

The Longest Day

Entry Form

Team Name _____

Member 1

Name _____

Please Print

Address _____

City _____

State _____ Zipcode _____

Phone (____) ____ - ____

Y-Member Yes No

Member 2

Name _____

Please Print

Address _____

City _____

State _____ Zipcode _____

Phone (____) ____ - ____

Y-Member Yes No

Cost

\$75.00 per team with one Y-Member

\$95.00 per team General Public

Registration Deadline: June 5, 09

Mail registration forms to:

Stevens Point Area YMCA-The Longest Day
1000 Division Street
Steven Point, WI 54481

Please make checks payable to the YMCA.

Non-Profit Org.
U.S. Postage
PAID
Stevens Point,
WI 54481
Permit No. 33

Stevens Point Area
YMCA
1000 Division Street
Stevens Point, WI 54481
Phone: 715.342.2980
Fax: 715.342.2987

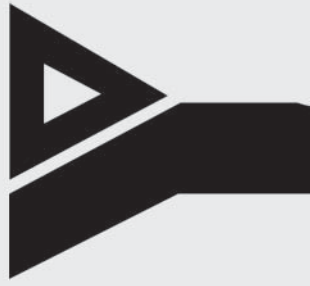


The Longest Day

The

Longest

Day
June 13, 2009





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Want to be on the Survivor or The Amazing Race, but don't have the time?

Here is your chance to see if you really DO have what it takes to be on reality TV.

- Beginning at 8:00 a.m. and running non-stop until 6:00 p.m., you will bike, run, walk, paddle, problem solve, eat, drink, and sing (?) your way to the finish mat.
- Teams of two must consist of at least one adult, and all participants must be at least 15 years of age.
- Parent and child teams are encouraged to participate.

Cost

Cost is \$75.00 per team of two if one of your team members is a YMCA member. \$95.00 if neither team member is a Y member.

What to Bring?

- Bicycle
- Bike Helmet
- Small Backpack
- Swim Suit
- Change of Clothes
- Sense of Adventure
- No Cell Phones
- No Money
- No Maps



What to Expect?

- The Longest Day is a fun event, based on the currently popular reality shows, but on a much smaller scale. It is geared toward the amateur athlete and should not be confused with an ironman style event.
- Contestants should be ready for a variety of physical, mental, and emotional challenges including biking, running or walking, problem solving, scavenger hunts and more.
- Although no swimming is planned for the event, contestants will spend some time in and around water. Flotation devices will be provided at necessary times.
- Contestants must be at The Stevens Point Area YMCA, checked in by 7:45 a.m.
- The day ends with a celebration cookout around the campfire.

The Waiver

I understand that there are risks of injury or death inherent in this challenge event; that injuries are a common and ordinary occurrence in this sport; that death may result from these and other risks; and that I freely assume responsibility for all such risks of injury or death, including but not limited to those presented by the design of the course, all other conditions of the course, as well as those created by participant activity, first aid, or rescue operations and course conditions.



In consideration of being permitted to participate in The Longest Day, I agree to assume full legal and financial responsibility for my participation.

I voluntarily indemnify and hold harmless the Stevens Point YMCA and all organizers and coordinators, from any liability or loss, costs or expenses (including attorney fees) arising out of my participation in the event. I further agree to hold harmless and indemnify event sponsors and participants and all other associated parties.

Member 1

Printed Name _____

Signature _____

Parent's Signature _____

(If Under 18)

Date _____

Member 2

Printed Name _____

Signature _____

Parent's Signature _____

(If Under 18)

Date _____