

The Lactic Edge Triathlon 2010

Overall Results

July 10, 2010

Results for The Lactic Edge Triathlon 2010 in Stevens Point, WI

Teens

Place	Name	Bib No	Age	Gender	----- Swim-----			----- Bike-----			----- Run-----			Time Back	Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace		
1	Joe Sieg	611	16	M				1	16:26.1	3:47	3	9:51.9	7:11		26:18.0
2	Alexandra Lorenz	605	13	F				2	17:16.2	3:58	6	10:15.7	7:29		27:32.0
3	Morgan Kuphal	616	12	M				3	19:39.7	4:31	8	10:30.2	7:40	3:51.8	30:09.9
4	Justin Lorenz	606	13	M				5	21:09.1	4:52	1	9:06.9	6:39	3:58.0	30:16.0
5	Sam Peters	608	15	M				7	21:27.8	4:56	4	10:10.5	7:25	5:20.3	31:38.3
6	Corbin Scholz	610	15	F				4	20:50.4	4:47	9	11:07.5	8:07	4:25.9	31:57.9
7	Tylynn Filiptak	602	15	F				9	22:56.2	5:16	2	9:24.6	6:52	4:48.9	32:20.9
8	Isabella Weiss	618	16	F				6	21:21.3	4:54	10	11:09.2	8:08	4:58.5	32:30.5
9	Michael Storch	617	15	M				8	22:01.9	5:04	12	13:10.4	9:37	8:54.2	35:12.3
10	Quinton Peters	607	14	M				11	24:00.6	5:31	11	11:40.2	8:31	9:22.8	35:40.9
11	Payton Tepp	614	15	F				13	26:08.9	6:00	5	10:12.4	7:27	8:49.2	36:21.3
12	Heather Wiza	613	15	F				10	23:05.7	5:18	13	13:20.9	9:44	8:54.6	36:26.6
13	Kaitlyn Hintz	615	15	F				14	26:10.5	6:01	7	10:19.6	7:32	8:58.1	36:30.1
14	Ashley Sapieja	609	16	F				12	24:43.0	5:41	14	13:35.5	9:55	10:46.5	38:18.5
15	Melissa Weller	612	19	F				15	28:22.0	6:31	15	16:49.7	12:16	17:39.7	45:11.7

Individuals, Athena/Clydesdales and Relay Teams

Place	Name	Bib No	Age	Gender	----- Swim-----			----- Bike-----			----- Run-----			Time Back	Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace		
1	Mark Beversdorf	625	36	M	17	7:02.0	22:41	3	43:22.4	2:25	1	16:16.5	5:23		1:06:40.9
2	David Lyon	457	48	M	22	7:14.6	23:20				237	1:00:11.8	19:56	0:45.4	1:07:26.4
3	Kenneth Laczowski	264	29	M	13	6:56.7	22:22	2	42:50.5	2:24	5	18:50.2	6:14	1:56.5	1:08:37.5
4	Derek Jones	369	36	M	37	7:38.7	24:37	5	45:02.1	2:31	14	20:40.7	6:51	6:40.6	1:13:21.6
5	Chris Franson	626	39	M	56	8:19.7	26:50	4	44:28.3	2:29	16	20:44.8	6:52	6:51.9	1:13:32.9
6	Mark Meyer	460	45	M	14	6:57.0	22:25	8	45:31.9	2:33	20	21:12.3	7:01	7:00.3	1:13:41.2
7	Jeffrey Lawrence	622	24	M	35	7:34.5	24:25	7	45:17.7	2:32	19	21:09.4	7:00	7:20.7	1:14:01.6
8	Mike Jovanovich	621	52	M	68	8:40.1	27:57	6	45:04.9	2:31	11	20:25.0	6:46	7:29.1	1:14:10.1
9	Greg Werner	627	43	M				54	53:48.3	3:00	33	21:55.1	7:15	9:02.5	1:15:43.5
10	Maria Osowski	623	26	F	27	7:22.9	23:46	11	46:43.2	2:37	43	22:29.2	7:27		1:16:35.4
11	Scott Kuehn	628	48	M	29	7:28.0	24:05	10	46:40.0	2:37	44	22:30.4	7:27	9:57.4	1:16:38.4
12	Nicholas Nigro	422	40	M	70	8:44.5	28:10	9	46:19.3	2:35	27	21:37.8	7:09	10:00.7	1:16:41.7
13	Andrew Steele	231	22	M				65	54:42.9	3:03	40	22:15.2	7:22	10:17.2	1:16:58.2
14	John Lorenz	414	42	M	23	7:17.1	23:30	13	48:18.8	2:42	23	21:22.5	7:05	10:17.5	1:16:58.4
15	David Pieper	222	20	M	116	9:46.2	31:30	14	48:32.0	2:43	3	18:43.0	6:12	10:20.3	1:17:01.2
16	Matthew Oetken	380	38	M	10	6:54.1	22:15	15	49:35.7	2:46	13	20:33.0	6:48	10:21.9	1:17:02.8
17	Jackson Powell	267	26	M	4	6:27.5	20:48	17	49:49.4	2:47	17	20:47.4	6:53	10:23.5	1:17:04.4
18	Weitzer / Janicki / Weitzer	673	53	M	42	7:52.1	25:23	1	42:41.8	2:23	133	27:28.8	9:06	11:21.8	1:18:02.7
19	David Mabeus	416	43	M	11	6:56.1	22:22	19	49:56.6	2:47	24	21:25.0	7:05	11:36.8	1:18:17.8
20	Team Try Tri Again	671	27	M	88	9:09.8	29:31	26	50:35.1	2:50	2	18:37.8	6:10	11:41.8	1:18:22.8
21	Steve Schmidt	464	49	M	16	7:01.3	22:38	24	50:21.2	2:49	39	22:10.3	7:20	12:51.9	1:19:32.8
22	PheasantPines.com	667	17	F	123	9:52.2	31:50	12	48:14.1	2:42	25	21:35.8	7:09	3:06.7	1:19:42.1
23	Zach Esselman	210	19	M	105	9:33.1	30:48	25	50:23.3	2:49	7	19:51.9	6:34	13:07.4	1:19:48.4
24	Jake Barnes	501	52	M	79	8:59.1	28:59	22	50:15.0	2:49	21	21:13.1	7:02	13:46.2	1:20:27.2
25	Kristin Madl	329	30	F	20	7:06.5	22:54	33	51:46.9	2:54	31	21:46.3	7:12	4:04.4	1:20:39.8

The Lactic Edge Triathlon 2010

Place	Name	Bib No	Age	Gender	----- Swim -----			----- Bike -----			----- Run -----			Time	Total
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Back	Time
26	Negaard/ Oberthaler / Shurbert-Hezel	666	13	M	47	8:03.4	25:58	44	53:12.0	2:58	6	19:27.8	6:26	14:02.2	1:20:43.2
27	Frickricky Vigilance	660	30	M	132	9:59.5	32:12	20	50:11.1	2:48	15	20:41.4	6:51	14:11.2	1:20:52.1
28	Tracy Lorenz	415	40	F				107	58:03.0	3:15	51	23:00.1	7:37	4:27.7	1:21:03.1
29	Gearoid Sexton	466	45	M	45	8:01.5	25:52	18	49:52.8	2:47	56	23:15.6	7:42	14:29.1	1:21:10.0
30	Mark Thout	387	39	M	98	9:26.5	30:26				238	1:11:51.2	23:47	14:36.9	1:21:17.8
31	Dalton Scott	228	19	M	39	7:41.1	24:47	35	51:57.8	2:54	30	21:43.5	7:11	14:41.5	1:21:22.5
32	Halle Veenstra	430	42	F	61	8:26.1	27:12	21	50:13.4	2:48	53	23:05.6	7:39	5:09.9	1:21:45.3
33	Keith Marks	373	39	M	3	6:20.8	20:26	50	53:31.3	2:59	34	21:56.7	7:16	15:07.9	1:21:48.8
34	Nathan Campbell	205	23	M	160	10:31.3	33:55	30	51:05.1	2:51	9	20:12.4	6:41	15:07.9	1:21:48.9
35	Ben Creagh	254	26	M	34	7:34.3	24:25	27	50:43.2	2:50	66	23:46.0	7:52	15:22.7	1:22:03.7
36	Marla Meyer	461	46	F	51	8:07.0	26:11	16	49:45.3	2:47	83	24:39.6	8:10	5:56.6	1:22:32.0
37	Robert Daniels	509	57	M	72	8:45.9	28:14	34	51:57.1	2:54	42	22:18.2	7:23	16:20.3	1:23:01.2
38	Kevin McCabe	459	49	M	30	7:29.5	24:08	51	53:39.5	3:00	41	22:16.6	7:22	16:44.7	1:23:25.6
39	Betsy Barrett	401	44	F	5	6:35.8	21:14	76	55:14.0	3:05	28	21:38.4	7:10	6:52.9	1:23:28.3
40	Casey Hopp	261	29	M	109	9:37.2	31:01	73	55:08.1	3:05	4	18:45.5	6:13	16:50.0	1:23:30.9
41	Kris Barnes	502	52	F	74	8:47.5	28:20	36	52:23.4	2:56	45	22:32.5	7:28	7:08.0	1:23:43.4
42	Patrick Hubert	277	26	M	6	6:41.8	21:34	40	52:51.4	2:57	77	24:26.7	8:05	17:19.1	1:24:00.0
43	Philip Holloway	766	35	M	18	7:03.3	22:45	39	52:50.9	2:57	75	24:15.0	8:02	17:28.3	1:24:09.3
44	Timothy Zywicki	529	50	M	44	7:58.3	25:42	28	50:55.8	2:51	94	25:25.5	8:25	17:38.6	1:24:19.6
45	Will Klein	217	20	M	32	7:32.6	24:18	66	54:47.2	3:04	38	22:07.1	7:19	17:46.0	1:24:26.9
46	Tony Dash	209	22	M	21	7:09.5	23:04	77	55:20.0	3:06	35	22:00.5	7:17	17:49.1	1:24:30.0
47	Matthew Henke	259	25	M	85	9:06.5	29:21	48	53:22.4	2:59	37	22:04.7	7:18	17:52.7	1:24:33.6
48	Michael Horst	278	29	M	59	8:24.4	27:06	47	53:17.7	2:59	57	23:19.4	7:43	18:20.7	1:25:01.6
49	Tim Smith	429	40	M	38	7:40.7	24:44	37	52:27.2	2:56	88	25:05.3	8:18	18:32.3	1:25:13.2
50	Kevin Odonnell	423	42	M	150	10:20.9	33:20	31	51:40.0	2:53	59	23:27.5	7:46	18:47.6	1:25:28.6

Place	Name	Bib No	Age	Gender	----- Swim -----			----- Bike -----			----- Run -----			Time	Total
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Back	Time
51	Kari Heyn	327	33	F	12	6:56.3	22:22	90	55:57.3	3:08	46	22:36.5	7:29	8:54.9	1:25:30.3
52	Keely Rubash	225	20	F	95	9:18.4	30:00	91	56:11.0	3:08	10	20:15.8	6:42	9:09.8	1:25:45.2
53	Ben Bluhm	251	28	M	65	8:30.4	27:25	45	53:17.1	2:59	71	24:01.0	7:57	19:07.7	1:25:48.7
54	Becky Eddy	363	36	F	1	4:33.6	14:41	89	55:55.9	3:08	93	25:21.9	8:24	9:16.0	1:25:51.4
55	Stephen Faris	511	53	M	91	9:12.1	29:41	23	50:20.7	2:49	115	26:23.8	8:44	19:15.6	1:25:56.6
56	Jeff Campbell	451	47	M	54	8:16.5	26:40	46	53:17.2	2:59	81	24:35.6	8:08	19:28.5	1:26:09.4
57	Tom Houting	514	57	M	168	10:43.2	34:34	83	55:35.5	3:06	8	20:02.4	6:38	19:40.3	1:26:21.2
58	Michael Gilliland	512	50	M	155	10:27.4	33:43	38	52:30.4	2:56	58	23:26.9	7:46	19:43.7	1:26:24.7
59	Shaun Morrow	775	42	M	2	6:01.9	19:25	64	54:41.2	3:03	103	25:51.5	8:34	19:53.7	1:26:34.7
60	Dennis DeNuccio	510	58	M	119	9:49.0	31:40	56	53:50.6	3:01	55	23:07.2	7:39	20:06.0	1:26:47.0
61	Molly Sygulla	232	21	F	19	7:04.0	22:48	75	55:13.5	3:05	79	24:33.1	8:08	10:15.2	1:26:50.6
62	Dennis Reckelberg	223	23	M	118	9:48.8	31:37	43	53:10.7	2:58	69	23:56.9	7:55	20:15.6	1:26:56.5
63	Eric Olson	221	23	M	154	10:26.8	33:39	41	52:57.9	2:58	64	23:35.6	7:49	20:19.4	1:27:00.4
64	Nichelle Rubash	226	20	F	73	8:46.7	28:17	104	57:05.1	3:11	22	21:16.3	7:03	10:32.8	1:27:08.2
65	Stephen Saunders	385	37	M				130	1:00:23.6	3:23	121	26:45.6	8:51	20:28.3	1:27:09.2
66	Sarah Riley	335	32	F	108	9:36.6	30:58	63	54:41.1	3:03	49	22:54.4	7:35	10:36.8	1:27:12.2
67	Chris Conrad	452	49	M	103	9:29.0	30:35	32	51:45.0	2:54	114	26:21.1	8:44	20:54.2	1:27:35.2
68	Susan Moran	419	42	F	67	8:38.3	27:51	59	54:07.1	3:01	85	24:56.9	8:15	11:07.0	1:27:42.4
69	Alex Rubash	224	23	M	101	9:28.2	30:32	60	54:08.0	3:02	73	24:06.9	7:59	21:02.2	1:27:43.2
70	Catherine Phillips	425	41	F	83	9:05.4	29:18	97	56:41.8	3:10	36	22:02.5	7:18	11:14.3	1:27:49.7
71	Melissa Matteson	331	33	F	169	10:43.3	34:34	52	53:40.6	3:00	60	23:28.1	7:46	11:16.7	1:27:52.1
72	John McDowell	516	61	M	84	9:06.3	29:21	61	54:36.6	3:03	76	24:15.1	8:02	21:17.1	1:27:58.1
73	Robert Schultz	337	31	M	152	10:23.1	33:30	62	54:38.9	3:03	50	22:59.2	7:37	21:20.4	1:28:01.4
74	Kyle Ferg	211	22	M	134	10:01.0	32:19	80	55:30.3	3:06	48	22:50.9	7:34	21:41.3	1:28:22.3
75	Ann Shefchik	338	33	F	94	9:17.0	29:57	105	57:21.2	3:12	32	21:52.6	7:14	11:55.4	1:28:30.9

Place	Name	Bib No	Age	Gender	----- Swim -----			----- Bike -----			----- Run -----			Time	Total
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Back	Time
76	Edwards / Foreman / Morton	658	20	F				162	1:03:14.1	3:32	97	25:30.9	8:27	12:09.6	1:28:45.0
77	Melissa Popp	333	34	F	111	9:39.8	31:08	58	54:04.3	3:01	87	25:01.0	8:17	12:09.8	1:28:45.2
78	Andrea Kolitsch	155	17	F	8	6:48.3	21:56	93	56:21.7	3:09	101	25:38.4	8:29	12:13.1	1:28:48.5
79	Tim Benn	402	41	M	66	8:31.7	27:28	42	53:04.7	2:58	134	27:31.3	9:07	22:26.8	1:29:07.8
80	Jacqueline Gajewski	454	48	F	99	9:27.0	30:29	70	54:59.9	3:04	86	24:57.0	8:16	12:48.7	1:29:24.1
81	Gary Neyer	421	44	M	48	8:04.4	26:01	53	53:43.0	3:00	135	27:37.2	9:09	22:43.7	1:29:24.7
82	Daniel Goeckermann	257	29	M	164	10:36.1	34:12	71	55:02.4	3:05	68	23:52.5	7:54	22:50.1	1:29:31.0
83	Joseph Boersma	252	27	M	25	7:21.5	23:43				241	1:22:48.1	27:25	23:28.7	1:30:09.7
84	J.p. Heyn	765	33	M	191	11:44.2	37:51	55	53:49.5	3:00	82	24:39.1	8:10	23:31.9	1:30:12.8
85	Kate Garsombke	325	31	F	97	9:25.6	30:23	69	54:56.0	3:04	110	26:02.3	8:37	13:48.6	1:30:24.0
86	Roman Hribal-Kornilowicz	154	18	M	26	7:22.1	23:46	120	59:38.8	3:20	61	23:29.4	7:47	23:49.5	1:30:30.4

The Lactic Edge Triathlon 2010

87	Nicholas Rasmussen	334	31	M	75	8:47.7	28:20	57	53:54.6	3:01	140	27:55.5	9:15	23:56.9	1:30:37.9
88	SAINTS	669	42	F	183	11:15.8	36:17	78	55:21.2	3:06	70	24:01.0	7:57	14:02.7	1:30:38.1
89	Michelle Guyant-Holloway	367	36	F	71	8:44.6	28:10	67	54:53.5	3:04	128	27:06.2	8:58	14:08.9	1:30:44.3
90	Kelsey Corrigan	207	24	F	24	7:19.6	23:36	110	58:17.7	3:15	91	25:20.0	8:23	14:22.0	1:30:57.4
91	Hannah Mixdorf	220	19	F	64	8:27.5	27:15				240	1:22:41.6	27:23	14:33.7	1:31:09.1
92	Bobby Tran	272	25	M	148	10:17.8	33:10	84	55:41.7	3:07	100	25:32.7	8:27	24:51.3	1:31:32.3
93	John Todd	525	55	M	31	7:31.1	24:15	87	55:54.8	3:07	145	28:10.3	9:20	24:55.3	1:31:36.3
94	Tiffany Seubert	269	27	F	87	9:07.9	29:25	103	57:03.7	3:11	95	25:26.0	8:25	15:02.3	1:31:37.7
95	Dave Olson	381	39	M	171	10:50.0	34:57	88	55:55.8	3:08	84	24:55.3	8:15	25:00.3	1:31:41.2
96	Beth Wright	276	27	F	124	9:53.1	31:53	81	55:30.5	3:06	113	26:18.5	8:43	15:06.7	1:31:42.1
97	John Honish	767	22	M	55	8:19.2	26:50	72	55:07.1	3:05	150	28:26.1	9:25	25:11.5	1:31:52.4
98	Cristin Kowalski	262	26	F	142	10:12.2	32:54	92	56:21.5	3:09	92	25:21.4	8:24	15:19.7	1:31:55.1
99	Robert Rosenfield	519	56	M	202	12:06.4	39:02	49	53:29.8	2:59	116	26:25.9	8:45	25:21.2	1:32:02.1
100	Todd	675	28	F	125	9:53.8	31:53	98	56:46.0	3:10	98	25:31.9	8:27	15:36.4	1:32:11.8

Place	Name	Bib No	Age	Gender	----- Swim -----			----- Bike -----			----- Run -----			Time Back	Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace		
101	Denese Mace	417	44	F	113	9:40.9	31:11	85	55:48.6	3:07	124	26:49.4	8:53	15:43.5	1:32:18.9
102	Amanda Filtz	256	26	F	163	10:34.2	34:05	74	55:13.2	3:05	123	26:47.8	8:52	15:59.8	1:32:35.2
103	Lauren Golla	212	21	F	7	6:44.9	21:43	126	1:00:06.4	3:22	105	25:52.8	8:34	16:08.7	1:32:44.1
104	Joshua Harke	213	24	M	128	9:55.9	31:59	100	56:58.4	3:11	108	25:56.6	8:35	26:10.1	1:32:51.0
105	Kristen Bertsch	320	33	F	170	10:47.8	34:47	96	56:38.0	3:10	102	25:42.7	8:31	16:33.2	1:33:08.6
106	Randy Ratsch	778	43	M	217	12:41.4	40:55				239	1:20:29.6	26:39	26:30.1	1:33:11.1
107	Mike Bink	504	56	M	114	9:44.1	31:24	95	56:31.3	3:10	129	27:08.0	8:59	26:42.5	1:33:23.5
108	Sarah Backer	158	17	F	57	8:22.0	26:59	138	1:00:47.3	3:24	80	24:33.6	8:08	17:07.6	1:33:43.0
109	Scott Asbach	236	22	M	176	11:00.3	35:29				242	1:23:00.5	27:29	27:19.9	1:34:00.8
110	Megan Stats	230	19	F	110	9:39.3	31:08	170	1:03:52.8	3:34	12	20:31.5	6:48	17:28.2	1:34:03.7
111	Tracy Fixel	255	26	F	28	7:22.9	23:46	137	1:00:44.3	3:24	109	26:00.5	8:37	17:32.3	1:34:07.7
112	Rick Daniels	508	57	M	139	10:09.7	32:45	119	59:30.7	3:20	78	24:27.6	8:06	27:27.2	1:34:08.1
113	Aubrey Wesley	274	26	F	218	12:55.7	41:40	109	58:11.2	3:15	52	23:03.9	7:38	17:35.5	1:34:10.9
114	Bill Benson	503	50	M	62	8:27.3	27:15	124	59:58.3	3:21	106	25:53.6	8:34	27:38.3	1:34:19.2
115	Ronald Crunkilton	507	57	M	33	7:33.2	24:21	127	1:00:07.0	3:22	120	26:41.9	8:50	27:41.2	1:34:22.1
116	Jennifer White	275	26	F	63	8:27.3	27:15	133	1:00:34.3	3:23	99	25:32.1	8:27	17:58.4	1:34:33.8
117	Stephen Taft	524	68	M	50	8:06.4	26:08	86	55:54.7	3:07	170	31:00.6	10:16	28:20.9	1:35:01.8
118	John Porter	463	49	M	216	12:40.1	40:52	139	1:00:50.2	3:24	26	21:36.6	7:09	28:26.0	1:35:07.0
119	Angela Dygdon	406	41	F	190	11:40.5	37:38	79	55:26.1	3:06	143	28:04.7	9:18	18:36.0	1:35:11.5
120	Steve Moyer	376	39	M	77	8:53.9	28:39	113	58:33.0	3:16	142	28:00.0	9:16	28:46.0	1:35:26.9
121	Suzanne Dubois	453	46	F	120	9:50.2	31:43	108	58:03.3	3:15	137	27:43.3	9:11	19:01.5	1:35:36.9
122	Noelle Marks	374	39	F	76	8:50.7	28:30	163	1:03:14.9	3:32	63	23:33.3	7:48	19:03.6	1:35:39.0
123	Kevin Andresen	201	20	M	228	14:14.9	45:55	131	1:00:29.8	3:23	18	20:57.5	6:56	29:01.3	1:35:42.3
124	Ashley Chrisinger	206	23	F	199	12:02.8	38:49	128	1:00:07.5	3:22	62	23:32.1	7:48	19:07.1	1:35:42.5
125	Crossley	656	59	M	117	9:48.3	31:37	117	59:01.6	3:18	125	26:54.3	8:54	29:03.3	1:35:44.2

Place	Name	Bib No	Age	Gender	----- Swim -----			----- Bike -----			----- Run -----			Time Back	Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace		
126	Lori Haight	455	48	F	178	11:03.6	35:39	102	57:01.6	3:11	138	27:45.1	9:11	19:15.0	1:35:50.4
127	Heidi Henke	258	29	F	60	8:25.8	27:09	111	58:18.8	3:16	160	29:39.2	9:49	19:48.5	1:36:23.9
128	Jodi Katzenberger	370	36	F	144	10:13.6	32:57	136	1:00:42.7	3:24	96	25:29.4	8:26	19:50.3	1:36:25.8
129	Steve Wright	528	56	M	130	9:58.4	32:09	125	1:00:00.6	3:21	117	26:31.1	8:47	29:49.3	1:36:30.2
130	Hebblewhite / Davis / Onan	662	10	M				215	1:15:00.3	4:12	29	21:42.8	7:11	30:02.2	1:36:43.1
131	Richard Cargin	530	67	M	89	9:10.5	29:34	140	1:00:50.8	3:24	126	26:56.3	8:55	30:16.7	1:36:57.7
132	Dean / Trochinski / Cismoski	657	30	F	180	11:08.7	35:55	155	1:02:22.9	3:29	67	23:50.8	7:54	20:47.1	1:37:22.5
133	Sara Hanna	326	31	F	173	10:57.8	35:19	169	1:03:45.4	3:34	47	22:41.1	7:31	20:49.0	1:37:24.4
134	Hope Saeger	384	36	F	153	10:25.2	33:36	143	1:01:02.5	3:25	111	26:02.4	8:37	20:54.8	1:37:30.2
135	Christine Block	362	35	F	127	9:54.4	31:56	94	56:25.0	3:09	178	31:26.3	10:25	21:10.4	1:37:45.8
136	Mark Miers	517	54	M	195	11:53.1	38:20	68	54:55.1	3:04	169	31:00.1	10:16	31:07.4	1:37:48.4
137	Bryan Feltz	763	36	M	177	11:00.4	35:29	114	58:35.5	3:16	147	28:14.0	9:21	31:09.1	1:37:50.0
138	Graczyk / Pace - Graczyk / Pace	661	58	M	196	11:53.6	38:20	29	51:01.0	2:51	205	34:59.8	11:35	31:13.6	1:37:54.5
139	Ann Schultzy	465	47	F	192	11:46.2	37:57	82	55:34.5	3:06	166	30:39.4	10:09	21:24.8	1:38:00.2
140	Marshall Benzine	152	18	M	157	10:29.2	33:49	176	1:04:28.9	3:36	54	23:06.0	7:39	31:23.3	1:38:04.3
141	Johnathan Bylewski	153	18	M	43	7:58.2	25:42	175	1:04:12.0	3:35	107	25:55.9	8:35	31:25.3	1:38:06.2
142	Tabitha Zimmer	624	23	F	49	8:06.2	26:08	116	58:48.8	3:17	173	31:17.6	10:22	21:37.2	1:38:12.7
143	Traci Sondelski	386	36	F	201	12:03.9	38:52	159	1:02:39.8	3:30	72	24:05.6	7:58	22:13.9	1:38:49.3
144	123	651	38	F	82	9:05.3	29:18	106	57:55.2	3:14	181	31:54.8	10:34	22:20.0	1:38:55.4
145	Brian McIntyre	783	50	M	229	15:19.7	49:25	112	58:28.9	3:16	89	25:07.6	8:19	32:15.3	1:38:56.3
146	Follow the Arrows	659	27	F	80	9:03.0	29:12	115	58:41.4	3:17	172	31:14.2	10:21	22:23.2	1:38:58.6
147	Sunhikers	670	63	F	136	10:04.1	32:28	156	1:02:31.0	3:30	118	26:32.9	8:47	22:32.6	1:39:08.0
148	Lemanski / Roma	664	46	F	147	10:17.6	33:10	99	56:48.7	3:10	183	32:06.9	10:38	22:37.8	1:39:13.2
149	David Chrisinger	761	23	M				200	1:10:26.3	3:56	155	28:49.3	9:33	32:34.7	1:39:15.6
150	Richard Von Iderstine	237	22	M				195	1:09:11.7	3:52	163	30:22.1	10:03	32:52.9	1:39:33.8

The Lactic Edge Triathlon 2010

Place	Name	Bib No	Age	Gender	----- Swim -----			----- Bike -----			----- Run -----			Time	Total
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Back	Time
151	Cardiac Arrest	655	36	M	86	9:07.8	29:25	191	1:06:58.9	3:45	65	23:37.4	7:49	33:03.3	1:39:44.2
152	Daylyn Hopp	768	36	F	36	7:36.5	24:31	158	1:02:34.4	3:30	159	29:35.1	9:48	23:10.6	1:39:46.1
153	Julie Lampert	773	43	F	214	12:31.8	40:23				243	1:27:18.7	28:54	23:15.1	1:39:50.5
154	Andrew Meyer	279	25	M	215	12:39.6	40:48	153	1:02:12.5	3:29	90	25:11.7	8:20	33:22.9	1:40:03.9
155	Aaron Nichols	377	35	M	204	12:08.2	39:08	172	1:03:58.9	3:35	74	24:08.0	7:59	33:34.1	1:40:15.1
156	Tammy Filipiak	408	44	F	207	12:11.3	39:18	145	1:01:27.1	3:26	122	26:46.6	8:52	23:49.7	1:40:25.1
157	Keliher / Wiza / Haas	676	28	F	212	12:29.5	40:16	129	1:00:19.2	3:22	136	27:37.4	9:09	23:50.8	1:40:26.2
158	Michael Babbitts	202	23	M	166	10:37.5	34:15	146	1:01:28.9	3:26	152	28:35.7	9:28	34:01.3	1:40:42.2
159	Maggie Medo	156	16	F	115	9:44.5	31:24	161	1:02:51.9	3:31	146	28:10.8	9:20	24:11.9	1:40:47.3
160	Kristi Picken	468	45	F	185	11:35.5	37:22	151	1:02:09.8	3:28	132	27:15.3	9:01	24:25.2	1:41:00.6
161	Edward Steigerwaldt	523	62	M	112	9:39.8	31:08	141	1:00:57.8	3:24	164	30:24.5	10:04	34:21.3	1:41:02.2
162	Kowalski / Wolf / Kowalski	663	54	M	146	10:15.5	33:04	178	1:04:39.1	3:37	119	26:35.3	8:48	34:49.0	1:41:30.0
163	David Dix	762	39	M	40	7:41.5	24:47	152	1:02:10.9	3:28	179	31:40.2	10:29	34:51.7	1:41:32.7
164	Jodi Krenz	413	44	F	209	12:20.1	39:47	135	1:00:39.5	3:23	154	28:45.8	9:31	25:10.1	1:41:45.5
165	Veronica Lyon	458	48	F	129	9:56.8	32:03	118	59:20.1	3:19	187	32:42.3	10:50	25:23.9	1:41:59.3
166	Alex Behlen	203	21	M	187	11:35.5	37:22	149	1:01:50.7	3:27	153	28:36.5	9:28	35:21.9	1:42:02.8
167	Kristin Labarge	263	29	F	135	10:03.1	32:25	142	1:00:58.2	3:24	171	31:04.6	10:17	25:30.6	1:42:06.0
168	Anne Russell	521	50	F	96	9:24.3	30:19	123	59:54.4	3:21	189	32:51.7	10:53	25:35.1	1:42:10.5
169	Joseph Luther	372	41	M	138	10:08.7	32:41	121	59:43.7	3:20	186	32:27.8	10:45	35:39.3	1:42:20.3
170	Sandy Blanchard	505	50	F	69	8:44.3	28:10	132	1:00:31.3	3:23	194	33:08.6	10:58	25:48.9	1:42:24.3
171	Charles Rubash	520	55	M	226	13:42.0	44:12	147	1:01:45.8	3:27	130	27:14.0	9:01	36:01.0	1:42:42.0
172	William Putnam	777	55	M	184	11:29.2	37:03	171	1:03:53.8	3:34	139	27:54.4	9:14	36:36.5	1:43:17.5
173	Andrew Clements	253	26	M	121	9:50.5	31:43	134	1:00:34.9	3:23	193	33:07.6	10:58	36:52.1	1:43:33.1
174	Randi Timerman	234	19	F	58	8:22.2	26:59	197	1:09:33.3	3:53	104	25:52.7	8:34	27:12.8	1:43:48.3
175	Van Den Elzen / Metz / Fahney	672	45	F	78	8:56.3	28:49	167	1:03:35.3	3:33	175	31:22.3	10:23	27:18.5	1:43:53.9

Place	Name	Bib No	Age	Gender	----- Swim -----			----- Bike -----			----- Run -----			Time	Total
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Back	Time
176	Konna Jahns	216	21	F	131	9:59.0	32:12				244	1:33:56.1	31:06	27:19.7	1:43:55.1
177	Christine Koeller	772	31	F	156	10:28.7	33:46	173	1:04:02.0	3:35	157	29:30.7	9:46	27:26.1	1:44:01.5
178	Craig Trebatoski	388	38	M	219	12:55.8	41:40	122	59:50.0	3:21	174	31:18.6	10:22	37:23.5	1:44:04.5
179	ABC	652	32	F	137	10:08.4	32:41	187	1:06:02.7	3:41	144	28:07.4	9:19	27:43.2	1:44:18.6
180	Patrick Rusch	382	35	M	158	10:29.7	33:49	183	1:05:51.1	3:41	141	27:58.7	9:16	37:38.7	1:44:19.7
181	Bonnie Christner	404	42	F	188	11:36.6	37:25	177	1:04:37.0	3:37	151	28:28.9	9:26	28:07.1	1:44:42.6
182	Barbara Koliutsch	412	43	F	15	7:00.3	22:35	148	1:01:49.4	3:27	210	36:00.2	11:55	28:14.6	1:44:50.0
183	Senica Omernik	266	28	M	197	11:57.5	38:33	101	56:59.3	3:11	209	35:57.0	11:54	38:12.9	1:44:53.8
184	Melissa Malott	330	30	F	104	9:31.9	30:42	150	1:02:05.4	3:28	199	33:33.7	11:07	28:35.6	1:45:11.1
185	Anderwerf / Feindt	653	41	M				208	1:13:27.1	4:06	182	32:03.8	10:37	38:50.0	1:45:30.9
186	Bridget Gross	366	39	F	46	8:02.0	25:55	202	1:10:36.9	3:57	127	26:59.4	8:56	29:02.9	1:45:38.3
187	Connie Negaard	467	47	F	145	10:14.4	33:01	185	1:05:57.2	3:41	161	29:55.9	9:54	29:32.1	1:46:07.5
188	Susan Proebsting	469	45	F	151	10:22.3	33:26	186	1:06:00.3	3:41	162	30:06.3	9:58	29:53.6	1:46:29.0
189	Catherine Middaugh	462	46	F	194	11:52.5	38:17	174	1:04:06.3	3:35	168	30:57.3	10:15	30:20.8	1:46:56.2
190	Tracey Rosin	780	40	F	143	10:13.0	32:57	164	1:03:19.6	3:32	201	33:41.7	11:09	30:38.9	1:47:14.4
191	Nathan Rosin	779	38	M	140	10:09.9	32:45	165	1:03:24.3	3:33	200	33:40.4	11:09	40:33.7	1:47:14.6
192	Catherine Cesare	506	50	F	186	11:35.5	37:22	181	1:05:07.1	3:38	165	30:35.6	10:08	30:42.9	1:47:18.3
193	Eric Norton	785	26	M	222	13:14.5	42:41	154	1:02:19.8	3:29	190	32:58.2	10:55	41:51.6	1:48:32.5
194	Yvette Olson	424	44	F	198	11:59.4	38:39	166	1:03:28.3	3:33	198	33:33.4	11:07	32:25.8	1:49:01.2
195	Tom Leahy	774	39	M	165	10:36.4	34:12	184	1:05:56.8	3:41	188	32:43.2	10:50	42:35.6	1:49:16.5
196	Hannah Buehler	204	19	F	149	10:18.4	33:14	199	1:09:45.9	3:54	158	29:31.8	9:46	33:00.7	1:49:36.1
197	Pam Wondrash	389	39	F	193	11:50.2	38:10	193	1:07:07.3	3:45	167	30:39.5	10:09	33:01.7	1:49:37.1
198	Bill Nelson	518	64	M	182	11:14.4	36:14	160	1:02:50.7	3:31	207	35:35.5	11:47	42:59.8	1:49:40.7
199	Candace Meinen	219	22	F	9	6:51.6	22:06	188	1:06:14.8	3:42	213	36:48.2	12:11	33:19.3	1:49:54.8
200	Jeff Rice	268	28	M	141	10:10.7	32:48	157	1:02:34.3	3:30	218	37:58.5	12:34	44:02.7	1:50:43.6

Place	Name	Bib No	Age	Gender	----- Swim -----			----- Bike -----			----- Run -----			Time	Total
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Back	Time
201	Renee Horning	411	43	F	200	12:03.1	38:52	180	1:05:02.7	3:38	203	33:48.1	11:12	34:18.6	1:50:54.0
202	Hillary Tarr	233	20	F	126	9:54.4	31:56	190	1:06:39.9	3:44	204	34:44.6	11:30	34:43.6	1:51:19.0
203	Mark Hartmann	409	44	M	52	8:08.6	26:14	179	1:04:52.8	3:38	220	38:30.0	12:45	44:50.6	1:51:31.5
204	Verdegan / Tiemeier / Boyle	674	27	F	210	12:23.1	39:57	144	1:01:06.9	3:25	219	38:24.8	12:43	35:19.5	1:51:54.9
205	Joseph Larson	515	60	M	223	13:16.2	42:48	182	1:05:48.0	3:41	191	33:02.9	10:56	45:26.2	1:52:07.2
206	Mary Breese	403	44	F	41	7:46.4	25:03	189	1:06:23.3	3:43	222	38:37.0	12:47	36:11.4	1:52:46.8
207	Timothy Tielens	340	31	M	211	12:25.7	40:03	194	1:07:21.6	3:46	196	33:18.9	11:02	46:25.3	1:53:06.3
208	April Sparbel	271	29	F	179	11:04.0	35:42	192	1:07:02.4	3:45	206	35:01.7	11:36	36:32.8	1:53:08.2
209	Jennifer Henschel	214	21	F	206	12:10.5	39:15	211	1:14:44.8	4:11	112	26:16.3	8:42	36:36.3	1:53:11.7
210	Matthew Grover	764	28	M				219	1:16:15.6	4:16	215	36:58.0	12:14	46:32.6	1:53:13.6

The Lactic Edge Triathlon 2010

211	Jessie Winter	235	21	F	90	9:11.5	29:37	213	1:14:51.2	4:11	156	29:11.7	9:40	36:39.2	1:53:14.6
212	Shelley Phillips	426	44	F	106	9:33.4	30:48	206	1:12:45.1	4:04	180	31:46.8	10:31	37:30.0	1:54:05.4
213	Sara Williams	527	50	F	174	10:58.1	35:23	203	1:11:34.4	4:00	184	32:14.3	10:40	38:11.6	1:54:47.0
214	Shelly Schneider	427	42	F	221	13:02.7	42:03	210	1:14:31.6	4:10	149	28:21.4	9:23	39:20.4	1:55:55.8
215	Catherine Coyler	405	40	F	181	11:09.9	35:58	220	1:16:26.1	4:16	148	28:20.1	9:23	39:20.8	1:55:56.2
216	Renee Rusch	383	37	F	133	10:00.8	32:15	209	1:13:48.1	4:08	185	32:19.9	10:42	39:33.5	1:56:08.9
217	Jamie Schmitz	238	24	F	189	11:39.3	37:35	198	1:09:39.5	3:54	208	35:56.1	11:54	40:39.6	1:57:15.0
218	Ryan Wachsmuth	781	32	M	208	12:18.4	39:41	168	1:03:44.7	3:34	228	41:26.5	13:43	50:48.7	1:57:29.7
219	Rochelle Hill	368	39	F	224	13:25.9	43:17	207	1:13:23.3	4:06	176	31:23.2	10:24	41:37.1	1:58:12.5
220	Dennis Kallerud	770	45	M	225	13:30.2	43:33	196	1:09:14.1	3:52	212	36:30.5	12:05	52:33.9	1:59:14.9
221	Vince Hucek	215	20	M	230	15:29.4	49:57	222	1:17:31.8	4:20	131	27:15.1	9:01	53:35.4	2:00:16.4
222	Apryl Krueger	218	21	F	203	12:07.9	39:05	212	1:14:48.9	4:11	197	33:32.4	11:06	43:53.9	2:00:29.3
223	Amy Woltmann	341	34	F	232	15:57.1	51:27	204	1:11:56.2	4:01	192	33:03.9	10:57	44:21.8	2:00:57.2
224	Julie Hayes	410	42	F	172	10:57.7	35:19	201	1:10:32.9	3:57	227	39:43.2	13:09	44:38.5	2:01:13.9
225	Aorta Activators	654	24	F	167	10:41.4	34:28	226	1:19:40.3	4:27	177	31:23.8	10:24	45:10.2	2:01:45.6

Place	Name	Bib No	Age	Gender	----- Swim -----		----- Bike -----		----- Run -----		Time Back	Total Time			
					Rnk	Time	Pace	Rnk	Time	Pace			Rnk	Time	Pace
226	Tracy Niekamp	776	34	F	122	9:51.7	31:46	227	1:20:23.5	4:30	195	33:14.2	11:00	46:54.2	2:03:29.6
227	Tricia Lee	371	35	F	107	9:33.4	30:48	216	1:15:35.4	4:13	224	39:16.5	13:00	47:50.0	2:04:25.4
228	Nicole Busse	760	36	F	159	10:30.2	33:52	218	1:16:11.0	4:16	221	38:31.9	12:45	48:37.7	2:05:13.1
229	Powered by Potatos	668	27	F	92	9:15.6	29:50	214	1:14:55.3	4:11	230	42:55.2	14:13	50:30.6	2:07:06.1
230	Jennifer Bilbry	322	33	F	213	12:31.4	40:23	228	1:22:42.5	4:37	202	33:44.6	11:10	52:23.2	2:08:58.6
231	Renee Hopperdietel	328	32	F	234	17:08.6	55:16	217	1:15:43.9	4:14	216	37:00.5	12:15	53:17.6	2:09:53.0
232	Julie Morrow	375	39	F	81	9:04.2	29:15	221	1:17:02.3	4:18	233	44:57.0	14:53	54:28.2	2:11:03.7
233	Amanda Smith	229	23	F	93	9:16.6	29:54	225	1:18:37.2	4:24	232	43:32.1	14:25	54:50.6	2:11:26.0
234	Matthew Kallerud	771	21	M	231	15:41.7	50:35	205	1:12:44.6	4:04	231	43:13.2	14:19	1:04:58.5	2:11:39.5
235	Alexandra Treul	157	17	F	100	9:27.9	30:29	232	1:27:23.4	4:53	211	36:24.5	12:03	56:40.4	2:13:15.8
236	Anthony Obluck	379	35	M	237	21:21.0	68:52	223	1:18:00.6	4:22	214	36:54.1	12:13	1:09:34.8	2:16:15.8
237	Alayna Obluck	378	35	F	236	20:49.4	67:09	224	1:18:25.9	4:23	217	37:01.7	12:15	59:41.6	2:16:17.1
238	Natalie Hooker	260	26	F	102	9:28.4	30:32	230	1:26:00.1	4:48	229	42:32.0	14:05	1:01:25.1	2:18:00.5
239	Heather Smith	428	42	F	220	13:00.1	41:56	231	1:27:01.2	4:52	225	39:23.5	13:02	1:02:49.5	2:19:24.9
240	Cayanna Brown	323	31	F	205	12:08.8	39:08	234	1:28:21.7	4:56	226	39:29.8	13:04	1:03:25.0	2:20:00.4
241	Jason Bilbrey	321	34	M	233	16:00.2	51:37	229	1:23:17.4	4:39	234	45:11.5	14:58	1:17:48.3	2:24:29.2
242	Scott Flopperdietzel	364	36	M	235	17:49.3	57:28	233	1:28:03.7	4:55	223	38:59.4	12:55	1:18:11.5	2:24:52.5
243	Mary Weatherwax	526	53	F	227	14:06.4	45:29	235	1:34:05.0	5:16	235	51:10.1	16:57	1:22:46.1	2:39:21.5
244	Ben Martinsen	418	40	M	175	10:59.8	35:26	236	1:44:35.9	5:51	236	56:52.0	18:50	1:45:46.8	2:52:27.8
DNF	Dawn Wedeking	273	27	F	53	8:14.7	26:34								
DNF	Jack Hewitt	513	55	M	161	10:31.7	33:55								
DNF	Benjamin Cox	208	24	M	162	10:33.8	34:02								