



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADVENTURE POOL

SEPTEMBER 7 – DECEMBER 31

YMCA Mission:

Putting Christian principles into practice by promoting youth, adult and family activities that build a healthy spirit, mind and body for all.

All children under the age of 12 must be accompanied by an adult age 18+ that is on the same membership and participating in the same activity at all times. Adult must accompany all children under 7 into the water.

Open swim:
Families are welcome to come in for open swim during designated "Open Swim" time. No reservation required *please practice social distancing

Lap Swim
Up to 2 people per lap lane

This schedule is subject to change.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:00a-8:00a Lap Swim (4) Open Swim (2)	5:00a-9:00a Lap Swim (4) Open Swim(2)	5:00a-9:00a Lap Swim (4) Open Swim (2)	5:00a-9:00a Lap Swim (4) Open Swim (2)	5:00a-8:00a Lap Swim (4) Open Swim(2)	6:00a-8:00a Lap Swim (4) Open Swim (2)
	8:00a-8:45a Lap swim (2)				8:00a – 8:45a Lap swim (2)	8:00a-12p Lap Swim (4)
	*Water Ex (4)				*Water Ex (4)	Swim Lessons (2)
		9:00a-9:45a Lap swim (2)	9:00a-9:45a Lap swim (2)	9:00a-9:45a Lap swim (2)		12p-1:30p Lap Swim (3) Open Swim (3)
		*Water Ex (4)	*Water Ex (4)	*Water Ex (4)		
	8:45a-1:00p Lap Swim (4) Open Swim (2)	9:45a-4:30p Lap Swim (4) Open Swim (2)	9:45a-4:30p Lap swim (4) Open Swim (2)	9:45a-4:30p Lap Swim (4) Open Swim (2)	8:45a-10:30a Lap swim (4) Open Swim (2)	
	1:00p – 1:45p Lap Swim (3)				10:30a – 11:15a Lap Swim (2)	
	*MS Water Ex (3)				*Water ex (4)	
	1:45p-4:30p Lap Swim (4) Open Swim (2)					
	4:30p-7:30p Lap swim (2)	4:30p-7:30p Lap swim (2)	4:30p-7:30p Lap swim (2)	4:30p-7:30p Lap swim (2)		
	Swim Lessons (4)	Swim Lessons (4)	Swim Lessons (4)	Swim Lessons (4)		
					11:15a-7:30p Lap swim (4) Open Swim (2)	

Adventure Pool closes 30 minutes prior to facility closing time.