

Hosted by:

Aging & Disability Resource
Center of Portage County

Lincoln Center
1519 Water Street
Stevens Point, WI 54481

When:

2nd Wednesday—every month

Time:

10:30 a.m.—12:00 p.m.
(noon)

Cost:

FREE—donations are
accepted

To sign up, or for more
information, please contact:

Barb Evans—715-346-1401

OR

Mark Neilitz—715-204-1819

Our Community



*Memory
Café...*

...for the fun of it!

What is a Memory Café?

Memory Cafés are for those experiencing early stage dementia, mild memory loss, or cognitive impairment—accompanied by their care partners, family, or friends. It is a great opportunity to participate in regular, enjoyable social interaction with others in similar circumstances in a safe, welcoming environment.

Who is in charge?

The *Our Community Memory Café* is overseen by dementia-trained volunteers, including those with nursing, social work, physical therapy, and other backgrounds.

What is the cost?

There is NO COST to participants. The *Our Community Memory Café* is supported by local volunteers and community organizations.



Do I have to sign up?

While you and your care partner are welcome to simply stop in, we would like to hear from you! It will help us plan for seating, name tags, refreshments, activities, and door prizes.

What activities are planned?

Sing-alongs, story creations, painting, games, field trips, conversation, and more!

Our Mission:

To provide a safe, comfortable, engaging environment where people with memory loss and their care partners can laugh, learn, and remain socially connected with others traveling the same journey.