



DEAR YMCA MEMBERS AND STAFF:

Thank you for being a valued Stevens Point Area YMCA member. You are why we do what we do every day, so I wanted to personally reach out to you regarding the current COVID-19 (novel coronavirus) situation. As the COVID-19 pandemic continues to develop, please be assured we are monitoring the situation very closely. The health and safety of our members, participants and staff continues to be our top priority.

This communication is intended to provide information related to how the Stevens Point Area YMCA plans to proceed in the coming weeks with the most recent information released regarding COVID-19. As you know, this is a rapidly changing situation so our plans can and will change as well. Please continue to follow our website and social media outlets for the most up-to-date information possible.

We have learned that one of the main ways to stay protected is to practice "social distancing". This is the concept of creating physical distance between people and reducing congestion in dense settings. Since the YMCA is a very social environment, often with congestion and dense settings, effective immediately, we are modifying our YMCA operations to keep our YMCA members, participants, staff, and the greater community healthy and safe:

1. Our YMCA facility will remain open unless the following triggers occur:
 - A confirmed case of COVID-19 has been identified from someone who was in our YMCA facility.
 - We are mandated to close by a government or health agency.
2. Based on staffing availability, some areas may have to close due to staff shortages. Call the YMCA for the most accurate facility schedules - 715.342.2980.
3. We have suspended all classes that include our most vulnerable populations including Adapted Recreation/Special Olympics, LiveStrong, Diabetes Management and Multiple Sclerosis water classes.

4. Our Sauna and Steam Rooms will be closed until further notice.
5. We have implemented an every-other-piece of cardio equipment usage in our wellness center to maintain distance between exercisers.
6. Day Passes/Guest Passes will not be sold or allowed until further notice.
Current members will only be allowed access to the YMCA.

AS PLANNED FOR THE WEEK OF MARCH 15-22 (SPRING BREAK WEEK):

AQUATICS

~**Swim Lessons will be held on Sat, Mar 14 and Sun, Mar 22.**

(No swimming lessons Mar 16-21)

~**Swim Team** practices have been cancelled

CHILDCARE/4K/PRESCHOOL (EARLY EDUCATION CENTER)

~**No Licensed Childcare** Monday-Friday, March 16-20

DROP-IN CHILD CARE will be open regular hours

GYMNASTICS

~**Gymnastics Meet** has been cancelled for March 14 and 15

~No **Little Dancers** Friday, March 20

~No **Gymnastics Classes** March 16-22

~**Gymnastics Team practice** remains the same

~No **Family Open Gyms** March 14 or 21

SPORTS

~No **Kick Start Soccer** and No **Youth Basketball** - Sat, March 14 or 21

~No **Gaga** Fri, March 20

TEENS

~All **Parents Night Out** events have been cancelled

~No **Teen Night** Saturday, March 14 or 21

WELLNESS

~No **FEE-BASED SESSION CLASSES** will run March 14 - March 22

~**Free Group Fitness Classes** will run as scheduled March 14-22

STARTING MARCH 22 THROUGH APRIL 12:

1. As of today, all classes, programs and our Early Education Center will be running as scheduled the week of March 22 however, this could change over the next week. Continue to watch our website and social media outlets for any changes to this plan.
2. With the Stevens Point Area School District closing their facilities the week of March 22 and canceling all before and after school activities, **INCLUDING** community use of district facilities through April 12, we are **unable** to accommodate Before and After School Childcare programs (Great Escape) either at the schools or at the YMCA facility. This will be continuously monitored and modified if the school make any changes to this policy or their schedule.
3. We will be suspending the admittance of youth member's, ages 5-18 years, into the YMCA facility during normal school hours (8AM-3PM Monday - Friday)

starting March 22 and continuing until schools are in full session again. The only exception is if students are accompanied by a parent in the facility as part of a family or single parent family membership.

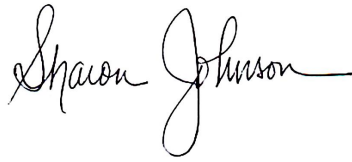
In addition, here are some reminders, precautions and actions that we have already initiated:

1. YMCA staff that are ill are not to come to work or will be sent home and asked to stay out of work until they are symptom free.
2. We are asking YMCA members who may be ill to stay home and return to the Y when they are symptom free.
3. As has been the YMCA's policy, children in our Early Education Center are required to stay out of school a minimum of 24 hours after being deemed symptom free.
4. Hand sanitizer stations are available throughout the facility, while supplies are available.
5. We are asking all members to clean equipment BEFORE and AFTER workouts, with the antibacterial wipes that we provide.
6. Our staff will be ramping up the cleaning of all touch points including doors/handles, light switches, countertops, table tops, equipment, handles, weights, etc. Childcare staff have added additional cleaning procedures to their daily routines as well.
7. Hygiene reminder posters have been displayed in high traffic locations and all restrooms.
8. Hand washing remains the most effective method of preventing the spread of germs, including COVID-19. Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing or sneezing.
9. Frequent hand washing is encouraged and practiced throughout our programs by staff and children.

While no one can predict with certainty whether the United States will be severely impacted by COVID-19, we are monitoring the situation and preparing for the possibility that our daily programs and routines could be temporarily impacted if the situation significantly worsens. I assure you, every decision we make will be for the best interests of everyone and we will do our best to keep you updated with information and changes as they develop. If you are not comfortable with the current plans of operation, please use your own judgement on coming to the YMCA or choosing not to until this situation improves.

Thank you for your patience, understanding and positive support as we all work through this situation together.

Sincerely,



Sharon Johnson

CEO

Stevens Point Area YMCA

See what's happening on our social sites

