request in writing a meeting with the CEO and/or the Human Resources Director to appeal the decision. Such meetings will be scheduled within 15 working days following receipt of the written request. The CEO and the Human Resources Director shall consider the employee's appeal and the CEO will render a recommendation within 15 working days of hearing the grievance. The decisions of the CEO shall be final.

Electronic Equipment Policy

All electronic communication systems provided by the YMCA, including, but not limited to, telephones, cell phones, e-mail, voicemail, pagers, two-way radios, the internet, and computer hardware and software, are the sole property of the YMCA. This includes all information transmitted by, received in or from, and/or stored on these systems. Use of the YMCA's electronic communication systems is a privilege and provided only to authorized individuals. The Electronic Equipment Policy (Addendum 2) details allowed and prohibited use of such equipment.

Cell Phone and Electronic Use Policy

The YMCA prohibits the use of cell phones, smart watches or any similar devices while at any work site unless the device is being used for work-related communication.

Under no circumstances should employees receive or place phone calls, text message, check or respond to e-mails, and/or surf the internet while driving or operating equipment.

The use of all cell phones and other electronic devices is prohibited in all YMCA locker rooms and restrooms. As a result of new technology, cell phones and other electronic devices are now available with cameras. These phones and devices provide a video image. This policy exists to protect the privacy of YMCA patrons. Employees are prohibited from creating (electronically or otherwise) photographic images of YMCA restrooms or locker rooms, unless preapproved by a member of the YMCA management team. If an employee is the recipient of a prohibited image, the employee is prohibited from sharing it, except as necessary to report it to a member of the management team.

Confidentiality

Due to the nature of the work performed, employees may have access to confidential organization, member, participant, guest, or staff information or records. While the YMCA encourages a climate of open communication, this does not apply to confidential information. Confidential information includes, but is not limited to, information of a personal, private or non-public nature. Employees are expected to safeguard the security of information that could be detrimental to the organization or individuals.

Expenses and Allowances

Reasonable expenses incurred while on approved YMCA business shall be reimbursed. Such expenses may include:

- Travel expenses, including fares, mileage, meals and lodging (within association expense guidelines).
- Conference and training events, including those related to travel, meals, lodging, and registration fees.
- Membership dues and meals in a service club, AYP or other professional society, or community organization where such membership is deemed advantageous to the YMCA's interest.

Use of YMCA credit cards for personal expenditures is expressly forbidden, even when the employee plans to reimburse the YMCA. Employees may not make, or enable volunteers, members or program participants to make, personal purchases through YMCA accounts.

Commissions

Under no circumstances shall an employee accept commissions or personal gifts, or in any manner place him/herself under obligation to current or potential vendors of the organization.

Employee Contributions

The YMCA depends upon contributions of individuals and organizations to continue its services. It is anticipated that all employees committed to the goals of the YMCA will want to contribute to the funds that make this work possible. The United Way, the Strong Kids Campaign, and Capital Campaign are highly important to the YMCA's work with people and resultant contribution to individuals and the community. Although employees are under no obligation to contribute, they are encouraged to participate in a manner in keeping with responsible citizenship and their concern for people, and to the extent which they are able. Contribution opportunities and methods will be described during initial employment meeting with Human Resources and during fund-raising events.

Communication Policy

Employees are responsible for promoting open communication and safe working conditions, raising issues as they occur and providing possible solutions. All employees are expected to use individual accountability and initiative in resolving problems. From time to time, employees have questions or concerns about their jobs that they may feel they are unable to resolve on their own. Employees with such questions or concerns should speak with their immediate supervisor. If for any reason employees feel they cannot speak directly with their immediate supervisor about the question or concern, the issue may be addressed with the next level of management or Human Resources. Employee concerns will be investigated confidentially (to the extent possible) by contacting involved parties and objectively evaluating circumstances and the information obtained. Legal counsel will be consulted by the CEO and/or Human Resources Director as deemed necessary.

Organization Audit Policies

Whistle Blower Policy/Code of Ethics, Conflict of Interest Policy, and Record Retention Policy are available for review by contacting Human Resources or the CEO.

Y Parking Lot Policy

The Stevens Point Area YMCA parking lot is for use by members who have a valid Y parking sticker while they are present in the YMCA building. All day parking is strictly prohibited. Tickets will be issued by the Stevens Point Police Department for any violations. Repeat Offenders may be ticketed and towed at owner's expense. Guests who use the parking lot must sign in at the front desk. University or overnight parking is NOT allowed. The above policy applies to Y employees. Employees who are UWSP students are permitted to park in the Y lot when they are scheduled to work a shift immediately before or after their UWSP class. This is the only time using the Y lot for UWSP parking is permitted. To allow this exception, the employee must stop at the front desk and check out a parking permit EACH time they plan to park at the Y and go to a UWSP class.

SEPARATIONS

Employment with the YMCA is employment at will. "Employment at will" means that employees may end their employment at any time for any reason; and that the employer (the YMCA) may terminate employees at any time for any reason, with or without cause. For purposes of this policy the term "separation" refers to any and all terminations of the work relationship between the employee and the YMCA, regardless of the reason for such. Separations are categorized as either voluntary or involuntary.

Voluntary Separation

Resignation:

A decision freely made and initiated by the employee, to end his or her work relationship with the YMCA. In such cases, it is recommended that notice of such decisions be provided to the YMCA on the following basis:

- Exempt Employee: 4 weeks
- Non-Exempt Employees: 2 weeks
- Retirement: 30 days
- Eligibility for rehire may be affected if recommended notice is not given
- Absence of two or more days without notification will be considered a voluntary resignation. *(See Work Schedule)*.
- Staff who are on the sub list must work at least one shift every 60 days to remain on the sub list. Failure to work one shift in 60 days will be considered a voluntary resignation. *(See Work Schedule)*.
- Final pay will be provided in accordance with the YMCA's regular pay schedule.

Retirement: Employees who are 55 or older and have worked at a YMCA for 10 years or more and wish to go through the retirement process will need to apply to the Y Retirement Fund. Information for retirement will be provided upon request.

Death

Special Notifications:

Upon learning of the death of an employee, the YMCA will notify the YMCA Retirement Fund Plan, Life/AD&D Insurance, and Disability Insurance carriers as appropriate.

Final Pay:

The YMCA will provide beneficiaries with a final paycheck in accordance with the regular compensation schedule.

Involuntary Separation

Involuntary separation is the decision, made by the YMCA, to end the work relationship with an employee. Such separations are classified as either a reduction in the work force or dismissal for cause.

Reduction in Work Force:

Involuntary separation may be imposed upon employees as a result of economic necessity, operational and/or programmatic changes, reorganization or any other reason which requires a reduction in the YMCA's work force. Employees who have been employed for at least two years will receive a minimum of 14-day notice prior to termination. The YMCA may elect to provide pay in lieu of notice.

Dismissal for Cause:

An employee may be involuntarily separated for cause. In this event, the employee will be advised of the reason for termination in writing.

Employees may be dismissed by the YMCA for their failure or inability to meet job performance standards or expectations, not following the rules of the organization or department, or other reasons that conflict with the mission, values and/or goals of the organization.

In the event that the involuntary separation involves the CEO, the President of the Board of Directors should contact the YMCA of the USA local consultant.

Progressive Discipline

Maintaining a healthy work environment requires that the supervisor and employee mutually share a clear understanding of:

- YMCA policies and procedures
- Employee's job description
- Job performance standards
- Rules of acceptable conduct
- Other expectations that a supervisor may have for the employee

Proper discipline is to be constructive - not destructive. It should strive to build and reinforce a positive employee-employer relationship. In many cases, the manner in which a supervisor disciplines is more important than the reason for the disciplinary action.

Steps:

At all times the work relationship is "at will". Progressive discipline is typically, but not always, a multi-step process. However, based on the specific circumstances involved, steps may be added or deleted from the usual progression. Disciplinary action could result in counseling statements, unpaid suspension or immediate termination. Although the YMCA is not required to follow the progressive discipline as described, typically, progressive discipline will consist of the following steps:

- Discussion of the need for improvement
 - Documentary note in employee file
- Written Counseling Statement
 - Reviewed with employee
 - Counseling Statement signed by employee, supervisor, CEO and Human Resources Director
- Final Warning
 - Reviewed with employee in conjunction with Human Resources Director
 - Counseling Statement signed by employee, supervisor, CEO and Human Resources Director
- Discharge
 - Reviewed with the employee in conjunction with the Human Resources Director
 - Statement signed by employee, supervisor, Human Resources Director and CEO

At each step in the progressive discipline process, specific behavior change expectations are communicated and review dates established. If improvement goals are not met according to the final warning, separation will occur. Separation based on work behaviors (rather than position specific skills) may apply to all current YMCA positions. Approval for separation must be obtained in advance from the CEO, the Associate Executive Director or Human Resources Director.

USE OF YMCA ELECTRONIC EQUIPMENT

Personal Use of YMCA Issued Cell Phones, Computers, Laptops and Other Electronic Equipment

No employee should have an expectation of privacy as to his or her use of a YMCA cell phone, laptop, notepad, tablet or other electronic equipment. Upon resignation, termination, or at any time upon request, the employee will be required to produce the equipment for return or inspection.

Ownership of the Cell Phone Number

For employees whose position requires a company-issued cell phone, the YMCA reserves the right to retain the phone number and/or cell phone issued by the YMCA.

Personal Cell Phone Reimbursement

Employees will not receive reimbursement for use of their personal cell phone. Employees whose position requires a cell phone will be placed on the YMCA cellular plan and upon separation will be removed from the YMCA cellular plan.

Employee Responsibilities

The Employee will be responsible for notifying the YMCA of any changes in their personal cell phone number if they decline a YMCA cell phone and number. Employees in possession of YMCA owned cell phones and other electronic equipment are expected to protect the equipment from loss, damage or theft. If the assigned equipment is lost or damaged, it must be reported to your Supervisor before authorization for new equipment can be approved.

Violations

Violation of these procedures may warrant employment action up to and including discharge, depending on the severity of the violation. Any reasonable suspicion of violation of YMCA policy should be reported to an employee's Supervisor and/or the Human Resources Department. Reports may remain anonymous as far as practical.

Electronic Equipment and Password Policy

The following guidelines are to help you in the use of YMCA electronic equipment including, telephone, fax, pagers, computers, two-way radios, voice mail and e-mail.

- All YMCA provided equipment is provided primarily for business purposes. Appropriate and reasonable personal use is permitted.
- Appropriate and reasonable use of YMCA equipment is determined solely by the YMCA and refers both to type and extent of use. Specifically excluded items include:
 - Sending or copying copyrighted materials
 - Sending chain letters or similar items
 - Sending or forwarding offensive materials
 - Gambling, pools, or other activities of chance
 - Any use of "adult" web sites or 900 access phone numbers
 - Any illegal or unlawful activity
- Only legally obtained and properly registered software may reside on any YMCA computer. No employee may add any software to YMCA computer equipment without express written consent of the YMCA. Permission to add software and/or download programs off the internet must be obtained from the Administrative Services Director PRIOR to downloading any such programs.
- The YMCA reserves the right to monitor any use of its equipment. The monitoring may be random or for apparent cause, announced or unannounced, of active communications or stored messages, of programs or data files. Anything passing through or resident in the equipment may be reviewed.
- Employees are responsible for any costs and/or fees generated by or arising from personal use of the YMCA equipment. This includes long distance toll charges, roaming, connection or access charges, personal purchases, loss, theft or damage of equipment taken off-premises for personal use.
- Misuse or abuse of personal use privileges may result in limitation or loss of use of the equipment, job suspension or termination of employment.

Password Policy

Passwords should be considered confidential data and treated with the same discretion as any of the organization's proprietary information. The following guidelines apply to the confidentiality of organization passwords:

- Users must not disclose their passwords to anyone
- Users must not share their passwords with others (co-workers, supervisors, family, etc.)
- Users must not write down their passwords and leave them unsecured
- Users must not check the "save password" box when authenticating to applications
- Users must not use the same password for different systems and/or accounts
- Users must not send passwords via email
- Users must not re-use passwords

- Users under no circumstances may log in to any YMCA device using someone else's login credentials without direct instructions from the CEO or Administrative Services Director
- Users will be notified automatically when a password change is required, which will typically be every 30 days

Since compromise of a single password can have a catastrophic impact on network security, it is the user's responsibility to immediately report any suspicious activity involving his or her passwords to the Administrative Services Director.

Any request for passwords over the phone or email, whether the request came from organization personnel or not, should be expediently reported. When a password is suspected to have been compromised the Administrative Services Director will request that the user, or users, change all his or her passwords.

DRESS CODE POLICY

As a cause driven organization strengthening the community by serving youth, teens, adults, and families, the image of the YMCA and our staff is important to our success. While recognizing the individuality of staff dress and appearance, all employees are expected to maintain a professional appearance when working at the Y. Proper dress allows staff to be instantly identifiable and to show high standards of professionalism in all areas of our facility. An employee's position and their department's activity dictate the type of clothing or uniform that is worn. The overall goal is to develop consistent attire so that all staff can be easily identified by members, participants, and co-workers.

GENERAL DRESS CODE FOR ALL DEPARTMENTS

- 1. SHIRTS:** To easily identify staff and for safety purposes, all staff should wear approved YMCA garments (staff t-shirts, polo shirts, sweatshirts, etc.) at all times. Only solid white, black, navy or grey (without writing) long-sleeved shirts may be worn underneath. Staff shirts should not be covered up by hoodies, cardigans or jackets unless they have a Y logo on them. Exceptions from the approved shirts may be made with the approval of the CEO during special events or promotions. No tank tops or blouses or shirts that are revealing. Shirts must limit the body exposure and be at an appropriate length; no midriff, stomach showing or low-cut shirts.
- 2. NAMETAGS:** Nametags/lanyards must always be worn by all employees unless wearing a badge shirt. The badge shirt must have your name written in black marker.
- 3. PANTS/SHORTS:** Solid, muted colored pants, leggings and shorts only, no prints (faint pinstripes are ok). Casual dress pants are appropriate as well as black, tan, grey or navy-blue wind pants (no sweatpants). No blue jeans, jean shorts or bibs, except on Friday's and special occasions or as dictated by specific department code. Skirts and shorts must not be more than 6" above the knee. Capris are also allowed. However, no frayed, holey pants or short shorts.
- 4. SHOES:** Shoes must always be worn. Dress-type sandals are acceptable, except for Maintenance, Fitness or Wellness Center staff. Exercise/tennis shoes (in good condition) are preferred in most areas. Water shoes, flip-flops and/or aqua shoes are only to be worn near/in the pool.
- 5. HATS:** Hats can be worn only when engaged in outdoor activities to shield the sun.
- 6. TATTOOS/PIERCINGS:** Jewelry and other accessories are permitted in moderate amounts and of minimal size. Jewelry should not be loose, dangle in such a way that it creates a safety hazard or becomes distracting to the customers served. Minimal ear piercings. Management may require that visible jewelry, body piercings, devices or body art (such as tattoos) be removed or covered for certain positions or shifts. Questionable piercings or accessories may be subject to management's discretion and dependent upon the position. No controversial or inappropriate tattoos should be visible at any time.
- 7. HAIR:** Hair must be neat, well groomed, away from the face and typically of natural colors. Questionable hairstyles (spiked hair, inappropriate shaved design, etc.) and/or colors (purple, orange, blue, etc.) may be subject to management's discretion and dependent upon positions. Hair must not be loose or dangle in such a way that it creates a safety hazard or becomes distracting to the customers being served.
- 8. GENERAL:** Clothing, hats, masks, or any attire with inappropriate graphics, language, slogans, themes or words will not be allowed and are subject to management discretion. Wearing any apparel that advertises or promotes alcohol, drug, or tobacco use or makes political, racial, sexual, or offensive statements or innuendo is strictly prohibited. Undergarments should not be visible at any time. All staff is expected to maintain a clean and professional appearance. All clothes, uniforms, hairstyle and overall appearance must be neat, clean, well-groomed, and in good taste.

ADDITIONAL REQUIREMENTS/DEPARTMENT SPECIFIC

Aquatics and Swim Team:

1. YMCA guard shirt or staff shirt.
2. Female staff are required to wear one-piece swimsuit. Male staff are required to wear boxer type swimsuit.
3. Lifeguards are always required to wear a whistle.
4. Water shoes, flip-flops or aqua shoes are permitted (shoes are not allowed on pool deck).
5. Swim Team Coaches must wear comfortable exercise clothing during practice.
6. Swim Team Coaches must wear SPDY or staff shirt during meets.

Ascension Drop-in Child Care:

1. YMCA staff shirt.
2. Must always wear Ascension name tag at all times. (No stickers on nametag)
3. Solid colored pants with no prints including leggings/yoga pants, wind pants, and jeans. NO sweatpants. Shorts are NOT allowed.
4. Must wear closed toe shoes.

Day Camp/Camp Glacier Hollow:

1. YMCA staff shirt.
2. Wear camp staff shirts the first and last day of camp and during Before and After Care in the YMCA building.
3. Tank tops and swimsuits acceptable when working around water.
4. Female staff are required to wear one-piece swimsuit. Male staff are required to wear boxer type swimsuit.
5. Baseball hats are acceptable when outside, but not in the YMCA buildings.

Drop-In Child Care:

1. YMCA staff shirt.
2. Must wear YMCA name tag. (No stickers on nametag)
3. Solid colored pants with no prints including leggings/yoga pants, wind pants, and jeans. NO sweatpants. Solid colored shorts must not be more than 6" above knee.
4. Socks or clean shoes must be worn in the Toy Room.

Fitness Instructors:

1. Appropriate exercise attire. Active-wear pants, capris, and yoga pants are acceptable in any color. Bright colors and prints are acceptable to be seen by participants in exercise classes.
2. No bra tops or exposed navel or midriff. Males must wear shirts at all times.
3. Exercise shoes must be worn except in Yoga & Pilates classes.

Group Day Care and Great Escape:

1. YMCA staff shirt.
2. Name tag must be chest high.
3. Jeans, wind pants, casual or dress pants appropriate.
4. Solid, muted colored pants with no prints including leggings/yoga pants, and wind pants are acceptable. (sweatpants are not acceptable).
5. Sweatshirts may NOT be worn over staff shirts.

Maintenance/Housekeeping:

1. YMCA staff shirt.
2. Name tag/lanyard must be worn.
3. Casual or wind pants are appropriate. Shorts may be worn but must not be more than 6" above the knee.
4. Due to nature of job, jeans are acceptable.

Member Service Desk:

1. YMCA staff shirt.
2. Name tag/lanyard must be worn.
3. Casual or wind pants are appropriate, no sweatpants.
4. No blue jeans, jean shorts or bibs. Shorts may be worn but must not be more than 6" above the knee.

Office Personnel, Management and Administration:

1. The general dress code guidelines should be followed with generally accepted business casual or business professional attire.
2. Name tag/lanyards required.
3. If the HIGH temperature for the day is below zero then you may wear blue jeans.
4. During the winter months you may wear blue jeans when you are night/weekend MOD.

Pre-School/Pre-K:

1. YMCA staff shirt.
2. Name tag/lanyard must be worn.
3. The general dress code guidelines should be followed with generally accepted business casual or business professional attire.

Sports/Adapted Rec/Gymnastics:

1. YMCA staff shirt.
2. Name tag/lanyard must be worn.
3. Sweat pants, wind pants or nylon/cotton athletic shorts are required. (shorts must not be more than 6" above the knee). (Off-site Adapted Rec. Staff may wear jeans.)

Teen Department:

1. YMCA staff shirt.
2. Name tag/lanyard must be worn.
3. Casual or wind pants are appropriate, no sweatpants.
4. Blue jeans are acceptable. Shorts may be worn but must not be more than 6" above the knee.

Wellness Center:

1. YMCA staff shirt.
2. Name tag/lanyard must be worn.
3. Sweat pants, wind pants or shorts, no blue jeans or jean shorts. (shorts must not be more than 6" above the knee). Pants and shorts must be solid colors, no prints.
4. Exercise shoes must be worn (no flip-flops or sandals).

If a potential conflict is identified, the employee will be encouraged to identify appropriate solutions such as removal of excess jewelry, covering of tattoos, transfer to alternative positions, etc. Management, Directors, Coordinators and Supervisors are responsible for enforcing the dress code and grooming standards in their areas. This includes immediately addressing, bringing questions to appropriate management's attention and/or counseling employees whose dress and/or appearance is inappropriate. Reasonable accommodation may be made for employees' religious beliefs and disabilities whenever possible to present a professional appearance to the public. Any request for accommodations should be made in writing and with the Human Resource Director.

Attire purchased by the YMCA and provided to you should be returned upon termination of employment.

NOTE: Interpretation of policy, questions, conflicts or complaints that cannot be handled by supervisors to an employee's satisfaction should be taken to the Human Resource Director. Any employee whose appearance does not meet these standards will be counseled by his/her supervisor or manager. If the appearance is unduly distracting or unsafe, the employee may be sent home to correct the problem. Repeated disregard for this dress code and grooming policy may result in disciplinary action up to and including termination of employment.

Stevens Point Area YMCA



Benefit Handbook

January 2021

STEVENS POINT AREA YMCA

BENEFIT HANDBOOK

Table of Contents

TOPIC	SECTION
Benefit Handbook: Purpose, Scope, Administration, Eligibility, Organization Definitions, Y Employment Credit	A
Paid Time Off Benefits Holidays Personal Paid-Time-Off Illness/Injury Paid-Time-Off , Disability Plans Wellness Paid-Time-Off	B
Income Supplement Benefits Insurance Plans TASC Plans	C

SECTION A

BENEFIT HANDBOOK

Purpose

The Benefit Handbook is provided to eligible full-time employees, as a supplement to the Employee Handbook. The benefits described in this Handbook are in addition to those contained in the Employee Handbook.

Scope

The Benefit Handbook is not a contract, nor is any portion of it a contract. None of the statements or policies contained in the Benefit Handbook constitutes a guaranty or contract of employment or a guaranty of any other rights or benefits. The provisions of the Benefit Handbook do not preempt or replace applicable employment laws or certificates of coverage in effect. The described benefits may be changed at any time, under the direction and approval of the Stevens Point Area YMCA Board of Directors and/or President/CEO. In the event of changes, impacted employees will be provided copies of Benefit Handbook and/or policy revisions.

Administration

The determination of the benefits and benefit providers is a joint responsibility of the Stevens Point Area YMCA Board of Directors and the President/CEO. Under the guidance of the President/CEO, the Human Resources Director is responsible for the administration of the described benefits. Refer all matters pertaining to the interpretation of specific benefits and benefit provisions to the Human Resources Director. Final interpretation of benefit policies or provisions is the responsibility of the benefit providers and/or President/CEO.

Eligibility

The benefits described in this handbook are available to full-time employees only, as defined herein. Any additional eligibility requirements applicable to specific benefits are detailed in the applicable benefit description.

Handbook Organization

The Benefit Handbook is organized according to two overall benefit categories:

- Paid Time Off
- Income Supplement

Definitions

Full-Time Employee:

Any employee regularly scheduled to work 35 hours or more per week, with an expected period of employment at that amount of hours for ten continuous months or more.

Full-Time Hire Date:

Original date of full-time employment, at any YMCA (local or national), as long as the employment since that date has been full-time and continuous.

Full-Time Service:

Cumulative years of full-time employment (based on full-time hire date), as determined on December 31 of each calendar year for the next calendar year.

Waiting Period:

Length of full-time employment that must be satisfied prior to benefit eligibility.

Effective Date:

Initial date that benefit is in effect.

Waiting Periods:

Holiday, Personal PTO and Illness/Injury PTO:

- The initial waiting period is waived for the following employees:

- The employee has satisfied the waiting period through previous Stevens Point Area YMCA full-time employment

Disability Plans:

- Waiting period is based on the provisions of the Disability Plans in effect at time of hire

Length of Service

- For employees with previous Stevens Point Area YMCA employment, the years of full-time service satisfied at time of termination or reduction in hours to part-time will be included in the length of service determination at rehire or return to full-time employment.
- Part-time employees moving to full-time will have their part-time years of service count 50% towards full time years of service to determine PTO, Sick time etc.

SECTION B

PAID-TIME-OFF BENEFITS

Paid-Time-Off is designed to give full-time employees time needed away from their usual work schedule, whether it be for holiday celebration, rest and recreation, personal responsibilities, or illness or injury recovery. For each of the following Paid-Time-Off Benefits, the determination of the benefit amount (e.g. number of hours) and earnings is based on the work schedule, position, and wage or salary in effect at time that the benefit is provided.

Flextime

Flextime is available in certain circumstances and requires advanced approval from your supervisor. The use of flextime is a privilege, not a right, and must be used within the same week. Schedules are expected to remain reasonably stable. Flex time is for employees who are overtime eligible. Employees exempt from overtime are expected to work whatever time is required to meet performance expectations of the job.

Personal Paid-Time-Off and Sick Paid-Time-Off Calculation:

Full-Time Hourly Employees: Can be taken in quarter-hour increments. If the employee is not eligible for Paid-Time-Off, the time is unpaid. Unpaid time needs to be approved in advance by your supervisor. Employees are required to work their scheduled hours and any variations need to be approved in advance by your supervisor.

Full-Time Exempt Employees: Can be taken in half- or full-day increments. If the employee is not eligible for Paid-Time-Off, the time is unpaid. Unpaid time needs to be approved in advance by your supervisor. Employees are required to work their scheduled hours and any variations need to be approved in advance by your supervisor.

Holidays

Waiting Period:

30-days from full-time hire date

Effective Date:

First paid holiday after waiting period

Benefit:

A Holiday & Building Schedule will be distributed each year. That schedule will list paid holidays for full-time staff, and holiday shifts that may be paid at 1.5 times the employee's hourly wage.

Guidelines:

- If a full-time, non-exempt employee is required to work on a paid holiday, the employee will receive time off equivalent to the number of hours worked on the holiday, to be taken within the same calendar year of the holiday (with the exception of New Year's Eve which may be carried over to the next calendar year)
- Exempt employees may float a half day if they work a half day or they may float the whole day if they work the whole day.
- If the holiday falls on a Saturday or Sunday, the holiday can be floated. It may be used the week prior to the holiday or any time after the holiday but it must be used before December 31.

- Floating holidays and holidays do not carry over to the next year and are not paid out upon separation.
- If a paid holiday falls during an employee’s scheduled Personal Paid-Time-Off, the time off will be paid as Holiday, and not counted as Personal Paid-Time-Off. Illness/Injury Paid-Time-Off cannot be substituted for Holiday pay or result in equivalent time off. In order to receive Holiday Pay, the employee must be an active employee on the date of the paid Holiday.

Personal Paid-Time-Off

Waiting Period:

Non-exempt, hourly employees: 6 months from full-time hire date

Exempt employees: 2 months from full-time hire date

Effective Date:

First of the month following completion of the waiting period

Benefit:

Personal Paid-Time-Off allowance is based on length of service and employment classification.

Continuous service, as of December 31, determines eligibility for the following year.

Allowances are stated in days and are calendar year maximums

HIRE MONTH	ELIGIBLE MONTH Calendar Year of Hire Or Calendar Year Following Hire		# DAYS ELIGIBLE Calendar Year of Hire		# DAYS ELIGIBLE Calendar Year Following Hire	
	HRLY	EXEMPT	HRLY	EXEMPT	HRLY	EXEMPT
	Jan	Aug	Apr	5	9	10
Feb	Sep	May	4	8	10	15
Mar	Oct	Jun	3	7	10	15
Apr	Nov	Jul	2	6	10	15
May	Dec	Aug	1	5	10	15
Jun	Jan	Sep	0	4	10	15
Jul	Feb	Oct	0	3	10	15
Aug	Mar	Nov	0	2	10	15
Sep	Apr	Dec	0	1	9	15
Oct	May	Jan	0	0	8	15
Nov	Jun	Feb	0	0	7	15
Dec	Jul	Mar	0	0	6	15
YEARS OF SERVICE	EXEMPT	HOURLY				
1-4 Years	15	10				
5-9 Years	20	15				
10-14 years	22	17				
15+ years	25	20				

Guidelines:

- Personal Paid-Time-Off (PTO) is to be scheduled with and approved by the employee’s supervisor. Supervisory approval of PTO scheduling is contingent on the needs of the organization, taking into account departmental staffing and activities. The supervisor has the right to deny schedule requests if such approval will be detrimental to the departments or organization’s needs and/or goals.
- Change in employment category: Available PTO will be prorated according to the number of months of full-time employment completed within each category at the time of change.
- Employees are expected to use all earned PTO during the calendar year of the benefit. Except as approved by the CEO, unused PTO cannot be carried over to the next calendar year.
- PTO may be substituted for Illness/Injury Paid-Time-Off (Sick Time) if all Sick Time has been exhausted. We have the right to request documentation of the illness or injury by a medical provider.

- Compensation is not provided in lieu of PTO nor for unearned or unused PTO at the end of the calendar year, but will be paid upon separation (retirement, voluntary or involuntary separation) as specified:
 - Occurring during proration period (defined as the year of hire or the calendar year following hire):
 - Except for dismissal for cause, prorated earned and unused PTO will be added to final pay.
 - Prorated unearned and used PTO will be deducted from final pay.
 - To determine prorated earned amount, PTO allowance or pay will be prorated to 1/12 of the earned amount times the number of months worked during the calendar year of the termination or change in category
 - Occurring after proration period:
 - Except for dismissal for cause, earned and unused PTO will be added to final pay.
 - If an employee returns to full-time employment in the same calendar year during which earned and unused Personal Paid-Time-Off has been added to final pay, no additional Personal Paid-Time-Off will be granted during that calendar year.
 - In cases of dismissal for cause, all unused Personal-Paid-Time-Off will be forfeited.
- Unpaid time-off must be approved by the supervisor and only after all applicable paid time-off benefits have been exhausted. The supervisor has the right to deny unpaid time-off requests, if such approval will be detrimental to the departments or organization's needs and/or goals.
- Personal Paid-Time-Off benefit and policies will be consistent with current state and federal statutes.

Sick Paid-Time-Off

Waiting Period:

6 months from full-time hire date

Effective Date:

The next scheduled workday immediately following the waiting period

Benefit:

Wages for up to 12 days per calendar year will be provided for absence due to illness or injury, whether arising out of the course of employment or not.

HIRE MONTH	ELIGIBLE MONTH Calendar Year of Hire Or Calendar Year Following Hire	# DAYS ELIGIBLE Calendar Year of Hire	# DAYS ELIGIBLE Calendar Year Following Hire
Jan	Jul	5	5
Feb	Aug	4	5
Mar	Sep	3	5
Apr	Oct	2	5
May	Nov	1	5
Jun	Dec	0.5	5
Jul	Jan	0	5
Aug	Feb	0	5
Sep	Mar	0	5
Oct	Apr	0	5
Nov	May	0	5
Dec	Jun	0	5

Guidelines:

- Illness/Injury Paid-Time-Off (Sick Time) is for use only in actual illnesses of the employee, spouse, dependent child or parent of the employee, and may include medical or dental appointments.
- Sick Time is not to be viewed as paid-time off to which the employee is entitled regardless of actual need.
- Sick Time not used during an eligible calendar year may be carried over to the next calendar year, to a maximum provision of 10 days per calendar year.
- Earned and carryover Sick Time may not exceed 15 days per calendar year.

- Compensation is not provided in lieu of Sick Time or for unused Sick Time at the end of the calendar year or at time of employment termination or change in employment category.
- If a terminated employee returns to full-time employment in the same calendar year as employment termination, all Sick Time used in that calendar year will be included in the calendar year total available.
- The Organization reserves the right to request from the employee a medical practitioner's certification establishing reason for the absence. Certification from the medical practitioner may also be required to establish fitness to return to work.
- Unpaid time-off must be approved by the supervisor and only after all applicable paid time-off benefits have been exhausted. The supervisor has the right to deny unpaid time-off requests, if such approval will be detrimental to the departments or organization's needs and/or goals.
- Sick Time policies will be consistent with current state and federal statutes.

Wellness Paid-Time-Off

Wellness Paid-Time-Off (WPTO) is an opportunity for full-time staff to earn up to an additional 2 days of paid-time-off for by participating in wellness activities. Activity categories completed in the current calendar year earn WPTO for the following calendar year. There are four categories of wellness activities. For each completed category you will earn ½ day of WPTO, up to a max of 2 days if all four categories are completed. For each category, the requirement to earn the ½ day of WPTO is listed. Documentation of completed categories must be submitted to Human Resources. It can be submitted as each category is completed or in a single submission. Documentation is due to Human Resources by January 5 of the year following which the WPTO is earned.

CATEGORIES OF WELLNESS:

- (1) VOLUNTEER
- (2) PHYSICAL ACTIVITY
- (3) WELLNESS ASSESSMENT
- (4) HEALTH CARE PROVIDER EXAM/APPOINTMENT

- Earned WPTO must be used by the end of the following calendar year; it does not carry over to subsequent calendar years

Disability Plans

Waiting Period:

6 months from full-time hire date

Effective Date:

First of the month following the waiting period

Benefit:

Short and Long Term Disability Plans: Premium is paid by the employer.

The specific insurance provider and benefits available under the Disability Plans are contained in the Plan Handbooks provided to eligible employees.

SECTION C

INCOME SUPPLEMENT BENEFITS

The Income Supplement Benefits include:

- Insurance Plans:
 - Medical Insurance
 - Dental Insurance
 - Life Insurance

- Retiree Medical and Dental Insurance
- Flexible Spending Account
- Health Savings Account

Insurance Plans

Waiting Period:

30 days from Stevens Point Area YMCA full-time hire date (waiting period waived if employee insured through same carrier through another Y)

Effective Date:

First of the month following the waiting period. If the plan requires employee premium contribution, deductions will begin on the first pay date of the month of the plan effective date

Benefit:

Full-time employees will be provided with detailed information relative to each of the insurance plans. This information will be provided at the following times:

- During the waiting period
- On an annual basis during the open enrollment period
- When benefit changes occur
- When life changes occur impacting employee's eligibility

The information provided will include:

- Organization/employee premium contribution percentage
- Coverage levels available (e.g. single, couple, family)
- Employee cost per pay date
- Insurance carrier
- Schedule of Benefits
- General administrative information
- Continuation of Health Coverage (COBRA) information

Upon enrollment in the plan(s), links will be provided for you to set up your account, request insurance cards, and access each plan's Summary Plan Description (SPD) and other information. The SPD is available by request to the Human Resources Director.

Employees who are 55 or older, go through the retirement process, and have worked at a YMCA for over 10 years (at least 5 of those years must be with the Stevens Point Area YMCA and consecutively leading up to the retirement date) may be eligible for Retiree Medical and/or Dental Insurance. Information for Retiree Health/Dental insurance will be provided upon request.

TASC Plans:

Flexible Spending Account (FSA)

Waiting Period:

30 days from Stevens Point Area YMCA full-time hire date

Effective Date:

First of the month following the waiting period. Deductions for account contributions will begin on the first pay date of the month of the plan effective date

Benefit:

(Section 125 Plan) Allows employee to deduct pre-tax earnings to put into an account for the payment of dependent care expenses.

Guidelines:

Full-time employees will be provided with detailed information relative to the plan. This information will be provided at the following times:

- During the waiting period
- On an annual basis during the open enrollment period

- When plan changes occur
- When life changes occur impacting employee's eligibility

The information provided will include:

- Plan administrator
- Contribution maximums
- Contribution and reimbursement schedule
- General administrative information
- Continuation of Health Coverage (COBRA) information

Upon enrollment in the plan, plan materials will be provided.

Health Savings Account (HSA)

Eligibility:

To be eligible for coverage under coverage under the HSA:

- You must be covered under a High Deductible Health Plan (HDHP)
 - HDHP: Minimum deductible of \$1,400 self or \$2,800 family
 - Two of the health plans we offer are HDHP
 - The HDHP does not need to be one of our HDHP's
- You cannot be covered under:
 - any other health plan that is not an HDHP
 - Medicare
 - an unlimited medical FLEX account
- You cannot be claimed as a dependent on someone else's taxes (claimed as spouse is acceptable)
- You and your spouse can each have an HSA if you both have HDHP coverage.
 - If you have family HPHP coverage, the maximum contribution is split equally unless you and your spouse agree on a different division

Enrollment:

- If eligible; you can enroll at any time; not limited to open enrollment dates or special enrollment periods
- You will enroll on-line. You will be provided with enrollment instructions.

Contributions:

- In addition to contributions via payroll deduction, contributions can be made by you or anyone who chooses to contribute on your behalf.
- For payroll deduction contributions, you will complete an election form and submit it to HR.
- Payroll deduction contribution amounts can be changed throughout the year.
- Payroll deduction contributions are pre-tax
- Maximum amount of contribution is determined during enrollment; contingent on HDHP

Withdrawals:

- The money in your HSA accumulates on a tax-deferred basis.
- Withdrawals for qualified medical expenses are not taxable.
- Withdrawals for reasons other than qualified medical expenses prior to age 65 are taxable and subject to a 20% penalty.
- You can request distribution any time a qualified expense has been incurred.
- Distribution options include TASC HSA card or on-line line distribution request to use funds to pay for the expense or direct deposit.
- Funds cannot be withdrawn in advance of contribution.