



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ALL BETTER TOGETHER

SUCCESS STORIES

Maria Brookins – October 2011



**“We also glory in our sufferings, knowing that tribulation produces perseverance; and perseverance, character; and character, hope.” ~
the Apostle Paul**

Maria is the devoted wife of Berea Baptist Church Pastor Corey Brookins and humble mother of four boys, Silas, Levi, Keenan, and Judah, all under the age of 7. Over the past three years they have enjoyed activities like swimming, flag football, soccer, basketball, and 4K. They try to get to the Y at least 3 times a week, “The Y offers a great place for the family to come and be refreshed and strengthened.

Our kids are safe and we can rest knowing that they will be encouraged to play well with others and meet new friends. The Y is my emergency place to come when I am overwhelmed. I am able to pray and get a better perspective.”

She serves as an inspiration to women who try to carve out time in an already hectic schedule for God, family, and exercise, “Exercise for me is a spiritual experience. I am able to use the physical challenge as a reminder of life challenges. When I feel like I just can’t go on I know that I am equipped with the strength I need to keep going. I realize that Faith and our belief system is the most important aspect of our lives. If we have no hope we have no motivation.”

Maria is diligent about being committed to her faith, “If you see any success in my life it is due to the glory and praise of the Lord. He is what gives me purpose and Hope and I could never thank Him enough for what He has done for me.” She has chosen to live her life as an expression of gratitude, “I try to live and love according to the strength He offers me. He is perfect love and that is what motivates me to succeed.”

In her pursuit of improving and maintaining health, she has made many new friends and has lost that dreaded “baby weight” and looks forward to more adventures as the boys get older.

It is evident for many that with God’s help we can achieve what our minds can conceive.

Maria plans to, “Live life to the fullest and give the Lord my best regardless of what comes my way.”