



## **FACE MASKS ARE REQUIRED IN OUR FACILITY AT ALL TIMES AND IN ALL LOCATIONS!**

As COVID cases continue to rise in Portage County, it is more important than ever to protect the safety of our staff and members so that our YMCA can remain open to serve the needs of the community. **NOW IS THE TIME FOR PERSONAL RESPONSIBILITY.** Do not put the Y in a position to make the decision to **limit your access** if you choose not to wear a mask:

### **WEAR A MASK WHEN:**

- Walking anywhere in the Y. Entering, exiting, hallways, stairwells, locker rooms, etc.
- You are on the circuits, lifting weights, stretching or cleaning.
- Engaged in cardio exercise as well as playing racquetball and personal training.
- When using the gym for basketball, pickleball, participating in wellness classes, socializing, etc.

If you remove your mask temporarily to take a breath, step away from others and please have your mask immediately available to wear again. Wear your mask correctly, covering nose and mouth.

### **HOW WE WILL MANAGE MASK MANDATE EXEMPTIONS:**

1. Even if you meet the CDC or State guidelines for an exemption, you need to wear a mask whenever possible. Talk with the YMCA staff and we will work together.
2. If you need to catch your breath, you may lower your mask **temporarily**, but please have your mask immediately in view and available to wear again.
3. We know that wearing a mask while exercising is challenging and not ideal. It can be difficult to adjust to breathing under a mask when you are exercising, but it can be done.

### **REFUSAL TO WEAR A MASK:**

We fully support your right to not wear a mask but please understand that you do have a choice and we will support that choice:

- a. If you won't wear a mask, you will be asked to leave the YMCA.
- b. If you won't wear a mask, we will cancel your membership at your request and thank you for your support.

If we want to move past the pandemic and have a safe place to continue to positively impact our spirits, minds and bodies; we must recognize our actions impact others. Please be part of our community where we have each other's best interests at heart. **Your life or the life of someone you love depends on it.** Thank you.