

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.



YMCA Child Development Office

1000 Division Street
Stevens Point, WI 54481
715-342-2999

Childdevelopment@spymca.org

Child Development Office Hours of Operation

Monday-Friday
8:00 a.m.-6:30 p.m.

School Age Director:

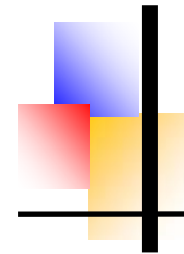
Nicole Proulx
(715)342-2980 ext. 342
nproulx@spymca.org



YMCA

We build strong kids,
strong families, strong communities.

Stevens Point Area YMCA
1000 Division St, Stevens Point, WI 54481
715-342-2980 www.spymca.org



STEVENS POINT AREA YMCA

GREAT ESCAPE

2009-2010

YMCA School Age Program

State licensed

Serving Stevens Point & Plover Public Schools

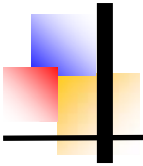
Grades K-6



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IF A CHILD....

If a child lives with criticism,
he learns to condemn.

If a child lives with hostility,
he learns to fight.

If a child lives with ridicule,
he learns to be shy.

If a child lives with shame,
he learns to feel guilty.

If a child lives with tolerance,
he learns to be patient.

If a child lives with encouragement,
he learns confidence.

If a child lives with praise,
he learns to appreciate.

If a child lives with fairness,
he learns justice.

If a child lives with security,
he learns to have faith.

If a child lives with approval,
he learns to like himself.

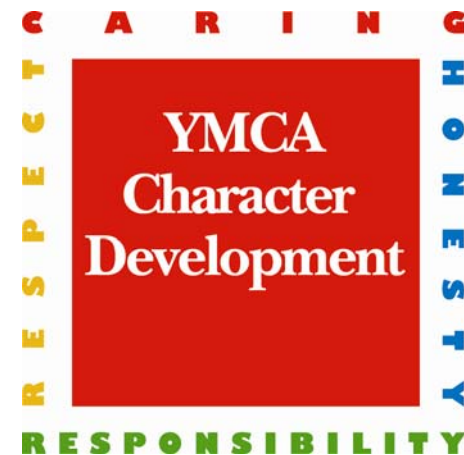
If a child lives with acceptance and friendship,
He learns to find love in the world.

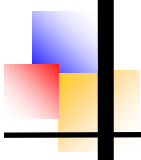
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CHARACTER DEVELOPMENT

Character Development is at the heart of what we do in the YMCA and at Great Escape. The YMCA asserts that the best long-term solution for many social problems in our country is challenging people to accept and demonstrate positive values. It is our intent to provide a school age program that will help young people to build character development through the four YMCA values: **CARING, HONESTY, RESPECT, & RESPONSIBILITY**

We are dedicated to providing a fair and positive program for all children. We want your child to succeed!





YMCA=QUALITY

The YMCA Great Escape Program is licensed by the State of Wisconsin. All of our staff meet or exceed the state requirements for their positions. They possess a genuine interest and commitment to providing quality care for your child.

Training is provided to all staff to incorporate the YMCA's mission of developing Spirit, Mind, and Body so each child can reach his/her fullest potential. Training in regards to character development is provided to all staff to ensure they are demonstrating positive examples of Honesty, Respect, Responsibility, and Caring for all participants.

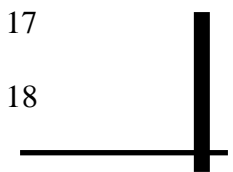
All state licensing regulations, the YMCA School Age Care Programs Licensing Policies, and your child's personal records are available for your inspection at your child's Great Escape Site. Our school age program receives the full cooperation from the Stevens Point Area School District.

Please accept our open invitation for parents to always feel welcome to visit and/or participate with the child at Great Escape.

The YMCA Great Escape staff welcome and encourage any comments, questions, or concerns you may have. We encourage all families to make suggestions or bring in ideas that will enable us to provide a program that meets as many needs as possible.

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Welcome to the YMCA Great Escape Program

This information was prepared to answer most of your questions about your child's school age care program. Please read the information carefully. If you still have questions, please contact the Stevens Point Area YMCA Child Development Office at 342-2999.

The YMCA Great Escape Program is designed to offer well-supervised, safe, and quality care for school age children. Our program is set up to accommodate both working and non-working parents. It offers children an opportunity to grow and develop in an enriching, multi-choice, encouraging, and pressure-free environment.

In a semi-structured setting, our program will help children to:

- Grow personally and increase self-esteem
- Clarify issues
- Improve relationships and parent involvement
- Appreciate diversity
- Become better leaders and supporters
- Develop specific skills
- HAVE FUN

The Stevens Point Area YMCA is a non-profit, charitable organization that is dedicated to the development of the whole person: Spirit, Mind and Body. No child is ever denied membership or participation due to financial need.

TERMINATION

Parents register for Great Escape with the understanding it is for the full school year.

Parent Termination: A two week written notice is required if a parent decides to withdraw their child from the program. Two weeks tuition is charged from the date the notice is received by the YMCA Child Development Office.

*All refunds are subject to a \$5 cancellation fee

Mutual Termination: When parents and staff agree that placement of a child into the program has been inappropriate and is not in the child's best interest, the child may be withdrawn without penalty to parents or Center.

Center Termination: A parent may be asked to withdraw their child when:

- It is evident the child cannot adjust to the program's environment
- A child's behavior becomes emotionally or physically detrimental to the other children enrolled
- A parent fails to complete and submit required forms
- A parent fails to pay the fees
- A parent fails to observe the program's regulations including, but not limited to, departure rules
- Excessive unreported absences

Center termination must be approved by the Great Escape Director or Administrator.





DISCIPLINE POLICY

1. Staff will attempt to redirect the child to behave appropriately, phrasing it in light of the Four Values.

For example, if a child repeatedly fails to follow staff directions, the staff member may respond in this manner, “You need to show me and the other children respect by listening to and following directions when asked. This way we can move onto the next activity without interruption.” Each day children start the day with a “clean slate” in regards to past behavior challenges.

2. If the behavior continues to cause a problem, staff may remove the child from the group for a one-on-one discussion.

At this time, staff will warn the child that if the behavior continues, they made need to speak to a parent/guardian. This could happen at pick-up, the next morning, or if the behavior is extremely disruptive, a phone call could be made at this time.

3. The Stevens Point Area YMCA and the child’s school will exchange and share information related to the child including: YMCA reports, behavior plans, school psychological evaluations, social work reports, IEP’s and related evaluations/reports.

4. If the behavior is threatening to the child or other children attending the program, parents may be asked to pick up their child for the remainder of the day with a possible suspension to follow.

5. At any time, a conference may be scheduled by staff or the parent to assess the situation and develop a plan to help the child succeed in the program.

6. Chronic behavior problems may lead to termination from the program. Every effort will be made by staff to enlist the cooperation of the child and the parents to solve each problem.

FAMILY LIFE AND GREAT ESCAPE

The Stevens Point Area YMCA is committed to family life and to helping individuals grow and function in their family unit.

We recognize the uniqueness of each family and its own make-up, whether it’s a traditional two-parent home, single-parent family, or extended family. Whatever your situation may be, the YMCA supports and respects your values and goals as a family.

The family is still the place where values are formed, love is learned, self-image is developed and approaches to human relationships are established. Great Escape acts as an extension to your family with caring, positive role models and an encouraging environment in which children thrive. It is a significant way that the YMCA continues its commitment to families. Every child has the right to a healthy, happy childhood. To make children aware of their rights, we have created a Bill of Rights for School Age Children.

CHILDREN’S RIGHTS

- You have the right to express your thoughts, feelings and desires.
- You have the right to be safe and have your body respected.
- You have the right to have your feelings respected and not to be teased, frightened or embarrassed.
- You have the right to be treated fairly and to receive the same privileges and considerations as everyone else.
- You have the right to your privacy.
- You have the right to have your work and possessions respected by others.





ADMISSION

-Any child ages 5 to 12 years is welcome.

-The Stevens Point Area YMCA will not discriminate by race, color, sex, origin or creed.

-In order to ensure that each child's individual needs can be met within the scope of our program, all children who register for Great Escape do so with the understanding that during the first two weeks of attendance, each child will be assessed to determine if they can successfully function within the parameters of our program.

-If this initial assessment questions the likelihood that the child's individual needs can be met in our program, a conference will be set with parent/guardian to further assess the situation.

-Every effort will be made to provide reasonable accommodations for each child as long as the child's participation in the program does not require an inordinate amount of one-on-one staff time that would not allow for safe and quality care of the other children in the group.

-Parents who have not been contacted for a conference within the first two weeks of attending the program can assume that their child's needs can be met within the scope of our program.

-At any time thereafter, if the staff have reason to question the compatibility of a child's continued participation in our program, a conference will be set with the parent/guardian to further assess the situation.

INJURY

If your child is injured at Great Escape, the staff will take whatever steps that may be necessary to obtain emergency medical care. These include but are not limited to the following:

1. Attempts to contact the parent/guardian
2. Attempts to contact the parent/guardian through emergency contacts
3. Call 911, an ambulance, or paramedic

A written Incident/Accident report will be filed at the YMCA and the Site's Medical Journal. Parents will be notified of the incident/accident upon end of day pick-up if not contacted earlier.

DISCIPLINE

In our Great Escape program, our goal is to provide a fun, fair, multi-choice environment for all participants at all times. In order to ensure a supportive, trusting environment, that promotes positive attitudes, our program implemented a discipline policy that incorporates the YMCA Character Development Approach based upon the YMCA four values.

YMCA Values: Honesty, Responsibility, Caring, and Respect

We challenge our participants to accept and demonstrate these positive values. Values clarification is meant to help children think more independently and critically about values. While attending our programs, children are expected and encouraged to adhere to the Children's Rights and to practice and demonstrate behavior that is consistent with the YMCA Four Values. If a participant fails to behave in accordance with the Four Values, he/she will be subject to our discipline policy which is as follows:



HEALTH

Please take time in the morning to check your child for the following symptoms: fever, diarrhea, rashes, vomiting, and any signs of communicable diseases. If any of these symptoms are present, do not bring your child to Great Escape.

-If a child develops any of the above symptoms while at Great Escape, he/she will be placed in temporary isolation and parents will be notified to pick up the child.

-If the staff requires assistance with a sick child, they may consult with the school's nurse or other school personnel.

-Any child at Great Escape shall be considered well enough to participate in all outdoor activities. A written doctor's excuse will be needed if an exception is to be made.

-A notice shall be posted if any child comes down with a communicable disease. Please notify us if your child has been exposed to or develops any communicable disease.

-Medication will only be administered when an "Authorization to Administer Medication" form is on file. All medicine (prescription and nonprescription) must be in its original container and must be labeled with the child's name, dosage, time and date. All medications administered are documented in the child's file and the Site's Medical Journal.

***Do not supply your child with any prescription or nonprescription drug to take on their own at Great Escape.**

ENROLLMENT

-All enrollment forms must be completed at the time of registration.

-All forms must be completed and submitted a minimum of **three working days** prior to the requested start date.

-Updating all information, including additional immunizations, changes in address, telephone number, or family situation is the responsibility of the parent.

-It is the Great Escape policy to try to accommodate as many families as possible. However, due to enrollment capacity regulations, we are capable of serving a limited amount of children during any given a.m. or p.m. session. Therefore, registration priorities will be as follows:

- Current Great Escape families will have the opportunity to register prior to new families.
- Registration for schedules consisting of all a.m. and/or p.m. sessions will be processed prior to other schedules.
- A limited number of variable schedules may be allowed at each site.



Refer to the Registration Information Summary Sheet for registration dates.



SCHEDULING

-Your child will be scheduled to attend according to the weekly schedule that you indicated on the registration packet.

-Termination requests and monthly schedule change requests must be submitted in **writing** to the Child Development Office **15 days in advance**. All refunds are subject to a \$5 cancellation fee.

-Variable schedules and payment must be submitted to the Child Development Office by the 20th of the month before care is needed. Schedules may be submitted by dropping off, mailing or by e-mailing to the Child Development Office. Failure to notify may result in the discontinuation of the variable schedule option for your child. You will be charged for all scheduled sessions. Failure to submit a schedule could deny your child access to Great Escape for that session.

-Adding sessions beyond the schedule option you've selected requires prior approval from the Child Development Office. In accordance with our licensing policies, approval is based upon the number of children scheduled to attend any given a.m. or p.m. schedule. It is in your best interest to request added sessions at least two business days in advance. Payment is due at the time the session is scheduled.

-Please call the YMCA Child Development Office (342-2999) to advise of any absences. A message may be left on our voice mail. **Do not call the school telephone number.** This is to ensure consideration for school staff and avoid risk of missed messages for the Great Escape staff.

-If a child who is scheduled to attend an afternoon session is absent, and the absence has not been reported, staff will contact parents, school staff, and/or other emergency contacts to determine the child's whereabouts. Therefore, to avoid

-If a parent or other authorized person appears to be under the influence of alcohol or other drugs or exhibits behavior that gives staff reasonable concern for the safety of the child, staff will attempt to contact another authorized person listed in the child's file to come pick up the child. If all attempts to contact another authorized person have been exhausted, staff will contact the police and/or social services for assistance.

SPECIAL ACTIVITIES

If your child will be participating in special activities while attending Great Escape (breakfast, Scouts, clubs, athletics...) it is essential that parents complete a Special Activities Form prior to the first day that your child will be participating in special activities. Forms are available at the Great Escape site and the YMCA Child Development Office.

NUTRITION

Morning Session: A snack will be provided for all children during the morning session. Snack will consist of crackers/cereal and 100% fruit juice.

NOTE: Please remember this is only a snack and it is important for a child to eat breakfast prior to attending Great Escape.

Afternoon Session: A snack will be provided for all children shortly after arrival. The snack will consist of crackers, fruit snacks, cereal products, and/or other nutritional items, as well as 100% fruit juice.

Snack time is an opportunity for the children and staff to sit and relax together, share the experiences of the day, and to plan future activities.



ARRIVAL

-Parent/Guardian or other authorized person must sign child(ren) by indicating time of arrival for the morning sessions.

-Site staff will sign the children in after school.

-Great Escape's responsibility for your child begins when he/she enters the Center's door and ends when your child leaves the Center's door.

DEPARTURE

-Parent/Guardian or other authorized person must sign child(ren) out by indicating time of departure for afternoon sessions.

-Only authorized persons may sign a child out of the program. Please be prepared to show identification.

-It is your responsibility to return our form listing each authorized person, their relationship to the child, address, and telephone number to be kept on file at the Site. No child will be released without the individual showing identification. Any updates regarding authorized pick up must be submitted in writing to the Child Development Office.

-Parents or authorized persons shall pick up children by 6:00 p.m. A late fee of \$5 per 15 minutes will be charged after this time.

-If your child is not picked up by 6:15 p.m., staff will contact individuals listed as emergency contacts to pick up the child. If unsuccessful, staff shall contact the police and/or social services to pick up your child.

-Chronic tardiness can be grounds for termination from program.

HOURS

Morning Session

6:30-8:55 a.m.

Operates on all days school is in session during the morning and/or full days.

Afternoon Session

3:35-6:00 p.m.

Operates on all days school is in session for the full day.

-We ask that you not bring your child to the program before 6:30 a.m. and that your child is picked up by 6:00 p.m.

-Great Escape runs concurrent with the Stevens Point Area Public School District Schedule.

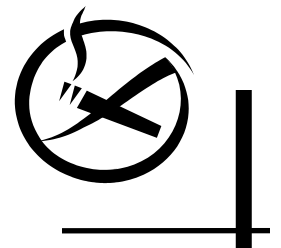
-The Days Off program is available at the YMCA for most school days not in session for Stevens Point Area Public Schools. Pre-registration is required at the YMCA Child Development Office.

-The Snow Days program is available at the YMCA for full school days cancelled due to inclement weather. Pre-registration is required at the YMCA Child Development Office.

-There will be no Great Escape afternoon sessions if schools are dismissed early due to weather conditions.

SMOKING

Smoking is not allowed at the Great Escape site or on school property.





TYPICAL DAY AT THE GREAT ESCAPE

Morning Session

- 6:30-7:30 a.m. Free Choice Time
- 7:30-7:45 a.m. Snack
- 7:45-8:30 a.m. Curriculum/Homework
- 8:30-8:55 a.m. Outdoor Play/Large Motor Activity

Afternoon Session

- 3:30-4:00 p.m. Snack/Group Gab
- 4:00-4:45 p.m. Outdoor Play/ Large Motor Activity
- 4:45-5:15 p.m. Curriculum/Homework
- 5:15-6:00 p.m. Free Choice Time

The schedule of activities may vary depending on arrival and departure time of the majority of the children.

Activities include games, sports, arts and crafts, group discussion, music, special projects focused on a weekly theme, and most of all, fun!

The program also offers a quiet/study area, space for a few friends to play together, and a relaxed environment in which children can prepare for the start of a new day or unwind after a busy day.

NOTE: A curriculum plan for specific daily activities is posted at each site.



Y Kids Fit

The YMCA is proud to offer Y Kids Fit at our before and after school program. Trained YMCA staff will lead this no-cost program for 30 minutes twice a week.

The addition of Y Kids Fit is prompted by the nation wide epidemic of childhood obesity. Y Kids Fit will focus on game play and making physical activity fun. It's a great opportunity for kids who aren't interested in traditional sports to learn about alternative ways to stay active.

One session per week will be dedicated to organized games such as capture the flag and team building activities. The second session will include obstacle courses, the ladder climb, and other coordination and strength building activities.

Y Kids Fit is offered at Plover-Whiting and Washington schools for the 2009-2010 school year. We hope to be offering this great program at more sites in the future.

For more information on Y Kids Fit or other Healthy Kids programs offered at the YMCA, call Nicole Proulx, School Age Director (ext. 342), or Jake Franklin, Fitness Director (ext. 306), at (715) 342-2980.

