



# YOUTH & RECREATION YOUTH SPORTS

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## STAFF CONTACTS

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## SESSIONS

- **FALL 2 Registration begins October 26**
- Session runs for 5 weeks **November 2 - December 12, 2020**
- No clinics the week of Thanksgiving, **November 23-29, 2020**

## COVID INFORMATION

- Please monitor your children/family for symptoms of COVID-19. Your child should stay home if any symptoms are observed within the family.
- Participants 5 years and older, **are required to wear a facemask in our facility at all times and in all locations.** For those that fall within the exemptions, you may lower your mask temporarily, but please have your masks immediately in view and available to wear again.
- Enhanced cleaning and disinfecting procedures are in place for shared equipment and will be disinfected after every clinic. Hand sanitizer will be available.
- Participants must bring their own water bottle and personal equipment. The YMCA will provide equipment upon request.
- There are NO spectator areas for clinics. While dropping off your child in the gym, please observe social distancing of 6ft or more from those not in the same household and accept personal responsibility for public health guidelines.

## YOUTH SPORTS SKILLS CLINICS

- An Informational welcome letter and roster will be made available the Wednesday before the start of the session on our website at [www.spymca.org](http://www.spymca.org) by going to the Programs Tab, Youth Sports and then clicking the Welcome Letter button.
- YMCA jerseys are mandatory for all youth sports and can be purchased (and reused) for \$15 each at the Member Services Desk.

### BASKETBALL SKILLS CLINIC (Grades K-6)

This co-ed program emphasizes the basic skill development of basketball. This 45-minute clinic will allow each participant the opportunity to learn fundamental skills such as dribbling, shooting, passing, and rebounding. Skill instruction is followed by group activities in a fun and supportive environment.

**Session runs Saturdays November 7 – December 12. Class Max: 32**

Class Name	Location	Age	Day	Start	End	Y Family Member	Y Youth Member	General Public
Basketball Clinic	North/South Gym	Grade K-1	SA	8:30 AM	9:15 AM	\$10	\$33	N/A
Basketball Clinic	North/South Gym	Grade 2-3	SA	9:35 AM	10:20 AM	\$10	\$33	N/A
Basketball Clinic	North/South Gym	Grade 4-6	SA	10:40 AM	11:25 AM	\$10	\$33	N/A

### VOLLEYBALL SKILLS CLINIC (Grades 3-6)

Bump, Set, Spike! With an emphasis on fundamentals, players have the opportunity to learn underhand serving, setting, hitting, blocking and digging and basic rules to the game in a fun and positive environment. **Session runs Fridays November 6 – December 11. Class Max: 16**

Class Name	Location	Age	Day	Start	End	Y Family Member	Y Youth Member	General Public
Volleyball Clinic	North Gym	Grades 3-6	F	5:30PM	6:30PM	\$10	\$33	N/A