

- **Excellent Job (E):**
Has excelled in areas that are beyond the level expected in regards to age group.
- **Improving (I):**
Is improving at an acceptable rate for age group level.
- **Still Working (S):**
Work is needed in this area.

Skill	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Throws 5 yards							
Throws 10 yards							
Throws 15-20 yards							
Catch from 5 yards							
Catch from 10 yards							
Catch from 15-20 yards							
Kick 5 yards							
Kick 10 yards							
Kick 15-10 yards							
Passing accuracy							
Defensive pressure							
Following the ball							
Understanding of positions							
Communication							
Speed & agility							
Following directions							

