



JOIN OUR TEAM!

DEPARTMENT/POSITION

Certified Personal Trainer

NUMBER OF OPENINGS

1

HIRING STATUS

Immediate

POSITION RESPONSIBILITIES

You will be working one-on-one with clients, discussing their goals and developing custom fitness programs based on your knowledge and expertise. While providing a fun and uplifting experience, you will be supporting and monitoring their progress, making adjustments as needed. Our clients include recreational exercisers, rehabilitation referrals, special populations, active older adults, and everything in between. Critical to your success as a Personal Trainer is the motivation, support and encouragement that you provide to your client. You will have access to our state-of-the-art Wellness Center, pools, fitness programs and other wellness areas throughout the Y to allow you to create innovative and engaging programs.



PRIMARY QUALIFICATIONS

Skills: You must have exercise or health related background with experience necessary to fulfill a fitness leadership role. The ability to organize, train, conduct and evaluate assigned programs and to communicate effectively with individuals and small groups are required.

Competencies: Most important, you must have a passion for wellness and an understanding of individual challenges with achieving wellness goals. Other critical competencies include the ability to build positive relationships, motivate clients, work independently and make sound decisions. You must exhibit the Y core values of respect, responsibility, honesty and caring.

Certifications:

Nationally recognized Personal Training Certification.

CPR w/AED and First Aid is a position prerequisite, but you are allowed 90 days post-hire to obtain.

SCHEDULE

Varies depending on client needs

Part-time position

WAGE

\$12.20 per hour depending on experience and qualifications

Includes fully-paid YMCA adult membership

ABOUT THE Y

At the Y, we work hard but have fun doing it. The Y is about youth development, healthy living and social responsibility--with emphasis on the core values of respect, responsibility, honesty and caring. Employees describe working at the Y as family-friendly, supportive, welcoming, team atmosphere, fast-paced, and meaningful. The Y offers more than just a job; it offers a cause to embrace. We are conveniently located within blocks of Downtown Stevens Point and UW-Stevens Point.

HOW TO APPLY

A fully completed Stevens Point Area YMCA Employment Application is required. Applications are available at the Member Services desk or online at www.spymca.org, JOBS tab.

INQUIRIES

Contact Amy Fox, Health & Wellness Director, at afox@spymca.org or 715-952-9303.

STEVENS POINT AREA YMCA

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