



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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Fall 2021

Dear Parents and Participants of YMCA fall gymnastic classes,

Welcome, I am looking forward to gymnastics programming the fall sessions! I am so grateful we can continue to offer programming that allows you to get out, get active, and reconnect with others. I am so excited you are joining us!

In both preschool and progressive classes, the participants will work with YMCA coaches and be introduced to level specific skills and learn the fundamentals of the sport in a positive and fun environment.

The Y is the starting point for many children learning new sports. It is the stepping-stone to becoming and staying active, as well as gaining confidence, building positive relationships, good sportsmanship, teamwork, and leadership skills that will improve your child's self-esteem. It is truly amazing to see a child learn new skills and make new friends along the way.

Gymnastic classes run September 7 - October 25 for the Fall 1 Session and October 25 - December 19 for the Fall 2 Session. Please pay close attention to the website, as this is where all the information regarding Youth Sports and Gymnastics are updated. Please be reminded that class times may change depending on registrations.

Lastly, below is our COVID information, including but not limited to; what to bring, drop off and pick up, spectators, and mask requirements.

I want to say THANK YOU to all of the participants and parents that signed their child up this session!

Kindest Regards,

Theresa Christianson,  
Youth Sports Coordinator

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## COVID INFORMATION

While the risk of Covid-19 in Wisconsin and Portage County area fluctuates, the Stevens Point Area YMCA is committed to the health and safety of our staff, members, parents and spectators.

We are asking that you adhere to the following guidelines for Gymnastics programming.

### **SYMPTOMS:**

- Please monitor your children/family for symptoms of COVID-19.
- Your child should stay home if, any symptoms are observed by the participating child or anyone within the same household as the participant.

### **MASKS:**

- Participants 5 – 11 years and older are **strongly encouraged** to wear masks at all times and in all locations of the YMCA.

### **EQUIPMENT: (What to Bring)**

- All participants are **strongly encouraged** to wear a mask. You may want to pack more than one mask to have available.
- A water bottle.
- If your child has long hair, please have hair pulled back and out of their face.
- Easy to remove shoes/clothing as the participants wait outside and are allowed in one at a time and this process takes time.

### **SPECTATORS:**

- There are NO spectator areas for classes.
- While waiting for drop off or pick up, please observe social distancing of 6 feet or more from those not in the same household and accept personal responsibility for public health guidelines.

### **CLEANING PROCEDURES:**

- Enhanced cleaning and disinfecting procedures are in place. All frequently touched items/surfaces and equipment are cleaned between classes.
- Hand sanitizer will be available and offered before, during and after each class.
- Please do not share personal items.



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## ARRIVAL/DEPARTURE:

- Participants should come to the YMCA no more than 5 minutes prior to the start of their class. You will enter the building directly through the Gymnastics Center. The Gymnastics Center Door is off Briggs Street, between the Salvation Army and the YMCA, and labeled “Gymnastics Center Pick up & Drop off.” Please follow social distancing expectations while waiting outside. There are bright orange dots to stand on and wait. No spectators are allowed to enter the Gymnastics Center at this time.



- Once the participants are inside, they will put their belongings in a cubby and then sit on a panel mat to wash their hands and feet prior to the class.
- After the class is finished, YMCA coaches will open the door and dismiss the participants one at a time for pick up.



- It is crucial that you be on time to pick up your child. Our coaches need to clean and prepare for the next class so it can start on time. Children will not be released without the visual of a parent.

### STEVENS POINT AREA YMCA

1000 Division Street, Stevens Point WI 54481  
[www.spyymca.org](http://www.spyymca.org)