



JOIN OUR TEAM!

DEPARTMENT/POSITION

Health & Wellness/Wellness Center Staff

NUMBER OF OPENINGS

Multiple

HIRING STATUS

Hiring for fall

POSITION RESPONSIBILITIES

Your most important responsibility is to build relationships with members and guests in our Wellness Center. You will accomplish this by providing personal attention, greeting members by name, and providing assistance and guidance on a proactive basis. You are responsible for conducting Wellness Center orientations, coaching clients on exercise equipment and goal setting strategies, maintaining the cleanliness of the center and equipment, and providing information about other fitness programs provided by our Y.

PRIMARY QUALIFICATIONS

Skills: Preferred experience in health and fitness and using fitness center equipment. You must have the skills and knowledge to conduct Wellness center orientations, instructing members on the use of all equipment, proper strength training and cardio principles and techniques.

Competencies: Most important, you must have a passion for wellness, an understanding of individual challenges with achieving wellness goals, and strong relationship building skills. You must be able to effectively present information and respond to inquiries at an individual or small group level. Other critical competencies include initiative, motivational and problem-solving skills, and the ability to maintain confidentiality. You must exhibit the Y core values of respect, responsibility, honesty and caring.

Certifications: CPR w/AED and First Aid is a position prerequisite, but you are allowed 90 days post-hire to obtain.

Age: Minimum age is 18

SCHEDULE

Variety of shifts available

WAGE

\$8.00 per hour; Includes fully paid YMCA adult membership. Onsite child care available.

ABOUT THE Y

At the Y, we work hard but have fun doing it. The Y is about youth development, healthy living and social responsibility--with emphasis on the core values of respect, responsibility, honesty and caring. Employees describe working at the Y as family-friendly, supportive, welcoming, team atmosphere, fast-paced, and meaningful. The Y offers more than just a job; it offers a cause to embrace. We are conveniently located within blocks of Downtown Stevens Point and UW-Stevens Point.

STEVENS POINT AREA YMCA

1000 Division Street, Stevens Point WI 54481

P 715 342 2980 F 715 342 2987 www.spymca.org

HOW TO APPLY

A fully completed Stevens Point Area YMCA Employment Application is required. If you are a student, a school schedule is also required. Applications are available at the Member Services desk or online at www.spymca.org/employment.

INQUIRIES

Contact Mandy Reeves, Human Resources Director, at mreeves@spymca.org or 715-952-9362.