



AQUATICS ARC CERTIFICATION

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Register
Online
NOW



STAFF CONTACT

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FALL AMERICAN RED CROSS CLASS OFFERINGS

LIFEGUARD TRAINING (15 YEARS & UP)

Lifeguard training courses are blended learning which will require an online component and in-person skills sessions. This course includes lifeguard training, CPR for professional rescuers, AED, and first aid. Participants must complete a prerequisite skills test which includes swimming 300 continuous yards, 2 minutes of treading water, and a timed brick retrieval. Course graduates ages 16 and older are encouraged to apply for YMCA employment. All participants will receive a PDF copy of the Red Cross Lifeguard manual and a rescue mask. **Y Staff: \$100, Y Member \$190, General Public \$285**

Class Dates	Course Schedule	Course Name	Course Location
TBD		Lifeguard full certification course- Blended learning	YMCA Training Pool

LIFEGUARD RE-CERTIFICATION TRAINING (15 YEARS & UP)

Lifeguard re-certification courses are for those who currently hold a valid lifeguard certification. These courses are blended learning which will require an online component and in-person skills sessions. Participants must complete the prerequisite skills test which includes swimming 300 continuous yards, 2 minutes of treading and timed brick retrieval. Successful completion of the review extends the individuals certification for two more years. Participants are encouraged to bring their own rescue mask if they have one. **Y Staff: \$50, Y Member \$100, General Public \$150.**

Class Dates	Course Schedule	Course Name	Course Location
TBD		Lifeguard recertification course- blended learning	YMCA Training Pool

AMERICAN RED CROSS: CPR, AED AND FIRST AID (AGES 15 & UP) - Recertification/full course

CPR/AED/First Aid courses are blended learning which will require both an online component and in-person skills session. Upon successful completion of the course, participants will be certified in CPR/AED for professional rescuers and first aid. Participants will receive a key chain rescue mask.

Y Staff: \$35, Y Member \$70, General Public \$105

Class Dates	Course Schedule	Class Name	Course Location
TBD		CPR/AED/First Aid Certification- Blended learning	

***COVID safety measures will be taken and emailed to all registered participants.**